

# Volleyball

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## **Entry Regulations:**

1. Team Entry Form must be completed by the Coach/Manager and submitted with the team's entry fee, roster and completed waiver form.
2. Men and women compete separately.
3. Competition will be 50+, 55+, 60+, 65+ 70+ and 75+.
4. Team roster is limited to 15 players.

## **Format:**

Dependent on the number of teams.

Age divisions may be combined in an attempt to allow every team to play.

If there is only one team in an age division this team must play an exhibition match to receive their medals.

1 set to 25 in pool play with a 27 cap (2 sets if time permitting)

Tournament play: Double elimination with full match in winner's bracket. All matches in "loser's" bracket will be 1 game to 25.

Awards will be distributed within each division (even if divisions are combined).

## **Sports Rules:**

USA Volleyball standard rules apply.

Rally Scoring – a point is awarded after every serve. The team who wins the rally will get a point. A team does not have to serve to receive a point.

Let (NET) Serve: the ball may touch the net while crossing it. The ball may not touch the antenna.

Substitutions: 12 substitutions are the maximum permitted per team per game. Unlimited individual entries.

End Lines: teams are no longer required to go to the end line before changing playing areas and benches.

Shirts do not have to match but teams must have shirts with number in front and in back.

To Maximize play, be on court and ready to play when referee starts match or risk forfeit of points or game.

Games will start 6 min after previous game.