

El Pueblo Regional Center



Center Supervisor: Richard Barker
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**101 W. Irvington Rd.
791-5155**

Activity Center Hours:

Monday- Friday	6am-8pm
Saturday	8am-4pm
Sunday	Closed
Holidays	Closed

(Hours are subject to change.)

Holidays Closed:
Nov. 11, 27, Dec. 25
Jan. 1, 19, Feb. 16

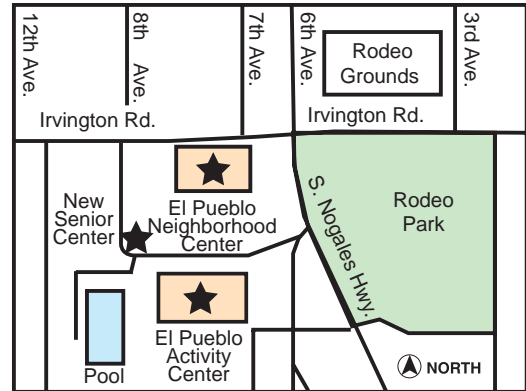
Neighborhood Center (791-4629) Hours:

Monday- Friday	*8am-5pm
Saturday/Sunday/Holidays	Closed

* Room rental available Mon.-Sat.evenings until 8pm.

Senior Center (791-3250) New Hours:

Monday-Friday	9am-4pm
Saturday/Sunday/Holidays	Closed



Youth/Teen Programs

- **Busy Bodies Preschool program** for ages 3-5. Tues, Thurs, 9am-noon. Registration and fee required.
- **KIDCO after-school program**, ages 5-11, kindergarten through 5th grade (five-year-olds must be currently enrolled in kindergarten). Mon.-Fri., dismissal-6pm. Non-refundable registration fee required.
- **Schoolzout Camp** - during school breaks for ages 5-11, kindergarten through 5th grade (5-year-olds must be in kindergarten) from 7:30am-6pm, \$2 per day/per child. Call Center for dates and registration.
- **In-Betweeners Youth Program** for ages 11-14 (11-year-olds must be in middle school). Nov. 28, Dec. 19, Dec. 22-24, 26, 29-31, Jan. 2, Feb. 26-27, April 9, 10, 13.

Special Events

- Nov. 25 - Thanksgiving in the Barrio
- Nov. 28 - Schoolzout Thanksgiving Camp
- Dec. 6 - Chicanos Pos La Causa Christmas Fiesta
- Dec. 17 - Los Posadas
- Dec. 19 - Schoolzout Grading Day Camp
- Dec. 22-31 and Jan. 2 - Winterbreak Camp
- Feb. 26-27 - Rodeo Camp
- March 13 - Schoolzout Camp
- April 9-10, 13 - Spring Break Camp

Facility Amenities:

Indoor:

- Multipurpose rooms 1-2
- Aerobic room (dance)
- Locker rooms
- Gym (basketball courts)
- Racquetball courts
- Lobby area/game room
- Conference room
- Weight room
- Meeting rooms
- Indoor walking track
- Big screen TV area
- Meeting/event rental space available

Outdoor:

- Swimming pool
- Ramadas (2)
- Horseshoe pits
- Sand volleyball courts
- Playground
- Senior Center patio
- Neighborhood Center patio



Senior Center

El Pueblo Pool will reopen April 1, 2009

Activity Center - Facility Use Passes

Facility Use: City Resident

Pass	Daily	Quarterly	Annual
Adult	\$1.25	\$35	\$140
Senior (62+)	\$1	\$24	\$95
Youth (17 and under)	\$1	\$24	\$95
Family	\$3	\$75	\$300
Single-parent family	\$1.50	\$39	\$155
Racquetball court	\$2	*	*
Indoor walking track	*	*	\$40

Facility Use: Non-City Resident

Pass	Daily	Quarterly	Annual
Adult	\$1.75	\$45	\$175
Senior (62+)	\$1.25	\$30	\$120
Youth (17 and under)	\$1.25	\$30	\$120
Family	\$4	\$95	\$375
Single-parent family	\$2	\$49	\$195
Racquetball court	\$2.50	*	*
Indoor walking track	*	*	\$50

* Included with purchase of daily/quarterly/annual pass

Weight Room Certification

Tues./Wed./Thurs. - 7pm — Sat., 2pm

Participants must sign-up 30 minutes prior. Participants must be at least 14 years of age. Ages 14-17 require parental approval.

Participants ages 14-15 must be accompanied by parent or authorized adult.

Neighborhood Center



Human Service Programs

- Henry Quinto Early Learning Center - 294-5549
Mon.-Fri., 6:30am-5:30pm.
- SACASA - Southern Arizona Center Against Sexual Abuse - 434-0195 - Mon.-Fri., 8am-5pm.
- City of Tucson Community Services Dept. - 791-5184
Mon.-Fri., 8am-5pm
- Salvation Army Family Services - 294-5224
Mon.-Thurs., 8am-4pm
- Emerge - 881-7201 - Mon.-Fri., 8am-5pm
- Adult Basic Education Classes - 889-9962 (GED)
- D.E.S. Human Service - 741-9751
- Community Food Bank Boxes - 791-4629 - Mon./Wed./
Fri., 2-5pm.
- El Pueblo Clinic Medical Services (WIC) - 573-0096
Mon.-Fri., 8am-5pm.
- Westside Nutrition Site/Nutrition Program: 889-0928
- El Pueblo Library - 791-4733

El Pueblo Seniors



El Pueblo Senior Center - 791-3250

Senior facility includes a social lounge area, resource/computer room, multipurpose room with kitchenette, public restrooms. Senior Club annual membership is free. Call 791-3250 for more information.

- El Pueblo Senior Club, ages 50+. Senior Club business meetings are the first Wed. of every month, 10am-noon. Senior Club members have free access to the Activity Center on Wed. and Fri. from 6am-8pm. Senior activities include field trips, game room, walking program, Loteria, speakers, line dancing, crafts and monthly potlucks.
- West Side Nutrition for ages 60+, 8am-1pm, Mon.-Fri. (889-0928)

El Pueblo Active Adult Programs ----- Healthy Aging -----

Tucson Parks and Recreation, in collaboration with the Pima Council on Aging, will offer two outstanding programs designed to enhance the quality of life and the opportunity for greater independence for older adults and support caregivers.

Matter of Balance: Your odds of falling each year after age 65 are about one in three. This program has been confirmed by research, to reduce fear of falling, stop the fear of falling cycle, and increase activity levels among older adults. Classes includes practice exercise to improve strength, build coordination and balance, learn to get up and down safely from a lower surface, conduct a home safety evaluation and discuss strategies and options to affect appropriate changes.

Enhance Fitness: Aims to improve health and physical performance in older adults. Class includes warm-up, cool-down, low impact aerobics, strength training, balance training and flexibility exercise.

