ARIZONA SUBSTANCE ABUSE PARTNERSHIP
Governor's Office for Children, Youth and Families

Prescription Drug Reduction Initiative

ARIZONA SUBSTANCE ABUSE PARTNERSHIP
PRESCRIPTION DRUG REDUCTION INITIATIVE – IMPLEMENTATION PLAN

In November 2011, the Centers for Disease Control and Prevention (CDC) issued a report indicating that deaths from prescription (Rx) pain relievers have reached epidemic proportions in the United States (available at: http://www.cdc.gov/VitalSigns/pdf/2011-11-vitalsigns.pdf). It is estimated that 40 deaths per day are due to prescription drugs. This exceeds the number of deaths related to heroin and cocaine combined. For the first time in history, drug poisoning deaths have become the number one cause of accidental deaths in America.

Arizona is no exception to this problem. According to data from Arizona's Prescription Drug Monitoring Program, between 2009 and 2011, there were approximately 10 million Class II-IV prescriptions written each year in Arizona, with Rx pain relievers accounting for over half of the drugs dispensed (controlled substances are classified into five possible schedules, or classifications, based on the drug's identified potential for abuse and other medical and safety standards – the higher the likelihood of abuse, the lower the schedule class). As the access and availability of these habit-forming Rx narcotics grows, so too does the likelihood of misuse, and moreover, the costly outcomes related to misuse. In 2010, 13 percent of Arizona adults reported some type of Rx drug misuse in the past 30 days, with half of the misuse related to Rx pain relievers. Likewise, in 2010, 10.4 percent of Arizona youth reported some type of Rx drug misuse in the past 30 days, with an alarming 76.7 percent of the misuse involving Rx pain relievers. Arizona has also seen a corresponding, and dramatic, increase in opioid-related cases in Emergency Departments and drug poisoning deaths involving Rx drugs (Arizona Department of Health Services, http://www.azdhs.gov/plan/index.htm).

The Arizona Substance Abuse Partnership (ASAP) was established by Executive Order 2007-12 in June 2007. Currently chaired by the Director of the Governor's Office for Children, Youth and Families, who also acts as the Governor's Policy Advisor for Human Services, the ASAP serves as the single statewide council on substance abuse treatment, prevention, intervention/enforcement, and recovery issues. It is ASAP's mission to ensure community-driven, agency-supported outcomes to prevent and reduce the negative impacts of alcohol, tobacco, and other drugs by building and sustaining partnerships. Through coordination and collaboration among its members and their respective agencies and organizations, the ASAP strives to ensure that substance abuse is addressed in a comprehensive manner and that funding is spent efficaciously and efficiently. The ASAP utilizes data and practical expertise to develop effective methods for integrating and expanding services across Arizona, thereby maximizing available resources. To address the growing concern over Rx drug misuse in Arizona and related consequences, the ASAP has endorsed a Prescription Drug Reduction Initiative.

As a first-step toward the development of this initiative, the Governor's Office for Children, Youth and Families and the Arizona Criminal Justice Commission hosted a Prescription Drug Expert Panel in February 2012 that involved local experts from law enforcement, the prevention field, and the medical community. Using the strategies proposed by the National Office of Drug Control Policy (ONDCP) (http://www.whitehouse.gov/ondcp/prescription-drug-abuse) as a starting point, the experts and attendees formulated a set of data-and-research-driven strategies to be used in a multi-systemic, multi-agency collaborative approach to reduce prescription drug misuse in Arizona.

In order to maximize return-on-investment, the proposed strategies described herein will be conducted as a Feasibility Study, or pilot project, implemented in three counties. The following criteria were used to select the three pilot counties: (1) the severity of Rx drug misuse in each geographic area as indicated by prevalence and consequence data; (2) the willingness of each county to use a data-driven decision-making approach and for their efforts to be evaluated; and (3) the county's capacity for strategy implementation, including evidence of multi-systemic work across the three domains. Given the ASAP's focus on community-driven outcomes, it was critical that community coalitions be considered part of the capacity assessment. More specifically, coalitions that had previously demonstrated efficacy in substance use prevention and intervention were considered to have high capacity, and those coalitions who had participating members or committed networks from the three specific domains were considered to have the highest capacity.

Based on these factors, Yavapai, Pinal, and Pima counties were selected as pilot sites. The start dates for the three counties will be staggered, with the goal of having each successive wave (i.e., county) incorporate the lessons learned from the preceding wave or waves. Both process and outcome evaluation measures will be tracked as a way of monitoring success and for determining the feasibility of implementing the model on a statewide basis. Prior to implementation, a formal needs-assessment will be conducted in each pilot county with the aforementioned local substance abuse prevention coalitions and their identified key stakeholders. The assessment meetings will be used to identify county-specific resource needs and historical methods to date, as well as for the development of implementation timelines, task assignments, and reporting and feedback structures between the pilot counties, the evaluators, and the ASAP.

The following strategies are proposed to reduce prescription drug misuse and the consequences associated with this epidemic to improve the health of Arizona's communities and families.

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STRATEGY #1: Reducing illicit acquisition and diversion of prescription medications.

GOAL #1: Increase the use of proper disposal methods for prescription drugs.

NO.	OBJECTIVES	START DATE			POTENTIAL PARTNERS	EXISTING RESOURCES	RESOURCE NEEDS	STATUS*
		Yavapai	Pinal	Pima				
1.	**Place permanent Rx drop boxes in every police department in pilot areas.**	6/1/12	10/1/12	1/1/13	ASAP; AACOP; AZCOPS; Communities Preventing Substance Abuse Work Group Work Group; Community Coalitions		Funds to purchase drop boxes	
ACTION STEPS	1. Obtain commitment of law enforcement agencies to house Rx drug drop boxes.							
	2. Obtain resources to buy Rx drug drop boxes.							
	3. Develop policies that describe law enforcement agencies' roles and responsibilities for Rx drugs placed in drop boxes.							
	4. Install permanent Rx drug drop boxes.							
2.	**Increase community awareness of Rx drop box locations.**	6/1/12	10/1/12	1/1/13	DrugFreeAZ; Community Coalitions; Tribes; Communities Preventing Substance Abuse Work Group; AACOP: AZCOPS		Printed materials; social media	
ACTION STEPS	1. Develop community education message to increase community awareness of Rx drug drop box locations.							
	2. Identify opportunities for sharing community education messaging on Rx drop box locations.							
	3. Share message through identified opportunities.							

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NO.	OBJECTIVES	START DATE			POTENTIAL PARTNERS	EXISTING RESOURCES	RESOURCE NEEDS	STATUS*
		Yavapai	Pinal	Pima				
3.	**Implement prescription drug take-back events.**	6/1/12	10/1/12	1/1/13	DEA; AACOP; AZCOPS; DrugFreeAZ; Community Coalitions; Tribes; National Guard		Printed materials; social media	
ACTION STEPS	1. Develop a replicable plan for Rx drug take-back events.							
	2. Identify timing of, and sites and partners for, Rx drug take back events.							
	3. Increase community awareness of events.							
	4. Hold scheduled take-back events.							

GOAL #2: Increase the use of proper storage methods for prescription drugs in the home.

NO.	OBJECTIVES	START DATE			POTENTIAL PARTNERS	EXISTING RESOURCES	RESOURCE NEEDS	STATUS*
		Yavapai	Pinal	Pima				
1.	**Partner with the business community and retailers to educate the community about the importance of securely storing Rx medications in the home and how that can be accomplished.**	6/1/12	10/1/12	1/1/13	DrugFreeAZ; Community Coalitions; Tribes; Communities Preventing Substance Abuse Work Group; Home improvement retailers		Printed signage materials; in-kind contribution from the business community and retailers	
ACTION STEPS	1. Develop signage regarding secure storage of Rx drugs.							
	2. Obtain commitment from major retailers (e.g., Lowe's, Home Depot, Wal-Mart).							
	3. Place signage about proper storage in retail stores.							
	4. Develop short demos about proper lock use and storage.							
	5. Implement short demos about proper lock use and storage at community events/trainings.							

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GOAL #3: Increase the use of the Prescription Drug Monitoring Program (PDMP).

NO.	OBJECTIVES	START DATE			POTENTIAL PARTNERS	EXISTING RESOURCES	RESOURCE NEEDS	STATUS*
		Yavapai	Pinal	Pima				
1.	**Increase the number of law enforcement personnel that have signed up for the PDMP, to include at least one law enforcement officer from every law enforcement agency in the pilot sites.**	6/1/12	10/1/12	1/1/13	Board of Pharmacy; POST; AACOP; AZCOPS			
ACTION STEPS	1. Meet with local law enforcement agencies to gain buy-in.							
	2. Demonstrate to local law enforcement how to register to use the PDMP.							
2.	**Increase the number of sworn or civilian personnel in law enforcement agencies that use the PDMP.**	6/1/12	10/1/12	1/1/13	Board of Pharmacy; POST; AACOP; AZCOPS			
ACTION STEPS	1. Meet with local law enforcement agencies to gain buy-in.							
	2. Provide training on PDMP access and use.							
3.	**Have 100% participation on the use of the PDMP by multi-jurisdictional drug task forces.**	6/1/12	10/1/12	1/1/13	Board of Pharmacy; POST; AACOP; AZCOPS; ACJC			
ACTION STEPS	1. Meet with drug task-forces to gain buy-in.							
	2. Provide training on PDMP access and use.							
	3. Implement grant criteria that requires use of the PDMP for all new funds of Rx drug task forces.							
4.	**Obtain a position statement supported by a wide range of leaders that encourages full participation in the PDMP by prescribers and pharmacists.**	6/1/12	10/1/12	1/1/13	County and State Officials; Insurance Companies; Licensing Boards, AHCCCS; ASAP; Medical/Professional Organizations		Mailing supplies and mailing costs	
ACTION STEPS	1. Draft position statement.							
	2. Obtain signatures from supporting leaders.							
	3. Disseminate to prescribers and pharmacists.							

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NO.	OBJECTIVES	START DATE			POTENTIAL PARTNERS	EXISTING RESOURCES	RESOURCE NEEDS	STATUS*
		Yavapai	Pinal	Pima				
5.	**Implement a PDMP data feedback system serving prescribers and pharmacists that help them better utilize the PDMP.**	6/1/12	10/1/12	1/1/13	Board of Pharmacy			
ACTION STEPS	1. Meet with local prescribers and retail pharmacies to gain buy-in for PDMP sign up and use (may include contacting corporate pharmacies)							
	2. Provide training on PDMP access and use.							
	3. Develop timely report generations using PDMP data to help local prescribers and pharmacists monitor prescribing practices.							

STRATEGY #2: Educate prescribers and pharmacists about "Rx drug best practices."

GOAL #1: Develop a research-based "best practice" curriculum for prescribers and pharmacists (Rx Narcotics and Benzodiazepines).

NO.	OBJECTIVES	START DATE			POTENTIAL PARTNERS	EXISTING RESOURCES	RESOURCE NEEDS	STATUS*
		Yavapai	Pinal	Pima				
1.	**Develop a patient education piece that helps prescribers and pharmacists improve the prescription drug literacy of their patients (e.g., side effects, risks, alternatives, proper storage and disposal, etc.).**	6/1/12	10/1/12	1/1/13	ADHS (existing CDC grant for emergency departments); State Pharmacy Board; Arizona Pharmacy Alliance		Pamphlet handouts for patients	
ACTION STEPS	1. Adapt current ADHS curriculum to include a patient education piece.							
	2. Identify and minimize potential unintended consequences.							
	3. Obtain ADHS approval of adapted curriculum.							
	4. Obtain AZ Pharmacy Alliance endorsement.							

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		Yavapai	Pinal	Pima				
2.	**Develop a dosage piece (e.g., when, where, and how much to prescribe; standards for refills; prescriber - pharmacist communication protocols).**	6/1/12	10/1/12	1/1/13	ADHS (existing CDC grant for emergency departments); State Pharmacy Board; Arizona Pharmacy Alliance		Best Practices Resource Book printing costs; curriculum tools (e.g., standardized pain assessments)	
ACTION STEPS	1. Adapt current ADHS curriculum to include all prescribers in all settings.							
	2. Develop pharmacist recommendations and communication protocols.							
	3. Identify and minimize potential unintended consequences.							
	4. Obtain ADHS approval of adapted curriculum.							
	5. Obtain AZ Pharmacy Alliance endorsement.							
3.	**Obtain a "position statement" endorsed by public and private sector leaders that lists recommended "Rx Drug Best Practices."**	6/1/12	10/1/12	1/1/13	County and State Officials; Insurance Companies; Licensing Boards, AHCCCS; ASAP; Medical/Professional Organizations		Mailing supplies and mailing costs	
ACTION STEPS	1. Draft position statement.							
	2. Obtain signatures from supporting leaders.							
	3. Disseminate to prescribers and pharmacists.							

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NO.	OBJECTIVES	START DATE			POTENTIAL PARTNERS	EXISTING RESOURCES	RESOURCE NEEDS	STATUS*
		Yavapai	Pinal	Pima				
4.	**Implement "Rx Drug Best Practices" curriculum in each pilot area.**	6/1/12	10/1/12	1/1/13	ADHS (existing CDC grant for emergency departments); ASAP		Trainer costs; event costs	
ACTION STEPS	1. Meet with local Emergency Department administration to gain buy-in.							
	2. Meet with medical/professional organizations and insurance companies to gain buy-in and access to prescriber and pharmacists contact lists.							
	3. Identify trainers.							
	4. Identify training schedules and venues.							
	5. Conduct trainings.							

GOAL #2: Implement a recognition/reward system for effective prescribers and pharmacists.

NO.	OBJECTIVES	START DATE			POTENTIAL PARTNERS	EXISTING RESOURCES	RESOURCE NEEDS	STATUS*
		Yavapai	Pinal	Pima				
1.	**Create a reward certification for prescribers and pharmacists who complete the "Rx Drug Best Practices" curriculum.**	6/1/12	10/1/12	1/1/13	ADHS; Medical and Pharmacy Boards; Professional Organizations; Insurance Companies		Certificate creation and printing fees; mailing costs where applicable	
ACTION STEPS	1. Obtain buy-in from partners for a rewards and recognition program (all prescribers in all settings; all pharmacists).							
	2. Develop a standardized reward procedure.							
	3. Implement the reward process upon curriculum completion.							
2.	**Create additional reward for prescribers and pharmacists who are enrolled in and are using the PDMP.**	6/1/12	10/1/12	1/1/13	ADHS; Medical and Pharmacy Boards; Professional Organizations; Insurance Companies		Certificate creation and printing fees; mailing costs where applicable	

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NO.	OBJECTIVES	START DATE			POTENTIAL PARTNERS	EXISTING RESOURCES	RESOURCE NEEDS	STATUS*
		Yavapai	Pinal	Pima				
ACTION STEPS	1. Obtain buy-in from partners for rewards and recognition program (all prescribers in all settings; all pharmacists).							
	2. Develop a standardized reward procedure.							
	3. Implement the reward process upon enrollment in the PDMP and use of the PDMP.							
3.	**Initiate media blast to encourage patients to see only providers who are using the PDMP.**	6/1/12	10/1/12	1/1/13	DrugFreeAZ; Communities Preventing Substance Abuse Work Group; Community Coalitions; Tribes			
ACTION STEPS	1. Develop media blast.							
	2. Develop cost feasibility of media types.							
	3. Develop social media messaging (e.g., Facebook, Twitter, Linked In).							
	4. Identify local traditional media venues; partner with local media to gain in-kind buy-in.							
	5. Disseminate media blasts.							

STRATEGY #3: Enhance Rx drug practice and policies in law enforcement.

GOAL #1: Provide education and training for law enforcement officers.

NO.	OBJECTIVES	START DATE			POTENTIAL PARTNERS	EXISTING RESOURCES	RESOURCE NEEDS	STATUS*
		Yavapai	Pinal	Pima				
1.	**Educate officers about the prevalence of Rx drug abuse and drug diversion crimes.**	6/1/12	10/1/12	1/1/13	ACJC; AACOP; POST; DEA; HIDTA; NMPI		Trainer costs; event costs; travel costs	
ACTION STEPS	1. Schedule training events.							
	2. Implement POST-certified Rx training.							

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NO.	OBJECTIVES	START DATE			POTENTIAL PARTNERS	EXISTING RESOURCES	RESOURCE NEEDS	STATUS*
		Yavapai	Pinal	Pima				
2.	**Educate officers about pill recognition, use of poison control, how to read prescriptions and bottles, Rx street sales/trafficking and related crime.**	6/1/12	10/1/12	1/1/13	ACJC; AACOP; POST; DEA; HIDTA; NMPI		Trainer costs; event costs; travel costs	
ACTION STEPS	1. Schedule training events.							
	2. Implement POST-certified Rx training.							

GOAL #2: Improve coding structure of data management systems for tracking Rx drug offenses.

NO.	OBJECTIVES	START DATE			POTENTIAL PARTNERS	EXISTING RESOURCES	RESOURCE NEEDS	STATUS*
		Yavapai	Pinal	Pima				
1.	**Add a code to arrest information that flags Rx drug-related crimes.**	6/1/12	10/1/12	1/1/13	DPS; DEA; AACOP; HIDTA			
ACTION STEPS	1. Meet with law enforcement agencies to obtain buy-in.							
	2. Develop flagging process for crimes that are Rx drug-related.							
	3. Implement flagging process for crimes that are Rx drug-related.							

STRATEGY #4: Increase public awareness about the risks of Rx drug misuse.

GOAL #1: Create a sense of urgency in the general public about the risks of Rx drugs.

NO.	OBJECTIVE	START DATE			POTENTIAL PARTNERS	EXISTING RESOURCES	RESOURCE NEEDS	STATUS*
		Yavapai	Pinal	Pima				
1.	**Mass media blasts**	6/1/12	10/1/12	1/1/13	Communities Preventing Substance Abuse Work Group; Drug FreeAZ; Community Coalitions; Tribes		Funds for traditional media and social media; Costs for use of Drug Free AZ materials	

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NO.	OBJECTIVES	START DATE			POTENTIAL PARTNERS	EXISTING RESOURCES	RESOURCE NEEDS	STATUS*
ACTION STEPS	1. Develop media message or choose media message already developed.							
	2. Develop cost feasibility of media types.							
	3. Develop social media messaging (e.g., Facebook, Twitter, Linked In).							
	4. Identify local traditional media venues; partner with local media to gain in-kind buy-in.							
	5. Disseminate media blasts.							

GOAL #2: Implement the *Rx 360° Adult* (Drug Free America, research-based) curriculum to educate parents and other adults about the risks of youth Rx drug misuse.

NO.	OBJECTIVE	START DATE			POTENTIAL PARTNERS	EXISTING RESOURCES	RESOURCE NEEDS	STATUS*
		Yavapai	Pinal	Pima				
1.	**Develop a "train the trainer" model curriculum that will allow for wide implementation while maintaining fidelity to the prevention model.**	6/1/12	10/1/12	1/1/13	DrugFreeAZ; Communities Preventing Substance Abuse Work Group; Community Coalitions; Tribes		Funds for Drug Free AZ trainer; costs to use Drug Free AZ materials	
ACTION STEPS	1. Adapt current *Rx 360°*curriculum for pilot areas.							
	2. Identify local trainers.							
	3. Train local trainers.							
2.	**Identify target populations per pilot area that maximizes the depth and breadth of the model reach.**	6/1/12	10/1/12	1/1/13	Community Coalitions; Tribes; Communities Preventing Substance Abuse Work Group		Travel Costs	
ACTION STEPS	1. Meet with local schools to gain buy-in to train teachers, counselors, coaches and administration.							
	2. Meet with local community youth organizations (e.g., YMCA, after-school programs, extracurricular clubs) to gain buy-in to train program coordinators, coaches, etc.							
	3. Identify Workplace Initiative venues for reaching parents and other adults.							

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NO.	OBJECTIVE	START DATE			POTENTIAL PARTNERS	EXISTING RESOURCES	RESOURCE NEEDS	STATUS*
		Yavapai	Pinal	Pima				
3.	**Implement the model curriculum.**	6/1/12	10/1/12	1/1/13	Community Coalitions; Tribes; Communities Preventing Substance Abuse Work Group		Travel Costs; Event Costs	
ACTION STEPS	1. Identify and schedule venues for training.							
	2. Conduct trainings.							

STRATEGY #5: Build resilience in children and adults.

GOAL #1: Implement an adapted *Rx 360° Adult* curriculum (Drug Free America, research-based) to train parents and adults how to teach youth strategies that increase their resilience to Rx drug abuse.

NO.	OBJECTIVE	START DATE			POTENTIAL PARTNERS	EXISTING RESOURCES	RESOURCE NEEDS	STATUS*
		Yavapai	Pinal	Pima				
1.	**Develop a "train the trainer" model curriculum that will allow for wide implementation while maintaining fidelity to the prevention model.**	6/1/12	10/1/12	1/1/13	Drug Free AZ; SIRC; Communities Preventing Substance Abuse Work Group; Community Coalitions; Tribes		Funds for Drug Free AZ trainer; costs to use Drug Free AZ materials	
ACTION STEPS	1. Adapt current *Rx 360°*curriculum for pilot areas that includes resilience strategies.							
	2. Identify local trainers.							
	3. Train local trainers.							
2.	**Identify target populations per area that maximizes the depth and breadth of the model reach.**	6/1/12	10/1/12	1/1/13	Community Coalitions; Tribes; Communities Preventing Substance Abuse Work Group		Travel Costs	
ACTION STEPS	1. Meet with local schools to gain buy-in to train teachers, counselors, coaches and administration.							
	2. Meet with local community youth organizations (e.g., YMCA, after-school programs, and extracurricular clubs) to gain buy-in to train program coordinators, coaches, etc.							
	3. Identify Workplace Initiative venues for reaching parents and other adults.							

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NO.	OBJECTIVE	START DATE			POTENTIAL PARTNERS	EXISTING RESOURCES	RESOURCE NEEDS	STATUS*
3.	**Implement the model curriculum.**	6/1/12	10/1/12	1/1/13	Community Coalitions; Tribes; Communities Preventing Substance Abuse Work Group		Travel Costs; Event Costs	
ACTION STEPS	1. Identify and schedule venues for training.							
	2. Conduct trainings.							

GOAL #2: Implement the *Rx 360° Youth* (Drug Free America, research-based for 8th – 12th grade students) to teach youth strategies that increase their resilience to Rx drug abuse.

NO.	OBJECTIVE	START DATE			POTENTIAL PARTNERS	EXISTING RESOURCES	RESOURCE NEEDS	STATUS*
		Yavapai	Pinal	Pima				
1.	**Develop a "train the trainer" model curriculum that will allow for wide implementation while maintaining fidelity to the prevention model.**	6/1/12	10/1/12	1/1/13	DrugFreeAZ; Communities Preventing Substance Abuse Work Group; Community Coalitions; Tribes		Funds for Drug Free AZ trainer; costs to use Drug Free AZ materials	
ACTION STEPS	1. Adapt current *Rx 360°*curriculum for pilot areas and to includes resilience strategies.							
	2. Identify local trainers.							
	3. Train local trainers.							
2.	**Identify a target population per area that maximizes the depth and breadth of the model reach.**	6/1/12	10/1/12	1/1/13	Community Coalitions; Tribes; Communities Preventing Substance Abuse Work Group		Travel Costs	
ACTION STEPS	1. Meet with local schools to gain buy-in for providing training venues.							
	2. Meet with local community youth organizations (e.g., YMCA, after-school programs, and extracurricular clubs) to gain buy-in for providing training venues.							
3.	**Implement the model curriculum.**	6/1/12	10/1/12	1/1/13	Community Coalitions; Tribes; Communities Preventing Substance Abuse Work Group		Travel Costs; Event Costs	
ACTION STEPS	1. Identify and schedule venues for training.							
	2. Conduct trainings.							

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OTHER GOALS/OBJECTIVES/STRATEGIES RECOMMENDED DURING THE RX EXPERT PANEL BREAK OUT GROUP DISCUSSIONS

NO.	OBJECTIVE
1.	Integrate the *Rx Model Prevention* module (i.e., adapted *Rx 360°*) into the *Keepin' It Real* curriculum (Southwest Interdisciplinary Research Center, evidence- based) to increase the breadth and depth of prevention training.
2.	Increase criminal justice sanctions for illegally selling Rx drugs, with a focus on Rx drug rings (e.g., mandatory prison sentences for individuals convicted of selling Rx drugs).
3.	Create legislation that revises Arizona Revised Statutes to include a clear definition of "doctor shopping."
4.	Revise Arizona Revised Statutes that will allow for better collection of information about illegal Rx drug use, sales, and trafficking and drug-related crimes.
5.	Support data collection and associated research projects that help us better understand drug use and crime that has a nexus to prescription drug abuse (e.g., empirical support for Rx drugs serving as a precursor to heroin use).
6.	Establish a pre-approval numbering system for the PDMP.
7.	Implement a continuing medical education requirement for pain management/prescribing of controlled substances.

APPENDIX A: Domain-Specific Objectives and Action Steps

Medical Domain	Law Enforcement Domain	Youth and Parent Prevention Domain
1. Strategy #1: Reduce access to prescription drugs. a. Increase proper disposal through: i. Patient education. b. Increase proper storage through: i. Patient education. c. Increase use of the PDMP through: i. Obtaining a position statement from leaders asking for prescriber and pharmacist PDMP participation. ii. Implementing a PDMP data feedback system for prescribers and pharmacists to self-monitor. 2. Strategy #2: Educate prescribers and pharmacists about "Rx drug best practices". a. Develop and implement a "best practices" curriculum for prescribers and pharmacists that: i. Educates patients. ii. Establishes criteria for when, where, how much to prescribe and pharmacist standards. b. Implement a recognition/reward system for effective prescribers and pharmacists that: i. Provides incentive for professionals completing the "best practices" curriculum. ii. Provides incentive for professionals signed up for and using the PDMP. 3. Strategy #4: Increase public awareness about the risks of Rx drug misuse. a. See patient education piece of Strategy #2. 4. Strategy #5: Build resilience in children and adults. a. See patient education piece of Strategy #2.	1. Strategy #1: Reduce access to prescription drugs. a. Increase proper disposal through: i. Permanent drop boxes. ii. Take-back events. b. Increase use of the PDMP through: i. Increasing law enforcement enrollment in the PDMP. ii. Increasing law enforcement use of the PDMP. iii. Obtaining a position statement from leaders asking for prescriber and pharmacist PDMP participation. 2. Strategy #3: Enhance Rx drug practice and policies in law enforcement. a. Provide education and training for law enforcement officers through: i. POST-certified Rx training. b. Improve data management systems for tracking Rx drug offenses by: i. Adding an Rx-specific arrest code. 3. Strategy #4: Increase public awareness about the risks of Rx drug misuse. a. Potential trainers for prevention-based risk education curriculum (for parents and other adults) 4. Strategy #5: Build resilience in children and adults. a. Potential trainers for prevention-based resilience education curriculum (for parents, other adults, youth)	1. Strategy #1: Reduce access to prescription drugs. a. Increase proper disposal through: i. Permanent drop boxes. ii. Take-back events. b. Increase proper storage through: i. Community education. 2. Strategy #4: Increase public awareness about the risks of Rx drug misuse. a. Create a sense of urgency in the public through: i. Mass media blasts. b. Develop and implement an Rx parent and other adult education curriculum through: i. A train-the-trainer model. ii. A multi-systemic target population. 3. Strategy #5: Build resilience in children and adults. a. Develop and implement an Rx youth resilience curriculum that: i. Trains adults to teach youth to develop resilience strategies.

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