

# Powerlifting

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## Men

- **55 +**
  - Daniel Cruz – Gold
  - Frank Anaya – Silver
  - David Tannenbaum – Bronze
- **60 +**
  - John Ensign – Gold
  - Allen Bauer – Silver
- **70 +**
  - Ed Grijalva – Gold
  - Dave Argraves – Silver

## Women

- **55 +**
  - Lori Grijalva – Gold
- **70 +**
  - Sarah Stephenson – Gold
  - Kathleen Allen – Silver
  - Malka Roseberry – Bronze

### Pound for Pound Winners

- **Men** – Frank Anaya (Gold) **790 lbs.**
- **Women** – Sarah Stephenson (Gold) **412 lbs**