

# Track and Field

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## Javelin

### Women

- 55 +
  - Diane Odonnell (10.03) – Gold
- 65 +
  - Cathy Soto (11.47) – Gold
  - Olivia Morningstar (7.78) – Silver

### Men

- 55 +
  - Eric Johnson (33.58) – Gold
  - David Tannenbaum (25.20) – Silver
  - Daniel Cruz (23.60) – Bronze
- 70 +
  - Rich Bohman (36.27) – Gold
  - Carl Heger (21.63) – Silver
- 75 +
  - Kenneth Baker (22.50) – Gold
- 80 +
  - Loren Whitehead (19.24) – Gold
  - Pothen Varughese (18.34) – Silver
  - Dave Douglass (14.39) – Bronze

## Shotput

### Women

- 50 +
  - Dana Schilling (7.45) – Gold
- 55 +
  - Diane Odonnell (6.95) – Gold
- 60 +
  - Carmen Trejo (6.40) – Gold
- 65 +
  - Cathy Soto (5.70) – Gold
  - Olivia Morningstar (4.60) – Gold

### Discus

### Women

- 55 +
  - Diane Odonnell (13.12) – Gold
- 65 +
  - Cathy Soto (12.74) – Gold
  - Olivia Morningstar (10.27) – Silver

### Men

- 55 +
  - Daniel Cruz (26.97) – Gold
  - David Tannenbaum (23.19) – Silver
  - Frank Anaya (17.42) – Bronze
- 60 +
  - Patrick Kranking (39.90) – Gold
  - Billy Frang (32.55) – Silver
  - Dwight Monberg (16.20) – Bronze
- 65 +
  - Doug Mostyn (22.72) – Gold
- 70 +
  - Carl Mcfarland (29.01) – Gold
  - Carl Heger (28.04) – Silver
  - Douglas Poust (21.18) – Bronze
- 75 +
  - Kenneth Baker (21.50) – Gold
- 80 +
  - Dave Douglass (14.61) – Gold
  - Loren Whitehead (13.64) – Silver

## Shotput

### Men

- 55 +
  - Daniel Cruz (8.42) – Gold
  - Frank Anaya (7.82) – Silver
  - David Tannenbaum (7.37) – Bronze
- 60 +
  - Patrick Kranking (10.28) – Gold
  - Brent Dennis (8.25) – Silver
  - Billy Frang (8.14) – Bronze
- 65 +
  - Doug Mostyn (8.22) – Gold
- 70 +
  - Carl Mcfarland (9.74) – Gold
  - Carl Heger (8.82) – Silver
  - Douglas Poust (8.12) – Bronze
- 80 +
  - Pothen Varughese (7.66) – Gold
  - Loren Whitehead (6.11) – Silver
- 85 +
  - Dave Douglas (5.75) – Gold

## Standing Long Jump

### Women

- 50 +
  - Ewa Grenda (1.55) – Gold
- 55 +
  - Diane Odonnell (1.29) – Gold
- 65 +
  - Cathy Soto (1.12) – Gold

### Men

- 55 +
  - Eric Johnson (2.34) – Gold
  - David Tannenbaum (1.98) – Silver
  - Frank Anaya (1.90) – Bronze
- 60 +
  - Dwight Monberg (2.20) – Gold
  - Alfred Trejo (2.04) – Silver
- 65 +
  - Steve Worley (2.14) – Gold
  - Paul Hunzeker (1.70) – Silver

## Running Long Jump

### Women

- 50 +
  - Ewa Grenda (2.69) – Gold
- 55 +
  - Diana Odonnell (2.07) – Gold
- 65 +
  - Cathy Soto (1.05) – Gold

### Men

- 55 +
  - Frank Anaya (4.14) – Gold
  - Eric Johnson (3.93) – Silver
- 60 +
  - Alfred Trejo (3.55) – Gold
  - Dwight Monberg (2.93) – Silver

## High Jump

### Women

- 50 +
  - Ewa Grenda (3'8") – Gold

### Men

- 50 +
  - Ray Brice (4'8") – Gold
  - Eric Johnson (4'2") – Silver
- 60 +
  - Ronald Bastin (4'2") – Gold
- 65 +
  - Stuart Hancock (4'4") – Gold
- 70 +
  - Ron Grenda (3'10") – Gold
- 80 +
  - Dave Douglass (3'4") – Gold

## Standing Long Jump

### Men Cont.

- **70+**
  - Rich Bohman (2.15) – Gold
  - Ron Grenda (1.44) – Silver
- **75 +**
  - Kenneth Baker (1.75) – Gold
- **80 +**
  - Pothen Varughese (1.79) – Gold
  - Bob Lee (1.73) – Silver
  - Loren Whitehead (1.42) – Bronze

## 1500 Meter Run

### Women

- **55 +**
  - Sandra Jaurigue (8:10) – Gold
- **60 +**
  - Jan Tefft (6:55) – Gold

### Men

- **50 +**
  - Patricio Castro (5:53) – Gold
- **55 +**
  - Mark Huber (5:19) – Gold
- **60 +**
  - Michael Fussell (5:19) – Gold
- **65 +**
  - Stuart Hancock (6:48) – Gold
- **70 +**
  - Mathias Siqueiros (7:47) – Gold
  - John Duncan (7:48) – Silver

## 800 Meter Run

### Women

- **50 +**
  - Stephania Boswell (3:12.59) – Gold
- **55 +**
  - Sandra Jaurigue (4:10.05) – Gold

## 50 Meter Run

### Women

- **50 +**
  - Corrina Herrick (8.56) – Gold
  - Celia Cartwright (8.78) – Silver
- **60 +**
  - Carmen Trejo (10.27) – Gold
- **75 +**
  - Nancy Ricketts ( 14.30) – Gold

### Men

- **55+**
  - Christopher Bayley (6.75) – Gold
  - Frank Anaya (7.66) – Silver
- **60+**
  - John Bruno (7.28) – Gold
  - Brent Dennis (11.90) – Silver
  - Raymond Pulsifer (29.75) – Bronze
- **65+**
  - Steve Worley (6.94) – Gold
  - Tim Kearley (7.03) – Silver
  - Paul Martin (7.50) – Bronze
- **70+**
  - Jim Sears (7.44) – Gold
  - Chris Martin (8.81) – Silver
  - Phillip Miller (9.34) – Bronze
- **75+**
  - Dan Girling (9.28) – Gold

## 400 Meter Run

### Women

- **50 +**
  - Stephania Boswell (1:22.62) – Gold
- **55 +**
  - Sandra Jaurigue (1.52.75) – Gold

## 800 Meter Run

### Men

- **50+**
  - Patricio Castro (3:03.11) – Gold
- **55+**
  - Mark Huber (2:47.00) – Gold
- **60+**
  - Michael Fussell (2:37.03) – Gold
- **65+**
  - Stuart Hancock (3:07.44) – Gold
  - Howard Korn (3:54.01) – Silver
- **70+**
  - Peter Packard 3:12.91) – Gold
  - Mathias Siqueiros (4:02.13) – Silver

## 100 Meter Run

### Women

- **50+**
  - Stephania Boswell (16.75) – Gold
  - Corrina Herrick (17.91) – Silver
  - Celia Cartwright (18.30) – Bronze
- **75+**
  - Nancy Ricketts (31.19) – Gold

### Men

- **55+**
  - Christopher Bayley (12.65) – Gold
- **60+**
  - Jim Hershberger (13.89) – Gold
- **65+**
  - Paul Martin (12.60) – Gold
  - Tim Kearley (13.75) – Silver
  - Paul Hunzeker (13.88) – Bronze
- **70+**
  - Jim Sears (14.22) – Gold
  - Alan Pace (16.37) – Silver
  - Kenny Shelor (17.80) – Bronze
- **80+**
  - Pothen Varughese (18.50) – Gold
  - Bob Lee (18.57) – Silver

## 400 Meter Run

### Men

- **50+**
  - Patricio Castro (1.16.52) – Gold
- **55+**
  - Mark Huber (1.05.94) – Gold
- **60+**
  - David Dimassa (1.06.06) – Gold
  - John Bruno (1.18.31) – Silver
  - Alfred Trejo (1.26.69) – Bronze
- **65+**
  - Tim Kearley (1.18.31) – Gold
  - Charlie Tarjan (1.19.03) – Silver
- **70+**
  - Kenny Shelor (1.21.56) – Gold
  - Alan Pace (1.25.82) – Silver
  - Peter Packard (1.36.42) – Bronze
- **80+**
  - Pothen Varughese (1.46.01) - Gold

## 200 Meter Run

### Women

- **50+**
  - Stephania Boswell (35.00) – Gold
  - Corrina Herrick (43.94) – Silver
- **55+**
  - Diana Clarke (39.81) – Gold
- **60+**
  - Carmen Trejo (45.94) – Gold

### Men

- **60+**
  - David Dimassa (28.64) – Gold
  - Jim Hershberger (29.66) – Silver
- **65+**
  - Paul Martin (31.31) – Gold
  - Steve Worley (31.53) – Silver
  - Charlie Tarjan (34.75) – Bronze
- **70+**
  - Jim Sears (30.50) – Gold
  - Ron Grenda (48.53) – Silver
- **80+**
  - Pothen Varughese (38.47) – Gold
  - Bob Lee (41.35) – Silver

## 400 Meter Walk

### Women

- **50 +**
  - Stephania Boswell (2:44:51) – Gold
  - Ewa Grenda (3:21.52) – Silver
- **60 +**
  - Denise Morse (3:53.23) – Gold
- **65 +**
  - Cathy Soto (3:11.57) – Gold
- **75 +**
  - Nancy Ricketts (3:23.75) – Gold

### Men

- **55+**
  - Eric Johnson (2:01.45) – Gold
- **60 +**
  - Dwight Monberg (2:49.25) – Gold
- **65 +**
  - William Jefferson ( 2:53.12) – Gold
- **70 +**
  - Pete Wells (2:31.34) – Gold
  - Ron Grenda (2:55.57) – Silver
  - Chris Martin (2:59.53) – Bronze

## 1500 Meter Walk

### Women

- **65 +**
  - Cathy Soto (13:35.22) – Gold
- **70 +**
  - Celine Teeson (13:18.16) – Gold

### Men

- **55 +**
  - Eric Johnson (7:57.00) – Gold
- **60 +**
  - Dwight Monberg (12:03.07) – Gold
- **65 +**
  - William Jefferson (12:25.03) – Gold
- **70 +**
  - Pete Wells (11.00.00) – Gold