

Humana

City of Tucson Parks and Recreation and Humana present

50+ SENIOR OLYMPIC FESTIVAL

Jan. 6-Feb. 1



tucsonaz.gov/parks/senior-olympic-festival



Register online by
Jan. 3, 2020 at
EZEereg.com



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*No obligation to enroll.

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**Welcome to the 36th Annual Senior Olympic Festival,
an event filled with fun, friends, and memories.**

Our office is located at Udall Recreation Center, 7200 E. Tanque Verde Road, on the southeast corner of Tanque Verde and Sabino Canyon. Call (520) 791-4931 if you have any questions.

T-shirts: There is no longer a processing fee that includes an official Senior Olympic Festival shirt. Shirts can be purchased at a cost of \$5. They will be an additional item when registering on-line or in person. Please make sure that you indicate which shirt size you would like when registering. **There will be a limited supply of shirts.** Souvenir pins are also available to purchase at a cost of \$2 each. Free pins will be available at the Opening Ceremonies on Friday, Jan 10 from 1-3pm.

In order to be eligible for a medal you must compete in at least one heat of your event. Being the lone participant does not guarantee you an award.

Ties will be resolved by the events governing Sports Rules. If the tie cannot be broken then all the participants involved in the tie will be awarded the same place medals.

Non-registered participants who do not appear on the coordinator's registration list will not be able to compete. A walk-on participant who presents his/her confirmation receipt will be allowed to participate **only** if his/her addition into the competition does not have a negative impact on the timely administration of the event. Events that allow walk-up registration are indicated.

Replacement participants who are participating in place of a registered participant will be allowed to participate only if he/she is same gender of original participant (gender divisions only), he/she is in the same age group (age divisions only), he/she is registered in another event or will have the opportunity to complete a registration form prior to participating.

Late arriving participants shall be allowed to participate only if his/her arrival does not have a significant negative impact on the event. Event descriptions and schedule of events indicate an arrival time of 30 minutes prior to event.

These are general policy guidelines to be followed. The Senior Olympic Festival staff reserve the right to review individual situations to provide final determination as it deems appropriate. No refunds without cancellation notice.

We look forward to your involvement in the 2020 Senior Olympic Festival!

**THE TUCSON SENIOR OLYMPIC FESTIVAL IS NOT A QUALIFYING
COMPETITION TO ADVANCE TO EITHER THE
ARIZONA SENIOR OLYMPICS OR THE NATIONAL GAMES.**

- Event Dates:** Monday, Jan 6 – Sunday, Feb 1, 2020
- Eligibility:** Participants must be of age within calendar year.
- Age Divisions:** Basketball 3-on-3, Pickleball, Softball, and Volleyball will compete in age brackets. See individual event pages for the details.
- All ages will complete together in the following: Bocce, Bridge, Canasta, Cribbage, Croquet, Euchre, Leisure Walks and Pinochle.
- All other competition will be in 5 year increments beginning with 50-54. The 80+ division will be divided into 5 year increments (80-84, 85-89, 90-94, etc.) and compete for awards in that age division.
- Gender Divisions:** Men and women will compete separately with the exception of: Bridge, Canasta, Cribbage, Euchre, Leisure Walks, and Pinochle.
- Entry Info:** Online at ezeereg.com.
For walk-in/mail-in registration all individual participants must submit a completed (both sides) registration form and appropriate payment for total participation fees.
Registration forms and payment can be mailed to:
920 S. Randolph Way, Tucson, AZ 85716.
Registration questions: Call 520-791-4877
- Entry Deadline:** Final Registration must be postmarked by Jan 3. Any registrations posted marked after this date will not be accepted.
- Entry Confirmation:** Confirmations will be mailed / emailed to all participants and teams.
- Awards:** All awards will be presented on-site at the completion of the event.
- Cancellations and Refunds:** We will make every effort to continue events as scheduled. However, the Senior Olympics office reserves the right to postpone or cancel events in case of any unforeseen circumstances. Refunds will be honored with advanced notice from participant or if the event is canceled.

Presented by City of Tucson Parks and Recreation and Humana

Humana



Tucson Parks and Recreation
A Nationally Accredited Agency

50+ SENIOR OLYMPIC FESTIVAL OPENING CEREMONIES



Receive a free 2020 Senior Olympic souvenir pin during opening ceremonies.



Friday, Jan. 10, 2020

Udall Park Amphitheater - 7200 E. Tanque Verde Rd.
1-3 p.m.

Come hangout with friends and enjoy this kick-off event!
Opening Ceremony activities include:

- National Anthem
- Recognition of Athletes
- Music & Entertainment
- Information Booths
- Raffle Prizes
- Giveaways
- Olympic Torch



A proud part of the City of Tucson



Check our website for Opening Ceremony details
tucsonaz.gov/parks/senior-olympic-festival

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water is LIFE

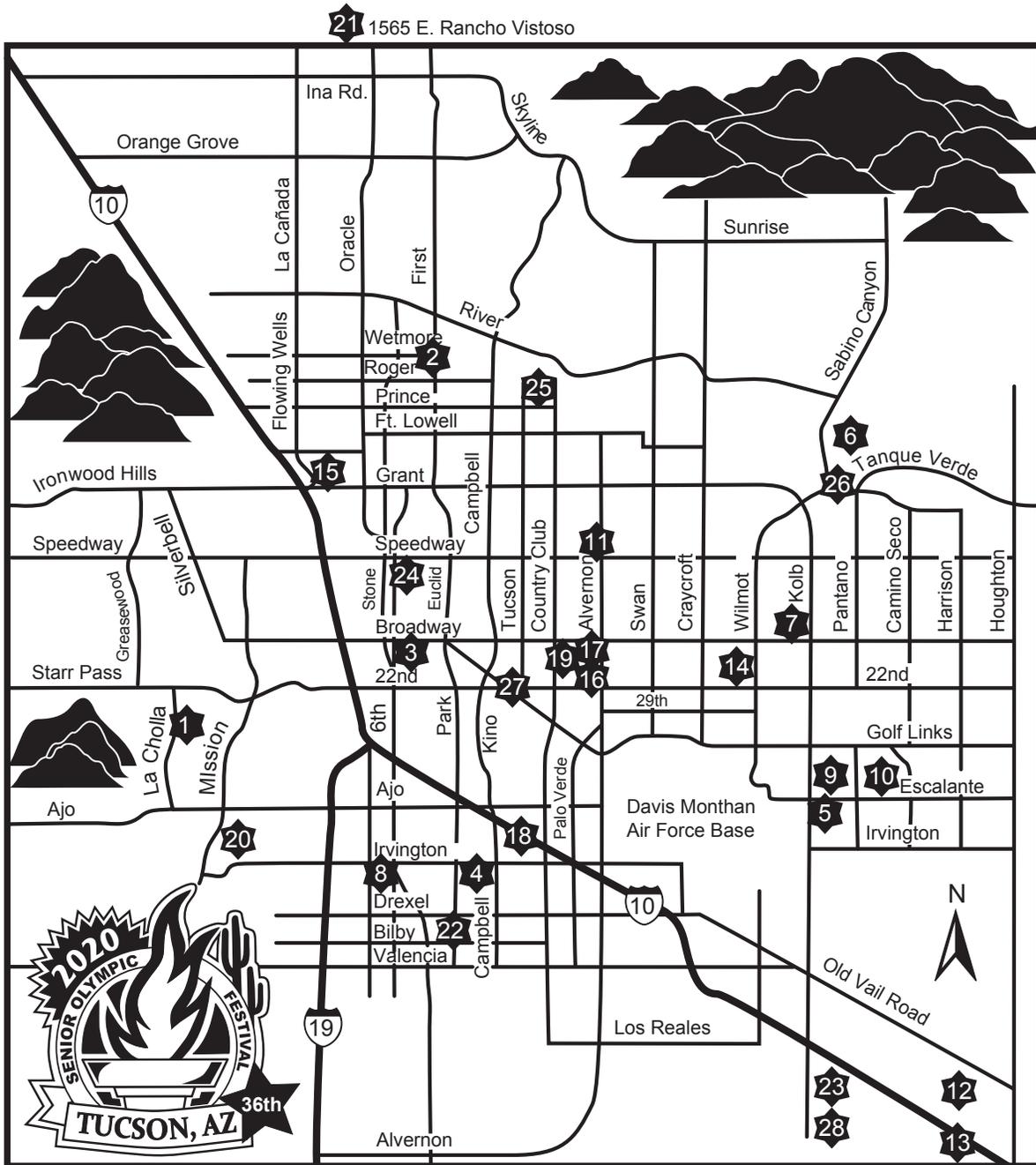


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WATER**

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SENIOR OLYMPIC FESTIVAL LOCATIONS



1. Archer Center, 1665 S. La Cholla Blvd.
2. Adobe Bridge Club, 401 E. Limberlost
3. Armory Senior Center, 220 S. 5th Ave.
4. Cherry Avenue Center, 5085 S. Cherry Ave.
5. Clements CenteR, 8155 E. Poinciana Dr.
6. Desert Sports and Fitness, 2480 N. Pantano Rd.
7. Diamondback Shooting Sports, 7030 E. Broadway Blvd.
8. El Pueblo Regional Center, 101 W. Irvington Rd.
9. Lincoln Park (Fields 5-8), 8118 E. Escalante Rd.
10. Lincoln Park (Fields 1-4) 4325 S. Pantano Rd.
11. Lucky Strike Bowl, 4015 E. Speedway Blvd.
12. Pima Co. SE Clay Target Center, 11295 S. Harrison Rd.
13. Pima Co. SE Regional Park, 11296 S. Harrison Rd.
14. Pockets Billiards, 1062 S. Wilmot Rd.
15. PSE Archery Range, 2727 N. Fairview Ave.
16. Randolph Golf Course, 600 S. Alvernon Way
17. Jim Reffkin Tennis Center, 200 S. Alvernon Way
18. Kino Sports Complex, 2343 E. Tournament Way
19. Reid Park, Country Club Rd. at 22nd St.
20. Rincon Country West, 4555 S. Mission Rd.
21. Sun City, Oro Valley, 1565 E. Rancho Vistoso
22. Sunnyside Pool, 1700 E. Bilby Rd.
23. Trails West, 8401 S. Kolb Rd.
24. Tucson High School, 400 N. 2nd Ave.
25. Tucson Racquet & Fitness Club, 4001 N. Country Club
26. Udall Regional Center and Senior Olympic Office, 7200 E. Tanque Verde Rd. – Phone: 520-791-3244
27. U of A - Drachman Stadium, 501 S. Plumer Ave.
28. Voyager, 8701 S. Kolb Rd.

Pima County SHOOTING RANGES

WHERE FRIENDS AND FAMILY SHOOT SAFELY

Southeast Regional Park, Tucson Mountain Park, and Virgil Ellis Shooting Ranges are operated and managed by Pima County Natural Resources, Parks and Recreation.



Southeast Regional Park Shooting Range

May 1 – Sept. 30: 7-11 a.m., Thursday – Friday

7 a.m.-1 p.m., Saturday – Sunday

Oct. 1 – April 30: 8 a.m.-Noon, Thursday – Friday

8 a.m.-4 p.m., Saturday – Sunday

Closed on all Pima County holidays. Range staff on site. Youth 15 and under are free and must be accompanied and supervised by an adult.



Southeast Regional Park Archery Range

May 1 – September 30: 7-11 a.m., Thursday – Friday

7 a.m.-1 p.m., Saturday – Sunday

October 1 – April 30: 8 a.m.-Noon, Thursday – Friday

8 a.m.-4 p.m., Saturday – Sunday

Closed on all Pima County holidays. Range staff on site. Youth 15 and under are free and must be accompanied and supervised by an adult.



Clay Target Center

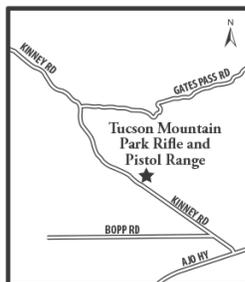
May 1 – September 30: 7-11 a.m., Saturday and Sunday

October 1 – April 30: 8 a.m.-Noon, Saturday and Sunday

Closed on all Pima County holidays

Day Pass: \$8 per 25-target round

Discount Multi-Use Pass: \$140 per 20 25-target rounds



Tucson Mountain Park Shooting Range

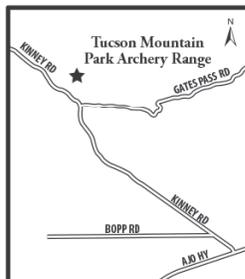
May 1 – September 30: 7-11 a.m., Friday

7 a.m.-1 p.m., Saturday – Sunday

October 1 – April 30: 8 a.m.-Noon, Friday

8 a.m.-2 p.m., Saturday – Sunday

Closed on all Pima County holidays. Range staff on site. Youth 15 and under are free and must be accompanied and supervised by an adult.



Tucson Mountain Park Archery Range

Open: Daily; 7 a.m.-Dusk

Fees: \$3. per day.

Youth 15 and under are free and must be accompanied and supervised by an adult.



3500 W. River Road, Tucson, AZ 85741 • 520-724-5000
For more information visit our website at www.pima.gov/nrpr

Events: Recurve
Barebow
Compound

Date: Sunday, Jan 12

Site: PSE Archery Range
2727 N. Fairview

Schedule: 10 a.m. Start Time

Check-In: 30 minutes before start time

Fees: \$20 event

Event Coordinator: Steven Yee (602) 432-5036
steveny@pse-archery.com

Entry Regulations:

1. Archers must provide their own bows and arrows.
2. Competition will be in five year increments
3. Men and women compete separately.



Format: The 900 round will be used for all competitions. 90 arrows will be shot as follows:

- 30 arrows from 60 yards (5 ends of 6 arrows)
- 30 arrows from 50 yards (5 ends of 6 arrows)
- 30 arrows from 40 yards (5 ends of 6 arrows)

Each end (6 arrows) will consist of 2 sets of 3 arrows with 50 seconds allowed for each arrow to be shot. Shooters will rotate with target mats after each 3 arrow set.

Scoring: Regulation 122cm (48") 5 color target face will be used. Scoring values: gold (10-9), red (8-7), blue (6-5), black (4-3), white (2-1) -10 ring scoring.

Note: Each color is divided into 2 scoring areas by a thin black line. The arrow shaft must only touch the color or dividing line between scoring zones to score higher value. Winner will be the archer scoring the highest number of points in the double 900 round.

Note: The competitor should be able to keep his/her arrows on the target at 60 yards. Open practice is available for all registered participants one day before the tournament starts. Call PSE Archery at (520) 884-9201 for more information.

Sports Rules: National Archery Association (N.A.A.) apply.

Recurve				Barebow				Compound			
Men		Women		Men		Women		Men		Women	
50-54	11656	50-54	11663	50-54	11628	50-54	11635	50-54	11642	50-54	11649
55-59	11657	55-59	11664	55-59	11629	55-59	11636	55-59	11643	55-59	11650
60-64	11658	60-64	11665	60-64	11630	60-64	11637	60-64	11644	60-64	11651
65-69	11659	65-69	11666	65-69	11631	65-69	11638	65-69	11645	65-69	11652
70-74	11660	70-74	11667	70-74	11632	70-74	11639	70-74	11646	70-74	11653
75-79	11661	75-79	11668	75-79	11633	75-79	11640	75-79	11647	75-79	11654
80+	11662	80+	11669	80+	11634	80+	11641	80+	11648	80+	11655

Events: Men's Singles
 Women's Singles
 Men's Doubles
 Women's Doubles
 Mixed Doubles

Dates: Saturday, Jan 25

Site: Udall Regional Center
 7200 E. Tanque Verde

Schedule: 9 a.m. Start Time – Saturday
 Singles & Doubles
 9 a.m. Start Time – Sunday
 Mixed Doubles

Check-In: 30 min before match

Fees: \$8 singles
 \$16 doubles

Event Coordinator:
 Diane Henrickson
 (520) 579-2149



- Entry Regulations:**
1. Participants may compete with only one partner per event.
 2. Competitors must supply own racquets.
 3. Shuttlecocks will be provided.
 4. Competition will be in five year increments beginning with 50-54.
 5. Players who are alone in their age group may play in the next lower age group.
 6. Doubles events are considered a doubles sport you must register using the Doubles Entry Form.

Format:

- Walk-up registration allowed.
- Single elimination format.
- Matches are 2-out-of-3 games.
- Games are 21 points
- Failure to report in by match time will result in forfeiture of match.

Sports Rules:
 U.S. Badminton Association (USBA) rules apply.

Arizona Senior Olympic & National Senior

Doubles					
Men		Coed		Women	
50-54	11677	50-54	11670	50-54	11684
55-59	11678	55-59	11671	55-59	11685
60-64	11679	60-64	11672	60-64	11686
65-69	11680	65-69	11673	65-69	11687
70-74	11681	70-74	11674	70-74	11688
75-79	11682	75-79	11675	75-79	11689
80+	11683	80+	11676	80+	11690

Singles			
Men		Women	
50-54	11691	50-54	11698
55-59	11692	55-59	11699
60-64	11693	60-64	11700
65-69	11694	65-69	11701
70-74	11695	70-74	11702
75-79	11696	75-79	11703
80+	11697	80+	11704

Events: Free Throw Shoot
Regular Shoot
3-Point Shoot

Date: Wednesday, Jan 22

Site: Udall Regional Center
7200 E. Tanque Verde Rd.

Schedule: 9 a.m. Start Time

Check-In: 30 minutes before start time

Fees: \$8 event

Event Coordinator: Charles Perez (520) 791-5155
charles.perez@tucsonaz.gov

Entry Regulations:

1. Men and women compete separately.
2. Competition will be in five year increments beginning with 50-54.

Format:

- Walk-up registration allowed.
- At least one foot must be in contact with the marked spot while shooting, with the other foot either to the side, behind or on the marked spot (NOT in front).
- Those players who are not actually shooting will rebound while waiting to compete.
- The order of competition is dependent upon the number of participants.
- In case of tie there will be a shoot off to determine placement.

Sports Rules:

Free Throw Shoot

- Each player will take 15 shots from the free throw line. Feet must be behind line. After fifteen shots are taken (no time limit), the points are totaled. Highest possible score is 48.

Regular Shoot

- Each player will take three shots from each of the five designated spots which have specific point values. After 15 shots are taken (no time limit), the points are totaled. Highest possible score is 48.
- Each player is given two trials and the highest score of the two trials is the final score for that player.

3-Point Shooting

- Each player will take three shots from each of the five designated spots. After 15 shots are taken (no time limit), the number of baskets made is that player's total.
- Each player is given two trials and the highest score of the two trials is the final score for that player.

Free Throw Shoot				Regular Shoot				3-Point Shoot			
Men		Women		Men		Women		Men		Women	
50-54	11733	50-54	11740	50-54	11747	50-54	11754	50-54	11719	50-54	11726
55-59	11734	55-59	11741	55-59	11748	55-59	11755	55-59	11720	55-59	11727
60-64	11735	60-64	11742	60-64	11749	60-64	11756	60-64	11721	60-64	11728
65-69	11736	65-69	11743	65-69	11750	65-69	11757	65-69	11722	65-69	11729
70-74	11737	70-74	11744	70-74	11751	70-74	11758	70-74	11723	70-74	11730
75-79	11738	75-79	11745	75-79	11752	75-79	11759	75-79	11724	75-79	11731
80+	11739	80+	11746	80+	11753	80+	11760	80+	11725	80+	11732

BASKETBALL 3-ON-3

Event: Men & Women Teams
(See Team Entry)
Date: Sunday, Jan 19
Site: El Pueblo Regional Center
101 W. Irvington Rd.
Schedule: 9 a.m. Start Time
Check-In: 30 minutes before game time
Fees: \$60 team

Event Coordinator: Bianca Villarreal
(520) 791-5155
bianca.villarreal@tucsonaz.gov

Entry Regulations:

1. Team Entry Form must be completed by the Coach/Manager and submitted with the team's entry fee, roster and completed waiver form.
2. Teams must be all one gender.
3. Team roster shall be limited to six players.
4. Participants may play on only one team.
5. Men and women compete separately.
6. Competition will be 50+, 55+, 60+, 65+, 70+ & 75+.
7. Team coach/manager will be notified of their first game by mail or phone prior to the event.
8. Teams must wear uniforms of same color and have numbers.

Format:

- Dependent on number of teams registered.
- Games played on half-court.

Sports Rules:

National Collegiate Athletic Association (NCAA)

- Teams must have a minimum of three players on the floor to start a game. Teams may continue with two players on the floor. Six player maximum on the roster.
- Playing time is two halves of 10 minutes running time. Five minute halftime.
- Tie score will result in one-minute overtime with stop clock. Ball possession determined by coin toss.
- Check line shall be three point line.
- On every change of possession ball must be taken behind check line.
- All play beginning or restarting behind the check line must start at the top of the key.
- Substitutions may be made after a basket, a foul shot, stoppage of play, or any other time an official beckons the player onto the court.
- A player is disqualified on his/her sixth foul. Technical fouls will follow NCAA rules.
- Three point shots are allowed.

Arizona Senior Olympic and National Senior Games event.

Basketball 3-on-3			
Men		Women	
50+	11705	50+	11712
55+	11706	55+	11713
60+	11707	60+	11714
65+	11708	65+	11715
70+	11709	70+	11716
75+	11710	75+	11717
80+	11711	80+	11718



Event: Singles
Date: Tuesday, Jan 28
Site: Pockets Billiards
 1062 S. Wilmot Rd.
Schedule: Noon Start Time
Check-In: 30 minutes before game time
Fees: \$8 person
Event Coordinator: Jeremy Herr
 (520) 837-8126
 Jeremy.herr@tucsonaz.gov

Entry Regulations:

1. Men and women could compete together based on low registration numbers.
2. Competition will be in five year age groups beginning with 50-54.

Format:

- Double Elimination.
- The game of "8 ball" is played.
- Players with no competition in their age group may play in the next younger age group.
- Pool cues available at no cost.

Sports Rules:

Arizona Senior Olympics and Billiard Congress of America (BCA) rules apply.

- Gentlemen's Call
- The Rack
- The Break
- Legal Break
- Scratch on a Legal Break
- 8-Ball Pocketed on Break
- Head String Rule
- Open Table
- Choice of Stripes or Solids
- Legal Shot
- Safety Play
- Fouls
- Foul Penalty
- Combination Shots
- Illegally Pocketed Balls stay pocketed & loss of turn.
- Object Balls Jumped off the Table
- Object Ball Frozen to the Cushion
- Loss of Game

Arizona Senior Olympic Games event.

Billiards			
Men		Women	
50-54	11761	50-54	11768
55-59	11762	55-59	11769
60-64	11763	60-64	11770
65-69	11764	65-69	11771
70-74	11765	70-74	11772
75-79	11766	75-79	11773
80+	11767	80+	11774



Events: Women's
Men's
Coed

Dates: Monday, Jan 20 - Women
Tuesday, Jan 21 - Women
Wednesday, Jan 22 - Men
Thursday, Jan 23 - Men
Friday, Jan 24 - Coed
Saturday, Jan 25 - Coed

Sites: Sun City Oro Valley
1565 E. Rancho Vistoso

Schedule: 9 a.m. Start Time

Check-In: 30 minutes before match time

Fees: \$32 team

Event Coordinator: Debbie Kotlarek
dlkotlarek@gmail.com

Entry Regulations:

1. Men and women compete separately.
2. All ages compete together.
3. Teams consist of four players.
Men's Team - 4 men
Women's Team - 4 women
Coed Team - 2 men & 2 women
4. Teams must enter using the "Team Entry Form"

Format:

- Tournament is single elimination.
- Matches are 2-out-of-3 games
- Games are 12 points

Sports Rules:

Event Facilities Rules Apply

- Teams consist of four people
- Max of 16 teams per division
- No distractions at all will be enforced.
- Players will referee their own matches.
- Winner of coin toss will select color of balls.
- All balls leaving the confines of the court will be considered out of play.
- To start a new game players of each team must change to the opposite end of the court.



Bocce		
Coed	50+	11775
Men	50+	11776
Women	50+	11777

Events: Regular Bowling
Adapted Bowling

Dates: Thursday, Jan 23

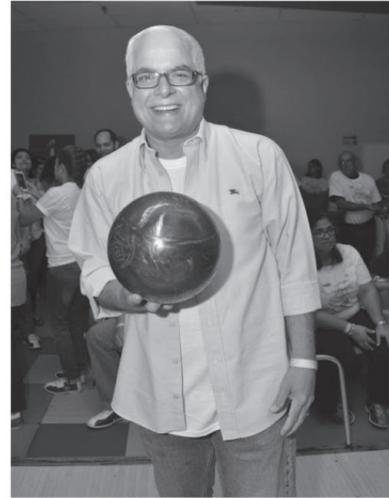
Sites: Lucky Strike Bowl
4015 E. Speedway Blvd.

Schedule: Noon Adapted - Start Time
Noon Regular - Start Time

Check-In: 30 minutes before game time

Fees: \$16 person

Event Coordinator: Carl White
(520) 791-4865
carl.white@tucsonaz.gov



Format:

Each player bowls three games using scratch scoring.

Sports Rules:

United States Bowling Congress (USBC).

Adapted Bowling Modifications:

Orthopedic Impairments

- Bowling chutes and ball assistance will be provided.
- Weight of ball may be lowered.

Visually Impaired

- Guideline or coaches voice allowed for visually impaired.
- Use of bowling frame unit, Adapter-Pusher, Handlebar extension, Handle grip, arm swing, stable guide, lighter balls, and modification of approach are allowed.

Auditory Impairments

- Mark lane line with brightly colored tape, paint pins with bright color, contact paper, three balls per frame, with plastic bowling set shorten the lane distance use Candlepin bowling, or use smaller or lighter ball.

Arizona Senior Olympic and National Senior Games (Regular Bowling) event.

Entry Regulations:

1. Men and women will compete separately.
2. Competition will be in five year increments beginning with 50-54 (including 80+)

Adapted			
Men		Women	
50-54	11778	50-54	11785
55-59	11779	55-59	11786
60-64	11780	60-64	11787
65-69	11781	65-69	11788
70-74	11782	70-74	11789
75-79	11783	75-79	11790
80+	11784	80+	11791

Regular			
Men		Women	
50-54	11792	50-54	11799
55-59	11793	55-59	11800
60-64	11794	60-64	11801
65-69	11795	65-69	11802
70-74	11796	70-74	11803
75-79	11797	75-79	11804
80+	11798	80+	11805

Events: Duplicate
Dates: Sunday, Jan 26
Site: Adobe Bridge Club
 401 E Limberlost Dr.
Schedule: 1 p.m. Start Time
Check-In: 30 minutes before start time
Fees: \$12 team
Event Coordinator:
 Lee Erdman
 (520) 795-2441

Entry Regulations:

1. Men and women compete together.
2. All ages compete together.
3. You must register using the Doubles Entry Form.

Sports Rules:

<http://www.acbl.org/assets/documents/play/Laws-of-Duplicate-Bridge.pdf>

*Chairperson has authorization to provide any changes and rule interpretations.

Bridge		
Duplicate	50+	11806



Events: Bunco
Dates: Monday, Jan 27
Site: Cherry Ave. Center
5085 S. Cherry Ave.
Schedule: Noon Start time
Check-In: 11 a.m.-Noon
Fees: \$8 player

Event Coordinator: Chrystal Rodriguez
(520) 791-4497
chrystal.rodriguez@tucsonaz.gov

Entry Regulations:

1. Men and women compete together.
2. All ages compete together.
3. You must register using the Individual Entry Form.

Format:

- Walk-up registration allowed.

Sports Rules:

Rules will be reviewed on site with the participants prior to the start of the event.

Bunco	
50+	11807



Event: Cribbage
Date: Wednesday, Jan 29
Site: Clements Regional Center
 8155 E Poinciana Dr
Schedule: 1 p.m. Start Time
Check-In: 30 minutes before start time
Fees: \$8 person
Event Coordinator: David Kaye
 (520) 791-5787
 david.kaye@tucsonaz.gov

Entry Regulations:

1. Men and women compete together.
2. All ages compete together.
3. Personal cribbage boards are welcome.

Format:

- Walk-up registration allowed.
- The cards shall be cut at the beginning of each game. Low card deals. Both players must cut the deck for deal. Ace is low.
- The cards should be offered for a cut before a deal is started. If not, there is no penalty.
- No Player shall examine the bottom card before deal is started. If not, there is no penalty.
- A misdeal shall be declared if a card becomes exposed during the course of the deal. There is no penalty involved.
- The object is to peg 120 holes plus one to win the game.
- Player with crib counts last after opponent's hand has been counted.
- Player that pegs 121 points first wins the game and no further pegging can be done by opponent.
- Points missed by one player cannot be taken by opponent.
- Winner of game gets 121 points and opponent only gets holes he/she has actually pegged.
- In the event that points are pegged in excess of the proper count of the hand, the peg must be returned to the proper count before play is resumed.
- No ruling on pegging the wrong way. Each player must agree on correcting any mistakes made. Watch your pegging!
- The Jack, when cut, counts as two points at any time, except when cutting for deal. A player may go out on the Jack cut and the pegging stops immediately.
- Any individual player wishing to make a protest, will be required to do so before the next hand is dealt.
- Score sheets must be cross-checked and initialed by the opposing players at each table after each game is played. Scores can be turned in at the end of the session.
- No kibitzing or giving advice while standing or watching a player who is playing an authorized game.
- Medals will be given for total points.

Cribbage

50+

11808

Event: Chicago Style (501/301/Cricket)
Corker's Choice

Date: Friday, Jan 31 - Singles
Saturday, Feb 1 - Doubles

Site: Lucky Strike Bowl
4015 E. Speedway Blvd.

Schedule: 10 a.m. Start Time

Check-In: 30 minutes before start time

Fees: \$8 singles
\$16 doubles

Event Coordinators: Ashley Monka
(520) 791-5787
ashley.monka@tucsonaz.gov

Entry Regulations:

1. Men and women compete separately.
2. Doubles event must use doubles entry form.
3. Competition will be in five year increments beginning with 50-54 (including 80+).

Format:

- Walk-up registration allowed.
- Chicago Style (501/301/Cricket) and Corker's Choice

Sports Rules:

American Dart Organization (ADO) rules apply

- Good sportsmanship will be the prevailing attitude throughout the tournament.
- Each player is entitled to (six) practice darts at the assigned matchboard prior to the match.
- Opposing players must stand at least two feet behind the player at the line.
- Matches will begin with a coin flip to determine who has the option to throw first and second at the inner bull. The player throwing closest to the inner bull will throw the first leg. All determinations of the bull will be made by the chalker.
- The chalker if asked may inform the thrower what they scored and/or what they have left. Chalker may not inform the thrower what he has left in terms of number combinations. It is permissible for a partner, teammate, or spectator to advise the thrower during the course of the match.
- Errors in arithmetic stand as written, unless corrected prior to the beginning of that player's next turn.



Darts - Singles				Darts - Doubles			
Men		Women		Men		Women	
50+	11811	50+	11812	50+	11809	50+	11810

Event: Euchre
Date: Tuesday, Jan 28
Site: Trails West
 8401 S. Kolb Rd.
Schedule: 9 a.m. Start Time
Check-In: 30 minutes before start time
Fees: \$8 event
Event Coordinator: Jean Rafalski
 (520) 241-8112

Entry Regulations:

1. Men and women compete together.
2. All ages compete together.

Format:

- Walk-up registration allowed.
- Singles competition is played with a four-handed partnership game.

Sports Rules:

Strategy of Euchre

- The fairly probable tricks in the hand usually justify “taking action”. It is correct to expect a partner to furnish one trick. Any three trumps are a “take” and A or K is a fair try. At 0-0 score, however, neither opponent or dealer should accept the turn-up without three very probable tricks, for his/her side will have first chance to make it if the turn-up is rejected. For the same reason, dealer should take it up if he/she can, even at some risk.
- Advanced scores often compel special tactics. With the score 4-2 or 4-1, the side “at the bridge” (having 4 points) will often accept the turn-up regardless of the cards. The idea is to be the maker; opponents can then score at most 2 points for euchre. But if an opponent becomes the make, he/she might play alone, make march, and thus win the game.
- If the opening leader has two or more trumps, he/she should usually lead one. Otherwise he/she should usually open plain suit in which he/she has no high card, rather than one in which he/she has. In following to a lead, try to win the trick (or let your partner win) at all costs. Holding up a high card for a possible later trick in a suit once led is a losing policy.

Euchre	
50+	11813



Event: Golf
Date: Friday, Jan 17
Site: Dell Urich (Randolph South)
 600 S. Alvernon Way
Schedule: 10:30am Start Time
Check-In: 30 minutes before start time
Fees: \$40 person
 (first 80 registered only, riding
 carts available for an additional
 \$12 at site)
Event Coordinator: Kimiro DeBose
 (520) 837-8151
 kimiro.debose@tucsonaz.gov

Entry Regulations:

1. Men and women compete separately.
2. Competition will be in five year increments beginning with 50-54 (including 80+).

Format:

- 18 holes, low gross stroke play.

Sports Rules:

U.S. Golf Association (USGA) and local course winter rules (in own fairway only) apply.

- Scoring captain in each foursome will assess rules and penalties.
- Slow players and/or players three strokes over par before reaching the Green-In-Play “must pick up their ball” and score double-par for that hole.
- Tee areas:
 Women --- Red Tee Area
 Men (50-64) --- White Tee Area
 Men (65+)--- Gold Tee Area
- Age flights will play together.
- No preferred tee times.
- Tee times will be posted for each gender division and age flight at the golf course of play and the Senior Olympic Festival Office.

*** Tee times will be available 2-days before event.
 Please call event coordinator or
 the Senior Olympic Festival office.**



Arizona Senior Olympic & National Senior Games event.

Golf			
Men		Women	
50-54	11814	50-54	11821
55-59	11815	55-59	11822
60-64	11816	60-64	11823
65-69	11817	65-69	11824
70-74	11818	70-74	11825
75-79	11819	75-79	11826
80+	11820	80+	11827

Event: Handball
Date: Friday, Jan 17 - Singles
 Saturday, Jan 18 - Doubles
Site: Tucson Racquet and Fitness Club
 4001 N. Country Club Rd.
Schedule: 9 a.m. Start Time
Check-In: 30 minutes before start time
Fees: \$8 singles
 \$16 doubles
Event Coordinators: Abraham Montijo
 (520) 791-5155
 abraham.montijo@tucsonaz.gov

Entry Regulations:

1. Men and women could compete together based on low registration numbers.
2. Doubles event must use doubles entry form.
3. Competition will be in five year increments beginning with 50-54 (including 80+).

Format:

- Single Elimination Tournament
- Matches are best 2 of 3 to 21 points. Win by one.
- Tiebreaker is played to 11 points. Win by one.

Sports Rules:

- US Handball Association (USHA) Rules apply.
- Protective eyewear must be worn at all times.
- Official Ball: 21 Ball

Arizona Senior Olympic and National Senior Games event.



Singles			
Men		Women	
50-54	12487	50-54	12494
55-59	12488	55-59	12495
60-64	12489	60-64	12496
65-69	12490	65-69	12497
70-74	12491	70-74	12498
75-79	12492	75-79	12499
80+	12493	80+	12500

Doubles			
Men		Women	
50-54	12473	50-54	12480
55-59	12474	55-59	12481
60-64	12475	60-64	12482
65-69	12476	65-69	12483
70-74	12477	70-74	12484
75-79	12478	75-79	12485
80+	12479	80+	12486

Event: Horseshoes - Clay Pits
Date: Saturday, Jan 18
Site: Reid Park/Horseshoe Pit Country Club @22nd St. (across from McDonalds)
Schedule: 10 a.m. Start Time
Check-In: 30 minutes before start time
Fees: \$8 person
Event Coordinator: BJ Benjamine (520) 907-7116

Entry Regulations:

1. Men and women compete separately.
2. Competition will be in five year increments beginning with 50-54.

Format:

- Walk-up registration allowed.
- Tournament is double elimination.
- All games are 21 points.
- “No shows”, or those arriving after the first round is over will forfeit the game. Late arrivals before the first round of play is over, will be worked in, if possible.

Sports Rules:

- Play will be governed by official rules of the National Horseshoe Pitching Association (NHPA).
- Each player has two shoes and uses the same pitcher’s box. Players pitch both sides in turn at the opposite stake an inning. They then walk to that stake, tally the score and pitch back toward the first stake.
- Players flip shoes. The winner decides who pitches first. If there is more than one game, the choice of starting alternates thereafter. Four tosses are allowed as a warm-up.
- All matches to be conducted in accordance with the National Senior Olympic Rules. A 15 minute default time will be enforced. The pitcher must stand on one of the pitching platforms. His/her feet must stay behind the foul line until the shoe has left his/her hand. His/her opponent must be behind the person pitching out of the pitchers site. He/she must not talk, move or in any way distract the pitcher. Such offense incurs a loss of score in that inning. No player may walk to the opposite stake, or be informed of the position of the shoes before an inning is complete. Once thrown, shoes may not be moved or touched until the scores have been decided. Such an offense incurs a loss that inning.
- Cancellation scoring will be in effect. Shoes must be within six inches of the stake to score.
- Women 50-74 pitch from 30 feet, 75+ pitch from 20 feet.
- Men 50-69 pitch from 40 feet, 70+ have their choice of 30 or 40 feet.

Horseshoes			
Men		Women	
50-54	11828	50-54	11835
55-59	11829	55-59	11836
60-64	11830	60-64	11837
65-69	11831	65-69	11838
70-74	11832	70-74	11839
75-79	11833	75-79	11840
80+	11834	80+	11841

Arizona Senior Olympic and National Senior Games event.

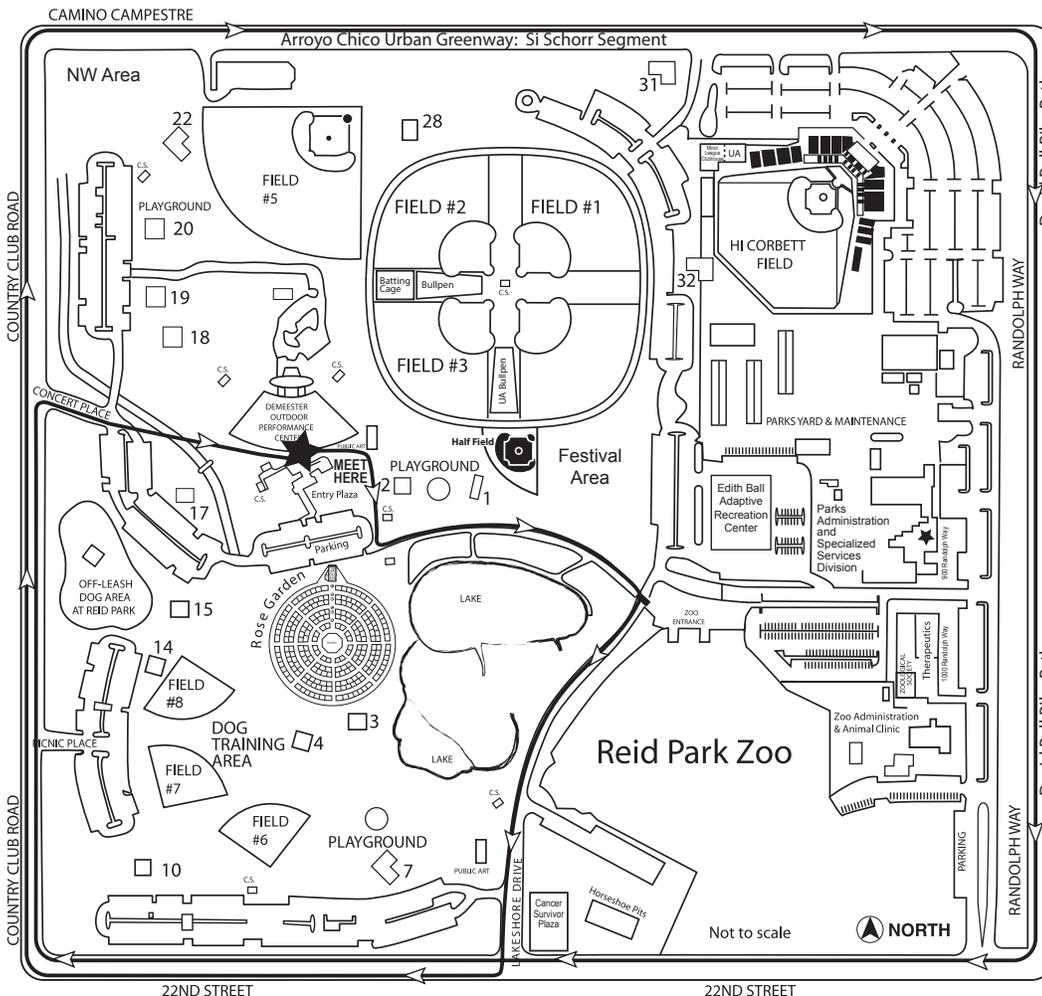
Event: 5K Leisure Walk
Date: Monday, Jan 27
Site: Reid Park (OPC)
Schedule: 8:30 a.m.
Check-In: 30 minutes before start time
Fees: \$8 person
Event Coordinator: Pauline Nunez
 pauline.nunez@tucsonaz.gov

Leisure Walk - 5K	
50+	11843

- Walk-up registration allowed.

Entry Regulations:

1. Men and women compete together.
2. All ages compete together.
3. You must register using the Individual Entry Form.



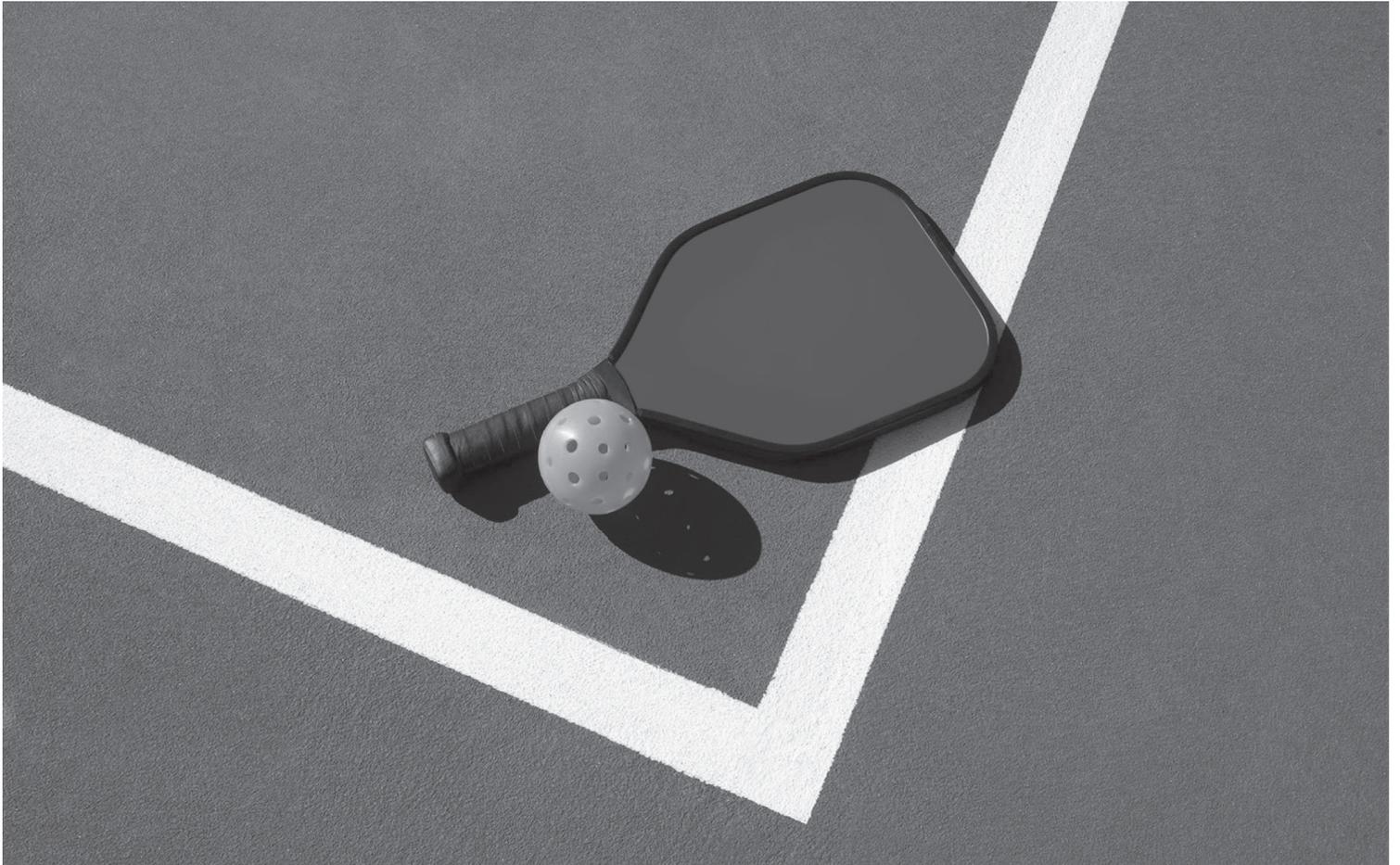
GENE C. REID PARK

(22nd and Country Club Rd.)

- Meet at the flag poles in front of the stairs south of the DeMeester OPC.
- Walk along the sidewalk north of the lake, east to Lakeshore Dr., south towards 22nd St.
- Turn right walking west to Country Club Rd., north to Camino Campestre.
- Cross over to the David Bell Bike Path.
- South to 22nd St., right at 22nd, right onto Country Club Rd. and right onto Concert Place.
- Returning to starting point.

1 lap = 5K

2 laps = 10K



We're kind of a big dill

Kino Sports Complex, the largest sporting and entertainment venue in Southern Arizona, has expanded to serve the pickleball community. Come play on our 20 professional, competition-style lighted courts and see what else we've added.

South Complex Pickleball Amenities

- 20 competition-style lighted courts
- Spectator seating area
- Main gate entry with ticket office
- Grand promenade picnic area
- Restroom and locker facilities
- Concessions stand and parking for food trucks
- Conference meeting room



Interesting in booking an event?

Contact us at info@KinoSportsComplex.com

For more venue details and other amenities, visit us at kinosportscomplex.com

Events:	Men's & Women's Doubles (50+ & 70+ multi-skill level) Mixed (Coed) Doubles (50+ & 70+ multi-skill level)	
Dates:	Wednesday, Jan 29	Men's Dbls 70+ Women's Dbls 70+
	Thursday, Jan 30	Women's Dbls 50+ Mixed Dbls 70+
	Friday, Jan 31	Mixed 50+
	Saturday, Feb 1	Men's 50+
Site:	Kino Sports Complex 2343 E. Tournament Way	
Schedule:	9 a.m.-6 p.m.	
Check-In:	30 minutes before start time	
Fees:	\$20 person/event (USAPA Membership required)	
Event Info:	Senior Olympic Office - seniorolympics@tucsonaz.gov	
Event Coordinator:	Priscilla Scott - pscottpbball@gmail.com	

Entry Regulations:

All registrations must be done online at address below. Each doubles partner must register, sign the waiver and pay their fees individually.

- This is a USAPA sanctioned tournament. Current USAPA membership required to register.
- Teams must play in the skill level of the highest rated partner in doubles.
- Both partners must be 70+ to play in 70+ doubles events.
- Participants may compete in only one event per day and one skill bracket per event.
- Entries limited to 16 teams or less per skill level.
- The date of the LATTER player to register and pay online will determine the team's registration date and place them on the team list or waiting list.
- All fees and waivers must be submitted prior to the start of the tournament.
- Participants must supply their own paddle.

Format:

- All events will be skill level events (3.0, 3.5, 4.0, 4.5 or 5.0)
- Competition ball is to be determined.
- Double-elimination tournament format
- Tournament director reserves the right to close entries when court capacity for the day has been reached, combine events and change format based on enrollment.

Sports Rules:

The International Federation of Pickleball (IFP) Official Tournament Rules apply, available at www.usapa.org.

This is NOT a qualifying event for National Senior Games.

USAPA Membership required to register for this tournament.

USAPA	1 YEAR	3 YEARS	5 YEARS	LIFETIME
1 PRICE - ALL AGES	\$20	\$54	\$90	\$500

www.usapa.org/usapa-membership

Registration begins Monday, December 10, 2019

All Pickleball registrations and payments must be done online at:

www.pickleballtournaments.com



Events: Squat
Bench Press
Dead Lift

Date: Friday, Jan 24

Site: Desert Sports & Fitness
2480 N. Pantano Rd.

Schedule: 9:30 a.m. Start Time

Check-In: 30 minutes before start time

Fees: \$8 event

Event Coordinator: Kelly Shupe
(520) 722-6300
kelly.s@desertsportsandfitness.com

Entry Regulations:

1. Men and women compete separately.
2. Competition will be in five year increments beginning with 50-54.

Sporting Rules:

U.S. Powerlifting Federation (USPF) will apply.

- Walk-up registration allowed.
- The Wilks formula, a formula based upon body weight and lift poundage, is used to calculate scores for each event.
- Winners will be determined by total accumulated score for all three events.
- Weightlifting and training are required.
- Participants should bring their own belt.
- Capable spotters will be available if needed.

Arizona Senior Olympic Games Event.



Powerlifting			
Men		Women	
50-54	11850	50-54	11857
55-59	11851	55-59	11858
60-64	11852	60-64	11859
65-69	11853	65-69	11860
70-74	11854	70-74	11861
75-79	11855	75-79	11862
80+	11856	80+	11863

Individual/Doubles Entry Form

2020 Senior Olympic Festival—Jan 6 – Feb 1, 2020

Please type or print legibly (front and back side)

First Name	Middle	Last Name	Birthdate	Age (as of 12/31/20)	Gender
Address		City	State	Zipcode	
Phone		Alt. Phone	Email		
Emergency Contact		Phone	Relation		

Doubles ONLY: Please enter your partner's information below

First Name	Middle	Last Name	Birthdate	Age (as of 12/31/20)	Gender
------------	--------	-----------	-----------	----------------------	--------

Individual/Doubles Event Registration Information

	Event Name	Course Code #	Cost

_____ **Cash Payment**

_____ **Payment by check: Please make checks payable to: "City of Tucson"**

Send Registration and payment to: **920 S. Randolph Way, Tucson, AZ 85716**

**Shirts are no longer included in the registration fee, please indicate the quantity and size you would like to order
(include partner if necessary)**

Extra Fee:	Qty.		
Pins	___ x \$2	Total Cost for Activities	\$ _____
Small T-Shirt	___ x \$5	Total Cost for Extras	\$ _____
Medium T-Shirt	___ x \$5	Donation to SOF	\$ _____
Large T-Shirt	___ x \$5		
X-Large T-Shirt	___ x \$5		
XX-Large T-Shirt	___ x \$5		
XXX-Large T-Shirt	___ x \$5	*Total Payment	\$ _____

Agreement, Release and Waiver of Liability

This Agreement, Release and Assumption of Risk is hereby, freely, voluntarily and without duress executes this release under the following Release and Waiver:

I, the undersigned, hereby agree to indemnify, save and hold harmless the City of Tucson, the Pima County Natural Resources and Parks and Recreation Department, Senior Olympic Festival Committee, or any of their sponsors, agents, or representatives of my health, safety, or any injury related to, or arising from any participation in the Senior Olympics Festival.

I understand, with more than 100 events in over 35 sports/activities being conducted in one month, that some scheduling conflicts and long competition days are unavoidable. I have prepared myself for the events which I have entered by practicing prior to the Festival. To the best of my knowledge and belief, I have no physical and/or medical restrictions which would prohibit my participation in the events I have selected.

I understand that the Released Parties do not assume responsibility or obligation to provide financial assistance or any other assistance in the ASSUMPTION OF RISK

The City of Tucson Parks and Recreation Department has my permission to administer first aid and/or CPR if the Parks and Recreation staff on site deem such treatment necessary. I understand that not every event has a City of Tucson Parks and Recreation staff or First Aid/CPR trained event coordinator present. I understand that in any case of emergency, 911 will be called to administer professional treatment.

I hereby grant the City of Tucson Parks and Recreation Department permission to record my likeness and/or voice for use by the television, films, radio, or printed media to further the aims of the City of Tucson Parks and Recreation program in related campaigns and magazine articles, booklets, posters and in any other ways it may deem appropriate.

Print Name: _____

Signature: _____ Date: _____

Team Entry Form
2020 Senior Olympic Festival—Jan 6 – Feb 1, 2020

Please type or print legibly (front and back side)

Captain's Name	Middle	Last Name	Birthdate	Age (as of 12/31/20)	Gender
Address	City		State	Zipcode	
Alternate (If Different)					
Phone	Alt. Phone (If Different)		Email		
Emergency Contact	Phone	Relation			

Individual Event Registration Information (Basketball 3-on-3, Bocce, Slowpitch Softball and Volleyball only)

Individual Event Registration Information			
Event Name :	Course Code:	Team Name:	
Team Roster			
Name	Phone Number	Shirt Size	Date of Birth
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			

___ **Cash Payment**

___ **Payment by check: Please make checks payable to: "City of Tucson"**

Send Registration and payment to: **920 S. Randolph Way, Tucson, AZ 85716**

**Shirts are no longer included in the registration fee, please indicate the quantity and size you would like to order
 (include team sizes if necessary)**

Extra Fee:	Qty.		
Pins	___ x \$2	Total Cost for Activities	\$ _____
Small T-Shirt	___ x \$5	Total Cost for Extras	\$ _____
Medium T-Shirt	___ x \$5	Donation to SOF	\$ _____
Large T-Shirt	___ x \$5		
X-Large T-Shirt	___ x \$5		
XX-Large T-Shirt	___ x \$5	*Total Payment	\$ _____

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Print Name: _____

Signature: _____ Date: _____

Team Roster Continued			
Name	Phone Number	Shirt Size	Date of Birth
10.			
11.			
12.			
13.			
14.			
15.			

Event: Racquetball
Date: Friday, Jan 24
Site: Tucson Racquet and Fitness Club
 4001 N. Country Club Rd.
Schedule: 9 a.m. Start Time
Check-In: 30 minutes before competition
Fees: \$16 person
Event Coordinator: Shylah McNellis
 (520) 791-4865
 shylah.mcnellis@tucsonaz.gov

Entry Regulations:

1. Men and women compete separately.
2. Competition will be in five year increments beginning with 50-54.
3. Protective eye wear must be worn.
4. Participants must provide own racquets.

Format:

- Walk-up registration allowed.
- Singles flights only.
- Double-Elimination.
- Matches are two games to 15 points: tiebreaker 11 points. Win by one point.
- Participants will be called with playing times.

Sports Rules:

- U.S. Racquetball Association (USRA) rules apply.

Arizona Senior Olympic and National Senior Games event.



Racquetball			
Men		Women	
50-54	11864	50-54	11871
55-59	11865	55-59	11872
60-64	11866	60-64	11873
65-69	11867	65-69	11874
70-74	11868	70-74	11875
75-79	11869	75-79	11876
80+	11870	80+	11877

Events: 5K - Run
10K - Run

Date: Saturday, Jan 11

Site: David Bell Path/Reid Park
Country Club @ Camino Campreste

Schedule: 10 a.m. start time

Check-In: 30 minutes before start time
Meet at Ramada #31 by Hi Corbett

Fees: \$8 event

Event Coordinator: Joe Stubbins
(520) 837-8153
joseph.stubbins@tucsonaz.gov

Entry Regulations:

1. Men and women compete separately.
2. Competition will be in five year increments beginning with 50-54.



Format:

- Walk-up registration allowed.
- Competition will be 5K and 10K distance events.
- Participants may enter both events.
- Races are run concurrently.
- For those participants entering both races, the time achieved for running the first half of the 10K race will be used as their 5K race time.
- Race Walkers welcomed.

Sports Rules:

USA Track & Field rules apply.

Arizona Senior Olympic and National Senior Games events.

5K			
Men		Women	
50-54	11892	50-54	11899
55-59	11893	55-59	11900
60-64	11894	60-64	11901
65-69	11895	65-69	11902
70-74	11896	70-74	11903
75-79	11897	75-79	11904
80+	11898	80+	11905

10K			
Men		Women	
50-54	11878	50-54	11885
55-59	11879	55-59	11886
60-64	11880	60-64	11887
65-69	11881	65-69	11888
70-74	11882	70-74	11889
75-79	11883	75-79	11890
80+	11884	80+	11891

Events: Air Pistol and Air Rifle
Date: Jan 6 - 22
Site: Diamondback Shooting Sports
 7030 E. Broadway Blvd.
Schedule: Call to schedule match appointment
Check-In: 30 minutes before start time
Fees: \$10 event
Event Coordinator: Michael Shoop
 (520) 971-9312
 azhp2088r@aol.com

Entry Regulations:

1. Men and women compete separately.
2. Competition will be in five year increments beginning with 50-54.
3. All participants must provide own ammunition & firearms.

Format:

- Walk-up registration allowed.
- Protective eye ear must be worn.
- Posted range and safety rules will apply.

Sports Rules:

- Air Guns.
- Ammo - Only lead wad cutters of .177 (4.5mm) caliber.
- Velocity - Muzzle velocity maximum is 650 feet per second.
- Sights - Metallic, telescopic and electronic sights are permitted. No lasers.
- Targets - ISSF approved. Air Pistol (single bulls eye) five shots per target.
 Air Rifle (bulls eye) two shots per bulls eye.
- Range - Olympic 10 meter air gun range.
 Pistol shooters may use one or two hands.
- 10 minute sighting period prior to first record shot.
- Course of fire 40 record shots.
- 2 hour blocks of time include the sighting shots.
- Exceptions will be allowed for disabled and handicapped.
- Four lanes only.

Air Pistol			
Men		Women	
50-54	11906	50-54	11913
55-59	11907	55-59	11914
60-64	11908	60-64	11915
65-69	11909	65-69	11916
70-74	11910	70-74	11917
75-79	11911	75-79	11918
80+	11912	80+	11919

Air Rifle			
Men		Women	
50-54	11920	50-54	11927
55-59	11921	55-59	11928
60-64	11922	60-64	11929
65-69	11923	65-69	11930
70-74	11924	70-74	11931
75-79	11925	75-79	11932
80+	11926	80+	11933

Date: Friday, Jan 24
Site: Pima Co. Southeast Regional Park
 11296 S. Harrison Rd.
Schedule: 8 a.m. match start time
Check-In: 30 minutes before start time
Fees: \$20 event
Event Coordinator: Jeffery Schneider
 (520) 419-4130
 bronte1@mindspring.com

Entry Regulations:

1. Men and women compete separately.
2. Competition will be in five year increments beginning with 50-54.
3. All participants must provide own ammunition & firearms.

Format:

- Protective ear and eyewear must be worn.
- All range and safety rules as published and/or posted by Pima County Southeast Regional Park will apply. There will be no exceptions.
- Olympic medals will be awarded based upon age groups and gender
- There will be no separate awards for NRA Classification.
- Two relays. First relay starts with 50-69 age groups, second relay 70+, each relay will have a maximum of 12 shooters, 24 for the match.
- Range capacity 24 shooters.
- Relay one will fire complete course of fire and then relay two will shoot.
- Advanced entries are suggested, but walk up entries will be allowed.
- Lunch will be served after the match is completed.
- Awards will be given after lunch.

Sports Rules:

National Rifle Association (NRA) rules apply.

- **Service Rifle only.** Scoped rifles approved—max 4.5x
- All shooting done at **100 yards** using reduced targets. SR 1 targets

Course of Fire:

1. 5 sighter shots prone slow fire followed by 10 slow fire prone in 15 minutes.
2. Rapid fire prone: 10 shots fired in 80 seconds. 1 reload required based on CMP rules.
3. Rapid fire sitting: 10 shots fired in 70 seconds. 1 reload required based on CMP rules.
4. Standing slow fire: 10 minutes to fire 10 rounds.
5. Target: NRA standard 100-yard High Power Rifle.
6. Total rounds fired 40. Total possible points = 400

High Powered Rifle

Coed	50+	11935
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Events: Rim Fire Pistol / Center Fire Pistol
Dates: Saturday, Jan 25
Site: Pima Co. Southeast Regional Park
 11296 S. Harrison Rd.
Schedule: (RF Pistol) 8 a.m. Start Time
 (CF Pistol) Approx 10 a.m.
Check-In: 30 minutes before start time
Fees: \$20 event
Event Coordinator: Jeffery Schneider
 (520) 419-4130
 bronte1@mindspring.com

Entry Regulations:

1. Men and women compete separately.
2. Competition will be in five year increments beginning with 50-54. Relays assigned according to age group.
3. All participants must supply own ammunition and firearms.

Format:

- **EVENT CHANGES FROM LAST YEAR (2019)**
- Protective ear and eyewear must be worn.
- All range and safety rules as published and/or posted by Pima County Southeast Regional Park will apply. There are no exceptions.
- Limited to 50 shooters per event.

Sports Rules:

Pistol (Center and Rim Fire)

- Ammo - Rim Fire .22 rim fire
- Ammo - Center Fire . Only standard caliber handguns (380, 9mm, 38 spl. .40 cal and .45 cal).
- Sights - metallic, telescopic and electronic sights are permitted with the exception of Laser sights.
- Targets – 25 yd B - 16 (timed/rapid), 10 record shots per target
- All pistol competition will be shot at 25 yards using one hand or two.
- 10-minute sighting period prior to first record target
- 5-minute practice time prior to record shots
- Course of fire, 20 record shots per event
- Slow fire time of one minute per round. Targets changed after 20 minutes for 20 record rounds.
- Second relay to added if needed
- Exceptions will be allowed for disabled and handicapped.
- You may collect your own brass. Brass left on the range is the property of the Pima County Southeast Regional Park
- Lunch will be served after the center fire match. Awards to be given at lunch

Arizona Senior Olympic Games event.

Center Fire Pistol		
Coed	50+	11934

Rim Fire Pistol		
Coed	50+	11936

Events: Smallbore Prone Rifle
Dates: Sunday, Jan 26
Site: Pima Co. Southeast Regional Park
 11296 S. Harrison Rd.
Schedule: 9 a.m. Start Time
Check-In: 30 minutes before start time
Fees: \$20 event
Event Coordinator: Jeffery Schneider
 (520) 419-4130
 bronte1@mindspring.com

Entry Regulations:

1. Men and women compete separately.
2. Competition will be in five year increments beginning with 50-54. Relays assigned according to age group.
3. All participants must supply own ammunition and firearms.

Format

- Protective ear and eyewear must be worn.
- All range and safety rules as published and/or posted by the Pima County Southeast Regional Park will apply. There are no exceptions.
- Range capacity 25 shooters.

Sports Rules:

Smallbore Rifle Prone

- National Rifle Association (NRA) rules apply
- Any sights (scope or iron sights)
- Rifle .22LR caliber rifle capable of single loading
- Ammo. .22 long rifle caliber only.
- 50 yards / N.R.A. A51 target
- 60 shots for record / shot in three stages (20 shots per target)
- Total time 20 minutes for all sighter and record rounds per stage.
- Lunch will be served after match. Awards to be presented at lunch.

Smallbore Prone Rifle		
Coed	50+	11937

Arizona Senior Olympic Games event.



Events: Rimfire Sporter Rifle Match
Dates: Sunday, Jan 26
Site: Pima Co. Southeast Regional Park
 11296 S. Harrison Rd
Schedule: 11 a.m. Start Time
Check-In: 30 minutes before start time
Fees: \$20 event
Event Coordinator: Jeffery Schneider
 (520) 419-4130
 bronte1@mindspring.com

Entry Regulations:

3 Rifle Categories

1. O-Class rifle: Open sights like U, V, or square notch rear sights. Front sight is an exposed beard or post sight.
2. T-Class rifle: An aperture rear sight, telescopic sight no more than 6-power, or any type of electronic sight.
3. Tactical rifle: AR-15 type rifles. Either iron, telescopic, or electronic sights.

Range Rules:

- Protective ear and eyewear must be worn.
- All range and safety rules as published and/or posted by the Pima County Southeast Regional Park will apply. There are no exceptions.
- Range capacity 25 shooters.

Sports Rules:

CMP Rimfire Sporter Rules

- Overall weight may not exceed 7.5lbs with sights
- Sling swivel fixed in one location on front and rear
- No thumbhole stocks, adjustable butt plates or cheek pieces and moveable sling swivels.
- Three pound trigger

Ammunition: .22 cal long rifle ammo only. No rimfire magnum ammo

Course of Fire

A. 10 shots for record in 10 minutes

B. Two series of five shots rapid fire. Semi autos 25 sec and 30 sec for manual rifles. No alibis.

Prone Stage:

- Shooter must start with rifle butt not in shoulder

Sitting or Kneeling Stage:

- Shooter must start with rifle butt not in shoulder

Standing Stage:

- Shooter must start with rifle butt at the hip

Targets: 50/25 yards NLU049

Awards based on CMP

system, not according to age groups or gender.

Rimfire Sporter Rifle	
Coed	
O-Class	11938
T-Class	11939
Tactical	11940

Awards	T-Class	O-Class	Tactical
Gold	577 +	565 +	575 +
Silver	565-576	550-564	563-574
Bronze	546-564	525-549	542-562

SHOOTING - TRAP AND SKEET

Events: 16-Yard Trap Shoot
21-Yard Trap Shoot
12 or 20 Gauge Skeet
28 or .410 Gauge Skeet

Date: Saturday, Jan 11

Site: Southeast Clay Target Center
11295 S. Harrison Rd.

Schedule: 8 a.m. Start Time

Check-In: 30 minutes before start time

Fees: \$22 event

Event Coordinator: Kerry Baldwin
wildvision@aol.com

Entry Regulations:

1. Men and women compete separately.
2. Competition will be in five year increments beginning with 50-54

12 or 20 Gauge Skeet

Men		Women	
50-54	11941	50-54	11948
55-59	11942	55-59	11949
60-64	11943	60-64	11950
65-69	11944	65-69	11951
70-74	11945	70-74	11952
75-79	11946	75-79	11953
80+	11947	80+	11954

Format:

- Protective ear and eye wear must be worn.
- Shotguns and shells provided by participant.

Range / Sports Rules:

- All range and safety rules as published and/or posted at the Pima County Southeast Regional Park, Clay Target Center will apply. There are no exceptions.
- American Trap Association (ATA) rules apply.
- National Skeet Shooting Association (NSSA) rules apply.
- Settling ties - length of run counting backwards from the last bird shot settles ties.
- Shotguns - must be unloaded with the action open at all times when not on shooting station. After shooting, the gun must be unloaded and the action open before stepping off the station. No exceptions will be tolerated.
- Should a misfire or a gun malfunction occur, keep the gun pointed down range. Do not open the action. Call for the field referee to assist in clearing the action. Failure to adhere to this policy will result in a lost target.
- Hulls that hit the ground should not be picked up during the shooting events. This rule is for your own safety. Hulls must be picked up after the shooting events.

Shells required:

- Trap - 50 shells required; 12 gauge or smaller allowed; 1-1/8 oz. maximum load allowed; and no shot size larger than #7-1/2 will be allowed.
- Skeet - 50 shells required; **12 gauge:** 1-1/8 oz max, #9, #8, #7-1/2 shot size; **20 gauge:** 7/8 oz max, #9, #8, #7-1/2 shot size, **28 gauge:** 3/4 oz max, #9, #8, #7-1/2 shot size; **.410 gauge:** 1/2 oz max, #9, #8, #7-1/2 shot size.
- Trap & Skeet - Each event will consist of 2 rounds of 25 targets, 50 total.
- Medals - Three highest scores per event, by age group will determine medal winners.
- Lunch served and medals awarded at completion of shooting.

Arizona Senior Olympic Games Event.

16-Yard Trap				21-Yard Trap				28 or .410 Gauge Skeet			
Men		Women		Men		Women		Men		Women	
50-54	11955	50-54	11962	50-54	11969	50-54	11976	50-54	11983	50-54	11990
55-59	11956	55-59	11963	55-59	11970	55-59	11977	55-59	11984	55-59	11991
60-64	11957	60-64	11964	60-64	11971	60-64	11978	60-64	11985	60-64	11992
65-69	11958	65-69	11965	65-69	11972	65-69	11979	65-69	11986	65-69	11993
70-74	11959	70-74	11966	70-74	11973	70-74	11980	70-74	11987	70-74	11994
75-79	11960	75-79	11967	75-79	11974	75-79	11981	75-79	11988	75-79	11995
80+	11961	80+	11968	80+	11975	80+	11982	80+	11989	80+	11996

Events: Shuffleboard - Singles/Doubles
Dates: Monday, Jan 20– Men’s Singles
 Tuesday, Jan 21– Women’s Singles
 Thursday, Jan 23 – Coed Doubles

Site: Rincon West - Men’s & Women’s
 Voyager - Coed

Schedule: 9 a.m. Start Time

Check-In: 30 minutes before start time

Fees: \$8 singles
 \$16 doubles

Event Coordinator: Peter Palko
 (520) 574-5430
 pcpalko@gmail.com

Entry Regulations:

1. Men and women compete separately.
2. All ages compete together.
3. Teams must use Doubles Entry Form.



Shuffleboard

Doubles - Coed	50+	11997
Singles - Men	50+	11998
Singles - Women	50+	11999

Format:

- Singles are competed.
- Gender indifferent doubles compete.

Sports Rules:

- Arizona Shuffleboard Association (ASA) rules apply, with modifications as noted below:
- Singles – there will be individual play with consolation. The first and second place finishers in the championship round will receive first and second place medals. First place in consolation round will receive the third place medal.
- Partner scores are added together for each frame and totaled. First and second place finishers in the Championship bracket win first and second place medals. First place in the consolation bracket receive the third place medal.
- Medals are given out to 1st, 2nd and 3rd place in each of the groups by Event Coordinator. No age determination is required. Two 1st, 2nd and 3rd place medals are given in each group of the doubles competition.
- Players in both singles and doubles will play eight frames total, four on one side of the board and four on the other. Players will keep the same color of discs they began with by moving their discs to the opposite side.
- Play will be continuous. No breaks, if you need a break let someone know.
- There will be no penalties. Players must not interfere with scorekeeper.
- If possible referees will be placed on each board. If not a knowledgeable player on either side of the board will referee and call the score to the scorekeeper. A player may appeal the referee’s call on a close disc. The head referee will look at the disc and his/her decision will be final.
- There will be lagging at the beginning of each game to determine who plays which color.

Arizona Senior Olympic and National Senior Games event.

Events: Slowpitch Softball
Men 50+ & 60+
Women 50+ & 60+

Dates: Saturday, Jan 11
Sunday, Jan 12

Site: Lincoln Park Softball Complex
(Fields 1-4) 4325 S. Pantano Rd.
(Fields 5-8) 8118 E. Escalante Rd.

Schedule: 8 a.m. Start Time

Check-In: 30 minutes before start time

Fees: \$250 team

Event Coordinator: Aaron Sanchez
(520) 837-8103
aaron.sanchez@tucsonaz.gov



Entry Regulations:

1. Men and women compete separately.
2. Age divisions 50+ & 60+
3. May only be rostered on one team.
4. 15 player roster
5. Must use team registration form.

Slowpitch Softball

Men		Women	
50+	12000	50+	12002
60+	12001	60+	12003

Sports Rules:

Modified USA Softball Official Rules of Softball

Format & Rules:

- Two day tournament.
- 3 game round robin + single elimination (4 games guaranteed).
- Game balls provided.
- 7-innings per game or 60-minute time limit.
- International tie-breaker rule in effect until game as a winner.
- 5-run rule per inning.
- Middle is closed (balls hit towards the pitcher are automatic outs).
- Safety bases at first base and home plate.
- Unsportsmanlike behavior will not be tolerated.

Events: *(Order of Events)*
200 Individual Medley
50 Freestyle
100 Backstroke
50 Breaststroke
100 Freestyle
50 Backstroke
100 Breaststroke
50 Butterfly
100 Individual Medley
400 Freestyle

Date: Thursday, Jan 30

Site: Sunnyside Swimming Pool
1700 E. Bilby Rd.

Schedule: 10 a.m. Start Time

Check-In: 30 minutes before event

Fee: \$8 event

Event Coordinator: Maria Novak
maria.novak@tucsonaz.gov

Entry Regulations:

1. Men and women compete separately.
2. Competition will be in five year increments beginning with 50-54



Format:

- The order of events is subject to change due to event participation.
- All events are timed finals.

Sports Rules:

U.S. Masters Swimming (USMS) rules will govern swimming events.

- Any swimmer who uses any improper methods in order to gain an advantage over his/her competition will be disqualified from the event.
- Starts – the forward start may be taken from the starting blocks, the pool deck or a push from the wall. The backstroke start is taken from the wall. Each competitor will be allowed one false start. A second false start will result in disqualification.
- Turns – the breaststroke and butterfly must be done with both hands touching simultaneously. The backstroke requires some part of the swimmer to touch the wall at each turn while the freestyle requires some part of the body to touch the wall.
- Butterfly – the appropriate stroke must be attempted. The whip kick or dolphin kick may be used exclusively or interchangeably while doing the butterfly stroke at any time during the race.
- Breaststroke – appropriate stroke must be attempted.
- Freestyle – any stroke may be swum.
- Backstroke – appropriate stroke must be attempted. Stay on back except one stroke to wall for turns.
- Medley – the order of strokes in the individual medley is butterfly, backstroke, breaststroke and some stroke. Rules of the individual strokes govern turns.

Arizona Senior Olympic and National Senior Games event.

50 Yd Backstroke				50 Yd Breaststroke				50 Yd Butterfly			
Men		Women		Men		Women		Men		Women	
50-54	12088	50-54	12095	50-54	12102	50-54	12109	50-54	12116	50-54	12123
55-59	12089	55-59	12096	55-59	12103	55-59	12110	55-59	12117	55-59	12124
60-64	12090	60-64	12097	60-64	12104	60-64	12111	60-64	12118	60-64	12125
65-69	12091	65-69	12098	65-69	12105	65-69	12112	65-69	12119	65-69	12126
70-74	12092	70-74	12099	70-74	12106	70-74	12113	70-74	12120	70-74	12127
75-79	12093	75-79	12100	75-79	12107	75-79	12114	75-79	12121	75-79	12128
80+	12094	80+	12101	80+	12108	80+	12115	80+	12122	80+	12129

50 Yd Freestyle				100 Yd Freestyle			
Men		Women		Men		Women	
50-54	12130	50-54	12137	50-54	12032	50-54	12039
55-59	12131	55-59	12138	55-59	12033	55-59	12040
60-64	12132	60-64	12139	60-64	12034	60-64	12041
65-69	12133	65-69	12140	65-69	12035	65-69	12042
70-74	12134	70-74	12141	70-74	12036	70-74	12043
75-79	12135	75-79	12142	75-79	12037	75-79	12044
80+	12136	80+	12143	80+	12038	80+	12045

100 Yd Backstroke				100 Yd Breaststroke				100 Yd Individual Medley			
Men		Women		Men		Women		Men		Women	
50-54	12004	50-54	12011	50-54	12018	50-54	12025	50-54	12046	50-54	12053
55-59	12005	55-59	12012	55-59	12019	55-59	12026	55-59	12047	55-59	12054
60-64	12006	60-64	12013	60-64	12020	60-64	12027	60-64	12048	60-64	12055
65-69	12007	65-69	12014	65-69	12021	65-69	12028	65-69	12049	65-69	12056
70-74	12008	70-74	12015	70-74	12022	70-74	12029	70-74	12050	70-74	12057
75-79	12009	75-79	12016	75-79	12023	75-79	12030	75-79	12051	75-79	12058
80+	12010	80+	12017	80+	12024	80+	12031	80+	12052	80+	12059

200 Yd Individual Medley				400 Yd Freestyle			
Men		Women		Men		Women	
50-54	12060	50-54	12067	50-54	12074	50-54	12081
55-59	12061	55-59	12068	55-59	12075	55-59	12082
60-64	12062	60-64	12069	60-64	12076	60-64	12083
65-69	12063	65-69	12070	65-69	12077	65-69	12084
70-74	12064	70-74	12071	70-74	12078	70-74	12085
75-79	12065	75-79	12072	75-79	12079	75-79	12086
80+	12066	80+	12073	80+	12080	80+	12087

Events: Table Tennis - Singles
 Table Tennis - Doubles
 Table Tennis - Mixed

Dates(s): Friday, Jan 24
 Singles/Doubles/Mixed Doubles

Site: Armory Senior Center
 220 S. 5th Ave.

Schedule: Singles-10 a.m. Start Time
 Doubles-1 p.m. Start Time

Check-In: 30 minutes before start time

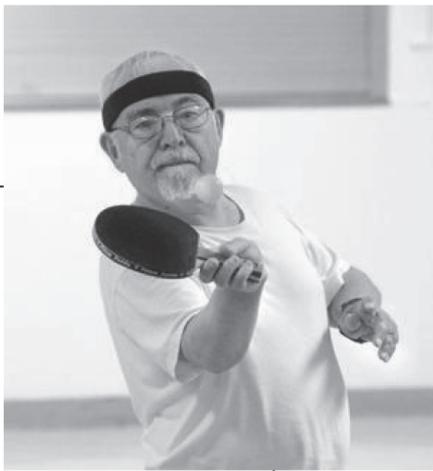
Fee: \$8 singles
 \$16 doubles

Event Coordinator: Jennifer Gonzalez
 (520) 837-8019
 jennifer.gonzalez@tucsonaz.gov

* Facility will open at 9 a.m. for warm-ups.

Entry Regulations:

1. Men and women compete separately.
2. Competition will be in five year increments beginning with 50-54.
3. Doubles teams please use the Doubles Entry Form.
4. Each participant must wear a solid, dark colored shirt.



Format:

- Walk-up registration allowed.
- Singles, doubles and mixed doubles flights are competed.
- Tournament format is dependent upon number of participants.
- Games are 3 out 5 – up to 11 points.
- Ball is spherical, with a diameter of 40mm.
- Weight of ball is 2.7 gm.

Sports Rules:

U.S.A. Table Tennis Association (USTTA) rules apply.

Arizona Senior Olympic and National Senior Games event.

Table Tennis - Singles			
Men		Women	
50-54	12165	50-54	12172
55-59	12166	55-59	12173
60-64	12167	60-64	12174
65-69	12168	65-69	12175
70-74	12169	70-74	12176
75-79	12170	75-79	12177
80+	12171	80+	12178

Table Tennis - Doubles					
Coed		Men		Women	
50-54	12144	50-54	12151	50-54	12158
55-59	12145	55-59	12152	55-59	12159
60-64	12146	60-64	12153	60-64	12160
65-69	12147	65-69	12154	65-69	12161
70-74	12148	70-74	12155	70-74	12162
75-79	12149	75-79	12156	75-79	12163
80+	12150	80+	12157	80+	12164

Events: Tennis - Singles / Doubles / Mixed Doubles

Dates: Tuesday, Jan 21,
Doubles, Mixed Dbls, & Singles
Wednesday, Jan 22,
Doubles & Mixed Dbls
Thursday, Jan 23,
Doubles & Mixed Dbls

Site: Reffkin Tennis Center
50 S. Alvernon Way

Schedule: Each event's schedule is dependent on number of participants. Draws and match times will be posted online at www.reffkintenniscenter.com and at the Reffkin Tennis Center pro shop by Friday, Jan 17

Check-In: 30 minutes before Match Time

Fees: \$8 singles or \$16 doubles

Event Coordinator: Enrique Zarate (520) 791-4896

Entry Regulations:

1. Men and women compete separately (except for mixed doubles)
2. Competition will be grouped by USTA standards of Senior (50-59yrs.) Super Senior (60-69yrs.) & Ultra Senior (70yrs+)
3. Participants must include partners on Doubles Registration Form.

Format:

- Dependent on number of participants who register for the event, the Event Coordinator will adjust or combine age divisions to best accommodate those registered for the event and the playing schedules.
- There will be no age averaging in doubles – doubles teams will compete in the age group of the youngest player.
- Match times will be posted on the internet at www.reffkintenniscenter.com on Friday before competition. A hard copy of the draw will be posted at the Reffkin Tennis Center. However, the Tennis Center is not responsible for phone confirmation of your times. You are responsible for checking your match time and checking in a half hour prior to match start.
- The format of matches will be - 2 out of 3 sets, match tie break in lieu of the third set (first one to 10 points, win by 2 points). In the event of larger draws or time constraints an 8-game pro set will be played instead.
- Draws will include consolation match play – providing at least 2 rounds for all participants.

Sporting Rules: U.S. Tennis Association (USTA) rules apply.

Tennis Doubles					
Coed		Men		Women	
50-54	12179	50-54	12186	50-54	12193
55-59	12180	55-59	12187	55-59	12194
60-64	12181	60-64	12188	60-64	12195
65-69	12182	65-69	12189	65-69	12196
70-74	12183	70-74	12190	70-74	12197
75-79	12184	75-79	12191	75-79	12198
80+	12185	80+	12192	80+	12199

Tennis Singles			
Men		Women	
50-54	12200	50-54	12207
55-59	12201	55-59	12208
60-64	12202	60-64	12209
65-69	12203	65-69	12210
70-74	12204	70-74	12211
75-79	12205	75-79	12212
80+	12206	80+	12213

Events: Texas Hold 'Em
Date: Thursday, Jan 30
Site: Archer Center
 1665 S. La Cholla Blvd
Schedule: 10 a.m. Start Time
Check-In: 30 minutes before start time
Fees: \$8 event
Event Coordinator: Ernie Grijalva
 (520) 791-4353
 ernesto.grijalva@tucsonaz.gov

Entry Regulations

Men and women compete together.

1. All ages compete together.
2. "Regular" – six rounds, four hands per round.
3. You must use Individual Entry Form.

General Information:

- Walk-up registration allowed.
- Blinds will go up every 15 min but may be shortened at the discretion of the Tournament Host.
- No sharing of chips.
- One player per hand. No coaching or advising another player during play.
- All-in hands will be turned up after all betting has ended.
- Misdeals shall be re-dealt.
- If player must leave early, his/her chips will be returned to the tournament host.
- All players should play to win - no side deals or soft play is allowed.
- Tournament host's ruling is final.

Sports Rules:

Robert's Rules of Texas Hold 'Em Poker Volume 11

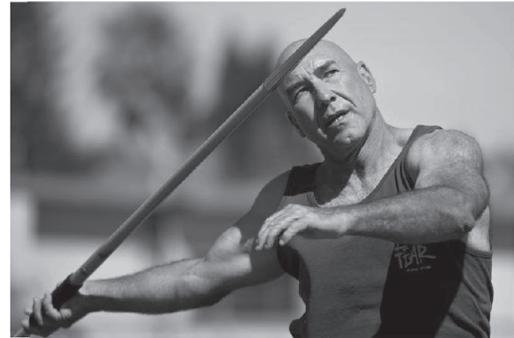
Texas Hold 'Em	
50+	12214



Order of Events:	Discus High Jump Javelin Running Long Jump Standing Long Jump Shot Put
	1500 Meter Run 50 Meter Run 400 Meter Run 400 Meter Race Walk 100 Meter Dash 800 Meter Run 200 Meter Dash 1500 Meter Race Walk
Date:	Saturday, Jan 18
Site:	UofA Drachman Stadium 501 S. Plumer Ave
Schedule:	9 a.m. - Field Events Noon - Running Events
Check-In:	30 min before event start
Fees:	\$8 event
Event Coordinator:	Jaime Barillas (520) 791-4560

Entry Regulations

1. Men and women compete separately.
2. Competition will be in five year increments beginning with 50-54.



Format:

- Walk-up registration allowed.
- Order of events will be dependent on the number of participants.

Sports Rules:

USA Track & Field (USATF) rules will apply with the modifications listed below.

- A competitor's second false start in a running event will result in disqualification of the competitor from that event.
- Running events will have priority over field events. Should you be competing in a track event and a field event at the same time, please check into your field event and then proceed quickly to the running event that has been called.
- Tennis shoes and $\frac{1}{4}$ " spikes will be allowed. All shoes will be checked. No bare feet or hard sole shoes allowed or you will be disqualified.
- Any competitor who is disqualified for unsportsmanlike conduct is ineligible for further participation in the meet and forfeits any award.
- Each competitor is solely responsible for promptly reporting for each event entered and at the place designated for any field event. Field event participants must report in to the appropriate field event judge prior to competing in a time-conflicting running event.
- All competitors are to remain in the bleachers and off of the track/field when not competing. When competitors' event is called they are to then report to the "Bull Pen" area and will be taken to their event by meet personnel.

- Ties – any ties among field event contestants who tie for first, second and or third within each age/gender group will be resolved by determining the better of the second best attempt of the tied competitors.
 - Discus Throw – you will be allowed 2 warm-ups and 3 official attempts.
 1.5 kg for men under 60 years of age
 1.0 kg for all women and men 60 years & older
 - High Jump – warm-up jumps allowed. Competitors allowed a maximum of three attempts to successfully clear each successive height.
 - Javelin – competitors allowed two warm-ups and three official attempts. Must be thrown with one hand only, and the hand must remain on the grip until the javelin is released.
 800 gm for men under 60 years of age
 600 gm for men 60 years of age or older
 400 gm for all women
 - Racewalking – a progression of steps so taken that unbroken contact with the ground is maintained. One foot on the ground at all times. (Thou shalt not run).
 During the period of each step, the advancing foot of the walker must make contact with the ground before the rear foot leaves the ground.
 The supporting leg must be straight (i.e. not bent at the knee) for at least one moment when in the vertical upright position.
 Failure to adhere to the above definition of race walking will result in disqualification. Must not cover the knees with clothes to impede the decisions of the Judges in any way.
 - Running Long Jump - Two warm-ups & three official attempts will be allowed.
 Running start only to scratch line. Measurement of the jump is made at a right angle from the scratch line to the nearest break in the landing area made by any part of the body.
 - Shot Put–Two warm-ups & three official attempts will be allowed
 The shot put must be held with one hand from above the shoulder. The hand and the shot must remain above the level of shoulder at all times.
 6kg for men under 60 years of age
 5kg for men 60-69 years of age
 4kg for men 70 years of age and older
 3kg for women
 - Standing Long Jump - Two warm-ups & three official attempts will be allowed.
 A jump is attempted with both feet parallel, behind the scratch line. Measurement of the jump is made at a right angle from the scratch line to the nearest break in the landing area made by any part of the body.
- Arizona Senior Olympic and National Senior Games event.***

Running Long Jump				Shot Put				Standing Long Jump			
Men		Women		Men		Women		Men		Women	
50-54	12327	50-54	12334	50-54	12341	50-54	12348	50-54	12355	50-54	12362
55-59	12328	55-59	12335	55-59	12342	55-59	12349	55-59	12356	55-59	12363
60-64	12329	60-64	12336	60-64	12343	60-64	12350	60-64	12357	60-64	12364
65-69	12330	65-69	12337	65-69	12344	65-69	12351	65-69	12358	65-69	12365
70-74	12331	70-74	12338	70-74	12345	70-74	12352	70-74	12359	70-74	12366
75-79	12332	75-79	12339	75-79	12346	75-79	12353	75-79	12360	75-79	12367
80+	12333	80+	12340	80+	12347	80+	12354	80+	12361	80+	12368

TRACK AND FIELD (CONTINUED)

50 Meter Run				100 Meter Run				200 Meter Run			
Men		Women		Men		Women		Men		Women	
50-54	12257	50-54	12264	50-54	12215	50-54	12222	50-54	12229	50-54	12236
55-59	12258	55-59	12265	55-59	12216	55-59	12223	55-59	12230	55-59	12237
60-64	12259	60-64	12266	60-64	12217	60-64	12224	60-64	12231	60-64	12238
65-69	12260	65-69	12267	65-69	12218	65-69	12225	65-69	12232	65-69	12239
70-74	12261	70-74	12268	70-74	12219	70-74	12226	70-74	12233	70-74	12240
75-79	12262	75-79	12269	75-79	12220	75-79	12227	75-79	12234	75-79	12241
80+	12263	80+	12270	80+	12221	80+	12228	80+	12235	80+	12242
400 Meter Run				800 Meter Run				1500 Meter Run			
Men		Women		Men		Women		Men		Women	
50-54	12243	50-54	12250	50-54	12271	50-54	12278	50-54	12369	50-54	12376
55-59	12244	55-59	12251	55-59	12272	55-59	12279	55-59	12370	55-59	12377
60-64	12245	60-64	12252	60-64	12273	60-64	12280	60-64	12371	60-64	12378
65-69	12246	65-69	12253	65-69	12274	65-69	12281	65-69	12372	65-69	12379
70-74	12247	70-74	12254	70-74	12275	70-74	12282	70-74	12373	70-74	12380
75-79	12248	75-79	12255	75-79	12276	75-79	12283	75-79	12374	75-79	12381
80+	12249	80+	12256	80+	12277	80+	12284	80+	12375	80+	12382
400 Meter Walk				1500 Meter Walk				Discus			
Men		Women		Men		Women		Men		Women	
50-54	12397	50-54	12404	50-54	12383	50-54	12390	50-54	12285	50-54	12292
55-59	12398	55-59	12405	55-59	12384	55-59	12391	55-59	12286	55-59	12293
60-64	12399	60-64	12406	60-64	12385	60-64	12392	60-64	12287	60-64	12294
65-69	12400	65-69	12407	65-69	12386	65-69	12393	65-69	12288	65-69	12295
70-74	12401	70-74	12408	70-74	12387	70-74	12394	70-74	12289	70-74	12296
75-79	12402	75-79	12409	75-79	12388	75-79	12395	75-79	12290	75-79	12297
80+	12403	80+	12410	80+	12389	80+	12396	80+	12291	80+	12298
High Jump				Javelin							
Men		Women		Men		Women					
50-54	12299	50-54	12306	50-54	12313	50-54	12320				
55-59	12300	55-59	12307	55-59	12314	55-59	12321				
60-64	12301	60-64	12308	60-64	12315	60-64	12322				
65-69	12302	65-69	12309	65-69	12316	65-69	12323				
70-74	12303	70-74	12310	70-74	12317	70-74	12324				
75-79	12304	75-79	12311	75-79	12318	75-79	12325				
80+	12305	80+	12312	80+	12319	80+	12326				

Events: Coed, Men's, Women's
Dates: Saturday, Jan 11 - Men's / Women's
 Sunday, Jan 12 - Coed
Sites: Tucson High School
 400 N. 2nd Ave.
Schedule: 8:30 a.m. Start Time
Check-In: 30 min before match start time
Fees: \$185 Men's / Women's
 \$160 Coed
Event Coordinator: Mele Ferreira
 (520) 791-4497
 mele.ferreira@tucsonaz.gov

Entry Regulations:

1. Team Entry Form must be completed by the Coach/ Manager and submitted with the team's entry fee, roster and completed waiver form.
2. Men and women compete separately.
3. Competition will be 50+, 55+, 60+, 65+ 70+ and 75+.
4. Team roster is limited to 15 players.

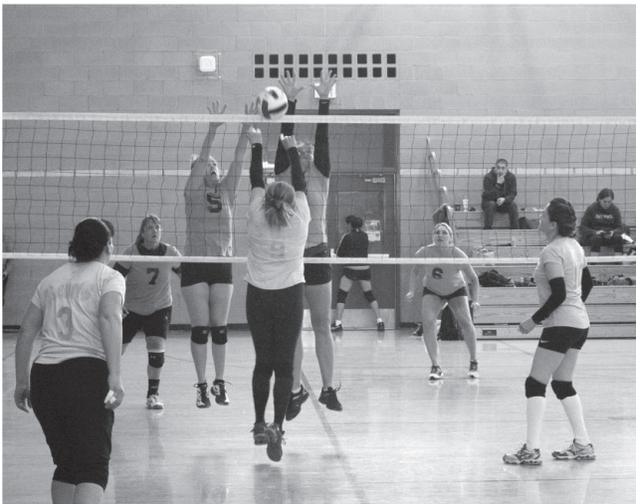
Format:

- Format depends on the number of teams in each age division.
- Modified Pool Play: 1 set to 25 points.
- Traditional Double Elimination (4 Teams): Guaranteed 2 tournament matches.
- Modified Double Elimination (5+ Teams): Guaranteed 2 tournament matches.
- Age divisions may be combined in an attempt to allow every team to play.
- If there is only one team in an age division this team must play an exhibition match to receive their medals.
- Awards will be distributed within each division (even if divisions are combined).

Sports Rules:

USA Volleyball standard rules apply.

- Shirts do not have to match but teams must have shirts with number on the front and on the back.
- Teams must be on court and ready to play when the referee starts the match or risk forfeit of points or game.
- Matches will start 6 mins after previous match with shared warm-ups.
- Teams will be scheduled as the working/ref team when not playing.



Volleyball					
Coed		Men		Women	
50+	12411	50+	12418	50+	12425
55+	12412	55+	12419	55+	12426
60+	12413	60+	12420	60+	12427
65+	12414	65+	12421	65+	12428
70+	12415	70+	12422	70+	12429
75+	12416	75+	12423	75+	12430
80+	12417	80+	12424	80+	12431

MONDAY, JAN 6		
Start	Event	Location
8 AM	Shooting - Air Pistol & Air Rifle	Diamondback Shooting Sports
SATURDAY, JAN 11		
Start	Event	Location
8 AM	Softball - Men & Women	Lincoln Regional Park
8 AM	Shooting - Trap & Skeet	Pima Co. SE Clay Target Center
9 AM	Volleyball - Men's & Women's	Tucson High School
10 AM	Road Races	Reid Park - Ramada #31
SUNDAY, JAN 12		
Start	Event	Location
8 AM	Softball - Men & Women	Lincoln Regional Park
9 AM	Volleyball - Coed	Tucson High School
10 AM	Archery	PSE Archery Range
FRIDAY, JAN 17		
Start	Event	Location
8 AM	Handball - Singles	Tucson Racquet Club
10:30 AM	Golf	Dell Urich Golf Course
SATURDAY, JAN 18		
Start	Event	Location
9 AM	Horseshoes	Reid Park
9 AM	Track & Field (Field Events)	UofA Drachman Stadium
9 AM	Handball - Doubles	Tucson Raquet Club
Noon	Track & Field (Running Events)	UofA Drachman Stadium
SUNDAY, JAN 19		
Start	Event	Location
9 AM	3-on-3 Basketball	El Pubelo Activity Center
MONDAY, JAN 20		
Start	Event	Location
9 AM	Bocce - Women	Sun City Oro Valley
9 AM	Shuffleboard - Mens Singles	Rincon West RV Resort
TUESDAY, JAN 21		
Start	Event	Location
8 AM	Tennis	Reffkin Tennis Center
9 AM	Bocce - Women	Sun City Oro Valley
9 AM	Shuffleboard - Womens Singles	Rincon West RV Resort
WEDNESDAY, JAN 22		
Start	Event	Location
8 AM	Tennis	Reffkin Tennis Center
9 AM	Basketball Shoot	Udall Recreation Center
9 AM	Bocce - Men	Sun City Oro Valley
THURSDAY, JAN 23		
Start	Event	Location
8 AM	Tennis	Reffkin Tennis Center
9 AM	Bocce - Men	Sun City Oro Valley

9 AM	Shuffleboard - Doubles	Voyager RV Resort
Noon	Bowling - Regular & Adapted	Lucky Strike
FRIDAY, JAN 24		
Start	Event	Location
8 AM	Shooting - Highpower Rifle	Pima Co. SE Regional Park
9 AM	Bocce - Coed	Sun City Oro Valley
9 AM	Racquetball	Tucson Racquet Club
9:30 AM	Powerlifting	Desert Sports & Fitness
10 AM	Table Tennis - Singles	Armory Senior Center
SATURDAY, JAN 25		
Start	Event	Location
8 AM	Shooting - Rim Fire Pistol	Pima Co. SE Regional Park
9 AM	Bocce - Coed	Sun City Oro Valley
9 AM	Badminton - Singles & Doubles	Udall Recreation Center
10 AM	Shooting - Center Fire Pistol	Pima Co. SE Regional Park
SUNDAY, JAN 26		
Start	Event	Location
9 AM	Shooting - Smallbore Prone Rifle	Pima Co. SE Regional Park
11 AM	Shooting - Rim Fire Sporter Rifle	Pima Co. SE Regional Park
1 PM	Bridge	Adobe Bridge Club
MONDAY, JAN 27		
Start	Event	Location
8:30 AM	5K Leisure Walk	Reid Park (DeMeester OPC)
Noon	Bunco	Cherry Ave Center
TUESDAY, JAN 28		
Start	Event	Location
9 AM	Euchre	Trails West
Noon	Billiards	Pockets Billiards
WEDNESDAY, JAN 29		
Start	Event	Location
9 AM	Pickleball	Kino Sports Complex
1 PM	Cribbage	Clements Recreation Center
THURSDAY, JAN 30		
Start	Event	Location
9 AM	Pickleball	Kino Sports Complex
10 AM	Texas Hold Em	Archer Recreation Center
10 AM	Swimming	Sunnyside High School
FRIDAY, JAN 31		
Start	Event	Location
9 AM	Pickleball	Kino Sports Complex
10 AM	Darts - Singles	Lucky Strike Bowl
SATURDAY, FEB 1		
Start	Event	Location
9 AM	Pickleball	Kino Sports Complex
10 AM	Darts - Doubles	Lucky Strike Bowl

On-line: ezeereg.com

Walk-In and mail-in Registrations are accepted at:

Attention: Senior Olympics

920 S. Randolph Way, Tucson, AZ 85716

REGISTRATION DATES: NOV. 1, 2019 - JAN. 3, 2020

Below is a step by step guide on how to register online.

THINGS TO NOTE

⇒ **You MUST already have an account to register online.
Create an account by registering online or calling or
walking into any of our recreation centers.**

⇒ ***YOU MUST ADD MERCHANDISE TO YOUR CART TO PURCHASE
A T-SHIRT, PIN, OR MAKE A DONATION***

1. Click on the Activity Registration tab
2. Click on the Activity Categories option and select Senior Olympics
3. Select the desired activity you want to register for
4. Select Add To Cart
5. Follow the Login prompts
6. Select Participant and then next
7. Agree or disagree to the Activity Privacy Policy
8. Agree to Waiver and then next
9. **YOU MUST ADD MERCHANDISE IF YOU WISH TO PURCHASE A PIN
OR T-SHIRT**– Select the merchandise you wish to purchase and then add to fees
10. Click on Proceed To Shopping Cart
11. Confirm fees and click on Proceed To Checkout
12. Fill out payment info and click on Pay And Finish
13. View receipt and print if desired

CITY OF TUCSON

PARKS AND RECREATION

ACTIVITY GUIDE

Fall/Spring 2020



Pick-up your
free copy of the
Activity Guide
available at all
Parks
and Recreation
facilities!

Questions?
Contact Registration
Services at 791-4877.





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TUCSON, AZ
PERMIT NO. 426



Tucson Parks and
Recreation Department

Register online at
www.ezeereg.com



Tucson Parks and Recreation
A Nationally Accredited Agency