

home **or** gym?

we'll keep you active either way.

Enrollment Fee Waived Through September 30, 2020

- Select from **11,000+** fitness centers, with the ability to change anytime
- Access **1,500+** digital workout videos so you can work out at home or on-the-go
- No long-term contract

NEW! Two ways to try fitness for free.

- ▶ Enjoy **200 free digital workout videos** available to all eligible members, even before you enroll.
- ▶ Join us for daily (M – F) **workout classes** on Facebook Live and YouTube, where anyone can participate in a variety of workouts designed for all levels!



Over 1,500 digital workout videos including programs from:

Over 11,000 fitness centers nationwide including:

Get Started: Visit the wellness offers on mycigna.com.

*Plus applicable taxes.

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