

Bowling



Entry Regulations:

1. Men and women will compete separately.
2. Competition will be in five year increments beginning with 50-54 (including 80+)

Format:

Each player bowls three games using scratch scoring.

Sports Rules:

United States Bowling Congress (USBC).

Adapted Bowling Modifications:

Orthopedic Impairments

Bowling chutes and ball assistance will be provided.

Weight of ball may be lowered.

Visually Impaired

Guideline or coaches voice allowed for visually impaired.

Use of bowling frame unit, Adapter-Pusher, Handlebar extension, Handle grip, arm swing, stable guide, lighter balls, modification of approach are allowed.

Auditory Impairments

Mark lane line with brightly colored tape, paint pins with bright color, contact paper, three balls per frame, with plastic bowling set shorten the lane distance, use Candlepin bowling, use smaller or lighter ball.