

Freedom Recreation Center



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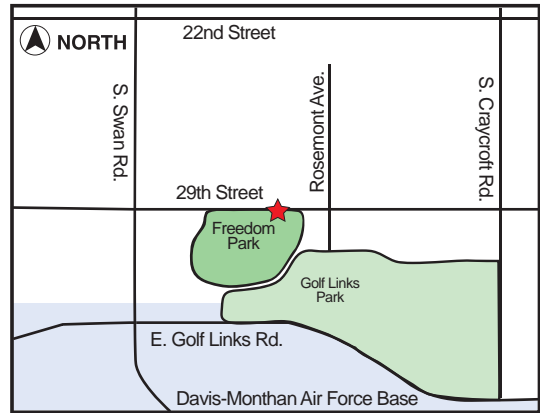
**5000 E. 29th St.
791-4969**

New Hours:

Monday- Friday 9am-6pm
Saturday-Sunday Closed
Holidays Closed

Holidays Closed:
Nov. 11, 27, Dec. 25
Jan. 1, 19, Feb. 16

(Hours are subject to change.)



Senior Programs

- Ages 50+. Free Senior Membership card required. Activities include card and table games, weight room, chair exercise class, computer classes, guest speakers and field trips.
- Line dancing
- Sewing Club
- Chair Exercise
- Needle Art
- Pinochle
- Computer classes - beginning and intermediate class
- Bingo

Human Services Programs:

- Nutrition Program (lunch) for ages 60+, Mon.-Fri., served at Noon. Donation: \$1.50. Call 791-4969. Must be registered
- Community Food Bank Programs - Pantry, Tues./Thurs. 9am-3pm
- Marana Health Clinic - 790-8500 - Mon.-Fri., 8am-5pm

Facility Amenities:

Indoor:

- Multipurpose room
- Classrooms
- Kitchen
- Weight/Cardio room
- Wellness clinic
- Teen recreation room
- Public access computers
- Room rentals available

Outdoor:

- Basketball/volleyball court
- Seasonal swimming pool
- Freedom Park (ramadas, softball, Little League/soccer fields)
- Golf Links Sports Complex (ramadas, softball, soccer fields)
- Handball court

Youth/Teen Programs

- **Kid Kreation** for ages 3-5. Wed./Fri., 9am-noon. ABCs, 123s, social interaction and motor development. Call Center for information.
- **KIDCO after-school program** for ages 5-11 (5-year-olds must be currently enrolled in kindergarten). Mon.-Fri. from school dismissal to 6pm. Activities include games, sports, crafts and field trips. Non-refundable registration fee required.
- **29th Teens** for ages 11-17. Mon./Fri., 3:30-5:30pm., and Wed., 2:30-4:30pm. Enjoy sports, exercise, volunteering, games and music. Free program, contact Center for information.
- **Winter Camp** for ages 5-12. Dec. 22-24, 26, Dec. 29-31 and Jan. 2. Cost is \$2 per day/ per child. Register beginning Dec. 1.
- **Martial Arts and Resiliency Skills Program** for ages 6-16. Traditional Martial Arts training and mentoring. Every Tues. and Thurs., 3-4pm.

Handball Court at Freedom Park
Call 791-4969 to find out about upcoming handball clinics and programs.



Facility Use:

Pass	Daily	Quarterly	Annual	20-visit
Adult	\$1	\$16	\$60	\$17
Senior (62+)	\$.75	\$12	\$45	\$13
Youth (-18)	\$.75	\$12	\$45	\$13

Weight Room Certification Classes

Monday - 10am and Friday - 5pm
No reservation required. Participants must be at least 14 years of age. Ages 14-17 require parental approval.