

# AQUATIC INFORMATION - 791-4245

**Pools open for summer May 28-Aug. 5.**  
**Fall (year-round) swim schedule will begin on Aug. 6.**

Daily Admissions	City Resident	Non-City Resident
<small>(During Family Swim hours, children swim for free when accompanied by a paying adult 18+.)</small>		
Adults (18+)	\$2	\$2
Youth (17 and under)	\$1	\$1
<b>Summer Passes</b> <small>(Valid from opening day to closing day of summer)</small>		
Adults (18+)	\$75	\$100
Youth (17 and under)	\$30	\$38
Family (includes 2 adults/2 youth)	\$100	\$125
<small>(For each additional youth)</small>	\$20	\$25
<b>Annual Swim Passes</b>		
Adults (18+)	\$100	\$125
Youth (17 and under)	\$40	\$50
Family (includes 2 adults/2 youth)	\$150	\$190
<small>(For each additional youth)</small>	\$25	\$31
<b>Swim Lessons (per session)</b>		
Adults (18+)	\$15	\$18
Youth (17 and under)	\$15	\$15
<b>Multiple Admission Punch Pass</b>		
30 Admissions for adults (18+)	\$51	\$63
30 Admissions for youth	\$21	\$24

(Multiple punch passes and swim passes are available for purchase at year-round and extended season pools)

**Babies and children who are not toilet trained must wear tight fitting waterproof pants over a swim diaper.**



Fill out Competitive and Synchronized Swim League forms during pool hours, May 24-31.

**Since summer pool hours do not begin until May 28,** please register for swim teams, synchro, and children's lessons during the following dates and times prior to summer pool opening. Register in person from 10am-6pm on May 24, *(May 25 pools closed for Memorial Day)*, May 26, and May 27 at the preferred pool listed under activity.

**After these dates you may register during recreational and family swim times at the pool offering preferred activity.**

### Competitive Swim League

Ages 17 and younger. Participants must be able to swim a recognizable competitive stroke one length of the pool without stopping. Swim test given the first day of practice.

- Cost: \$30 for City Resident - \$38 for Non-City Resident
- See pools offering swim teams listed on the next page.
- Fill out forms during pool hours, May 24-31 **(pools closed Memorial Day, May 25)**.
- Swimmers who have registered with United States Swimming (USA) after August 2014 are not eligible.
- Swim championships will be held July 18.



## City of Tucson Parks and Recreation - Summer Aquathlon Series 2015

Log-on to [www.swimandrun.com](http://www.swimandrun.com) for complete rules and details.

**Dates:** Please check website at: [www.swimandrun.weebly.com](http://www.swimandrun.weebly.com) by May 1, 2015 for summer Aquathlon Schedule.

**Location:** Quincie Douglas Swimming Pool, 36th St. and Kino Blvd.

**Championship race:** TBA (youth and adult)

**Cost:** \$8 per race for adults/\$3 for youth 14 and under

**Registration required for each race:** 6-6:30pm - **Race starts:** 7pm

- Each race is limited to the first 128 participants signed up. First come, first served. Please do not sign up friends/family.
- **Distances:** Youth, 200-yard Swim/1m Run/Adults, 800-yard Swim/5k Run
- Youth (14 and under) distance will be offered on the Monday nights listed. Youth wave will be the first wave each Monday evening. Youth are not limited to shorter distances and may complete adult distances if they choose. Youth completing at least 4 aquathlons will be eligible for championship race.
- Adults will be asked to note their estimated 800-yard swim time. To estimate, please pay a visit to your nearest pool and swim a few lengths (or 32) to get a rough idea.
- Participants under age 18 will be required to bring a parent/guardian to their first race to sign the City of Tucson waiver.
- Series Awards will be given to 1st-3rd place finishers in each age group based on five best finishes prior to championship race. Participants must complete at least 5 races to be eligible for series awards. During weeks with two scheduled aquathlons, you may participate Monday or Wednesday, but not both in the same week.
- Series Awards will not be adjusted due to cancellations of a race night due to weather or other unforeseen circumstances.
- Must participate in 4 races (3 for youth) to compete in championship race (youth and adult).

**Other options:** Find a partner and participate as a relay.

### Synchronized Swim League - Ages 6-17

- Cost: \$41/City Resident - \$51/Non-City Resident
- Pools offering synchronized swim teams are: Amphi, Archer, Clements, El Pueblo, Ft. Lowell, Purple Heart, Quincie Douglas and Udall.
- Beginner through intermediate levels.
- Register during pool hours, May 24-June 7 at City pools offering synchronized swim teams.
- Season begins June 2 and ends with the citywide water show July 11

# CITY POOL LOCATIONS - 791-4245

## SUMMER POOL SEASON MAY 28-AUGUST 5, 2015

POOL	LOCATION	ADULT LAP	RECREATIONAL SWIM	FAMILY SWIM	CLOSED
Amphitheater** ●■□◆	125 W. Yavapai Rd. 791-4359	Mon.-Thurs.-11am-1pm, 5:30-7pm Sun., Noon-7pm	Mon.-Thurs., 1-5pm Sun., Noon-7pm	Mon.-Thurs., 5:30-7pm	Fri., Sat.
ARC-Edith Ball Recreation Pool ▲▲◆	3455 E. Zoo Court 791-5643 (Reid Park)	Mon.-Fri. - 6-8am; Mon-Thurs., 11am-1pm; Mon./Wed., 6:15-8pm; Fri. 5-7pm Sat., Noon-4pm	Mon.-Thurs., 1-4:30pm, Mon./Wed., 6:15-8pm, Fri., 1-7pm, Sat., Noon-4pm		Sun.
ARC-Edith Ball Therapy Pool	3455 E. Zoo Court 791-5643 (Reid Park)		Mon.-Fri., 7-9am; Mon.-Thurs. 1:15-4pm; Fri., 1:15-5pm; Tues./Thurs., 6:15-8pm; Sat., Noon-4pm		Sun.
Archer ●■□◇★◆	1665 S. La Cholla Blvd. 791-5388	Mon.-Thurs.-6-8am, 11am-1pm, 5:30-7pm Sun., Noon-7pm	Mon.-Thurs., 1-5pm Sun., Noon-7pm	Mon.-Thurs., 5:30-7pm	Fri., Sat.
Catalina ●■▲	2005 N. Dodge Blvd. 791-4245	Tues.-Fri., 11am-1pm, 5:30-7pm Sat., Noon-7pm	Tues.-Fri., 1-5pm Sat., Noon-7pm		Sun., Mon.
Clements ●■□○▲◆	8155 E. Poinciana Dr. 791-5785	Mon.-Thurs.-6-8am, 11am-1pm, 5:30-7pm Sun., Noon-7pm	Mon.-Thurs., 1-5pm Sun., Noon-7pm	Mon.-Thurs., 5:30-7pm	Fri., Sat.
El Pueblo ●○□◆★	5100 S. Missiondale 791-4176	Tues.-Fri., 11am-1pm Sat., Noon-7pm	Tues.-Fri., 1-5pm Sat., Noon-7pm	Tues.-Fri., 5:30-7pm	Sun., Mon.
Escalante ●■◆◆	6900 E. Nicaragua 791-4864		Mon.-Thurs., Noon-5pm Sun., Noon-6pm	Mon.-Thurs., 5:30-7pm	Fri., Sat.
Freedom ●☉	5000 E. 29th St. 791-3232		Mon.-Thurs., Noon-6pm Sun., Noon-6pm		Fri., Sat.
Ft. Lowell ●■□◇◆★	2900 N. Craycroft 791-2585	Mon.-Thurs., 11am-1pm and 5:30-7pm Sun., Noon-7pm	Mon.-Thurs., 1-5pm Sun., Noon-7pm	Mon.-Thurs., 5:30-7pm	Fri., Sat.
Himmel ●■□◇◆	1000 N. Tucson Blvd. 791-4157	Tues.-Fri., Noon-1pm	Tues.-Fri., 1-5pm Sat., Noon-7pm	Tues.-Fri., 5:30-7pm	Sun., Mon.
Jacobs ▲◆	1020 W. Lind 791-4358		Tues.-Fri., 1-5pm Sat., Noon-6pm	Tues.-Fri., 5:30-7pm	Sun., Mon.
Mansfield ■☉◆	2000 N. 4th Ave. 791-4405		Tues.-Sat., 1-7pm		Sun., Mon.
Menlo ☉○	1100 W. Fresno 791-4356		Tues.-Sat., Noon-6pm		Sun., Mon.
Palo Verde ●■□◇◆	300 S. Mann Ave. 791-4375		Tues.-Fri., 1-5pm Sat., Noon-6pm	Tues.-Fri., 5:30-7pm	Sun., Mon.
Purple Heart ●□◆	Rita Ranch 791-5058	Tues.-Fri., 11am-1pm, 5:30-7pm Sat., Noon-7pm	Tues.-Fri., 1-5pm Sat., Noon-7pm	Tues.-Fri., 5:30-7pm	Sun., Mon.
Quincie Douglas ▲●□○★◆	1563 E. 36th St. 791-5941	Tues.-Fri., 11am-1pm, 5:30-7pm	Tues.-Fri., 1-5pm Sat., Noon-7pm	Tues.-Fri., 5:30-7pm	Sun., Mon.
Sunnyside ●■◆▲	1725 E. Bilby 791-5167	Tues.-Fri., 11am-1pm, 5:30-7pm Sat., Noon-7pm	Tues.-Fri., 1-5pm Sat., Noon-7pm	Tues.-Fri., 5:30-7pm	Sun., Mon.
Udall ●■□★◆	7200 E. Tanque Verde Rd. 791-4004	Tues.-Fri., 6-8am, 11am-1pm, 6-7pm Sat., Noon-7pm	Tues.-Fri., 1-5pm Sat., Noon-7pm	Tues.-Fri., 6-7pm	Sun., Mon.

◆ Activity Pool - designates water toys/splash pad (ARC, Jacobs and Quincie Douglas Pools) \*\*6-month Pool

▲ Year-Round Pool

● Competitive Swim Team

■ Diving Board

□ Synchronized Swim Team

☉ Wading Pool

★ 8-month Pool

○ Water Slide

◆ Evening Classes

Babies and children who are not toilet trained must wear tight fitting waterproof pants over a swim diaper.  
Visit our splash pads at Marty Birdman and Catalina Park.



The City of Tucson Parks and Recreation, in partnership with American Red Cross Aquatics Centennial Program will offer \$2 SUMMER SWIM LESSONS.

Available to the first 1400 registered who qualify for the Discount Program. Lessons offered at 18 pool locations THROUGHOUT THE CITY!

Find out if you qualify by viewing the Discount Program information on page 5, our website: [tucsonaz.gov/parks](http://tucsonaz.gov/parks) or calling 791-4877.

Must register in person at: 900 S. Randolph Way

American Red Cross



# SUMMER SWIM LESSONS - 791-4245

All pools will be closed on Monday, May 25 and Saturday, July 4. Summer Swim Lessons begin June 1.

American Red Cross group swim lessons for children 6 months through 17 years. **Lessons are offered in four two-week sessions, with eight lessons per session** during June and July. Swim lesson times and days vary by pool; check schedule at the pool of your choice. Level and pool site selection process takes place at each pool, therefore, the registration process is completed in a two steps.

## Here's How the Registration Process Works:

# 1

**Step One - Pay for swim lesson fee**  
If you need a client code/account pin number, please call 791-4877 prior to registering.

Registration barcodes for each session listed below. 4-days a week depending on pool schedule. Each session costs: \$15. Print confirmation receipt.

Register for one or more sessions of swim classes on-line at [www.EZEEreg.com](http://www.EZEEreg.com) or by phone at 573-3933 beginning Sat., April 25 at 6am for City of Tucson Residents and Mon., April 27 for non-City residents. There is a **non-refundable \$15 registration fee** per child/per session. If using EZEEreg online, **print a confirmation receipt** for each child and lesson session. You will receive a copy of the confirmation receipt by mail, if you registered by phone.

CODE	LOCATION	DAY	REGISTER BY
------	----------	-----	-------------

**• Session 1 registration code - June 1-12**

76239	City-wide Pools	Mon-Fri	05/26/15
-------	-----------------	---------	----------

**• Session 2 registration code - June 15-26**

CODE	LOCATION	DAY	REGISTER BY
76240	City-wide Pools	Mon-Fri	06/09/15

**• Session 3 registration code - June 29-July 10**

CODE	LOCATION	DAY	REGISTER BY
76241	City-wide Pools	Mon-Fri	06/23/15

**• Session 4 registration code - July 13-24**

CODE	LOCATION	DAY	REGISTER BY
76242	City-wide Pools	Mon-Fri	07/07/15

Log on to [www.EZEEreg.com](http://www.EZEEreg.com). Search by barcode number or category

# 2

## Step Two - Enter lottery

Take your **printed confirmation receipt** to the pool location where you wish to take lessons. Lottery forms may be filled-out on **dates** listed on grid below **during recreation and family swim times (see page 7 for times listed on pool schedule).**

Selection process dates:				
Session Dates	Fill Out Forms	Selection Dates	Rosters Posted	Walk-in Registration
June 1-12	May 24 & 26	May 27	May 28	May 28-31
June 15-26	June 4-9	June 10	June 11	June 11-14
June 29-July 10	June 18-23	June 25	June 25	June 25-28
July 13-24	July 2-7	July 8	July 9	July 9-12

- Staff will help determine appropriate skill level and assist with 2nd and 3rd choice locations
- Roster results are posted following the lottery drawing on Thursdays by noon, on the dates listed above.
- 2nd and 3rd choice selections will be notified by phone.

### General Information:

\* **Nonrefundable registration fee \$15 per session, per child.**

- Children will be placed in class according to ability/skills only-not for convenience.
- Children may be assigned to a different level after testing on the first day of class.
- Children who miss the first two days of class without notifying their instructor will be dropped from class.

### WHAT IF I MISS THE LOTTERY?

- Walk-in registration is held on the dates listed on the grid **during recreation and family swim (schedule on page 7).**

**Have Questions? Please call 791-4245 or 791-5352 or any pool listed on schedule.**

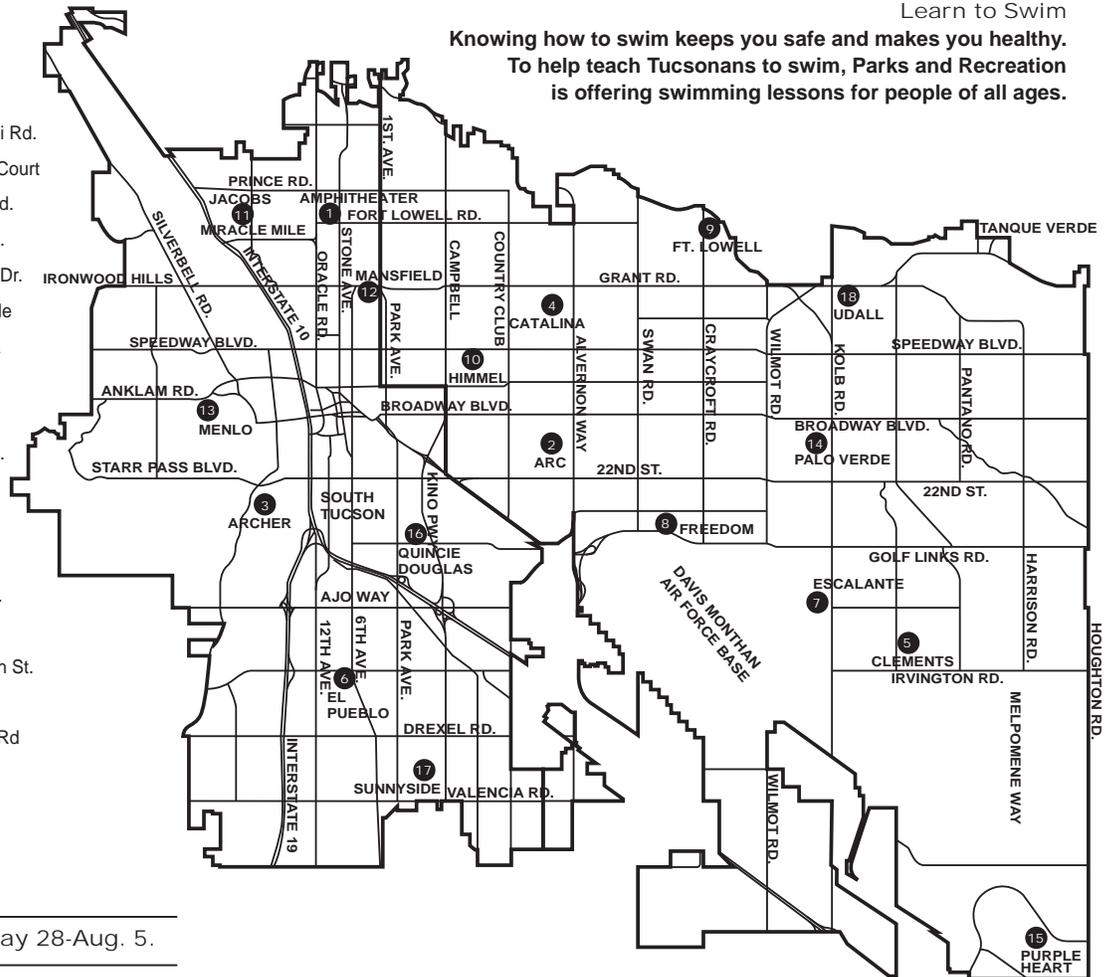


# Tucson Parks and Recreation Summer Pools

Learn to Swim

Knowing how to swim keeps you safe and makes you healthy.  
To help teach Tucsonans to swim, Parks and Recreation is offering swimming lessons for people of all ages.

- 1 Amphitheater Pool - 125 W. Yavapai Rd.
- 2 ARC-Edith Ball Pool - 3455 E. Zoo Court
- 3 Archer Pool - 1665 S. La Cholla Blvd.
- 4 Catalina Pool - 2005 N. Dodge Blvd.
- 5 Clements Pool - 8155 E. Poinciana Dr.
- 6 El Pueblo Pool - 5100 S. Missiondale
- 7 Escalante Pool - 6900 E. Nicaragua
- 8 Freedom Pool - 5000 E. 29th St.
- 9 Ft. Lowell Pool - 2900 N. Craycroft
- 10 Himmel Pool - 1000 N. Tucson Blvd.
- 11 Jacobs Pool - 1020 W. Lind
- 12 Mansfield Pool - 2000 N. 4th Ave.
- 13 Menlo Pool - 1100 W. Fresno
- 14 Palo Verde Pool - 300 S. Mann Ave.
- 15 Purple Heart Pool - Rita Ranch
- 16 Quincie Douglas Pool - 1563 E. 36th St.
- 17 Sunnyside Pool - 1725 E. Bilby
- 18 Udall Pool - 7200 E. Tanque Verde Rd



Pools open for summer May 28-Aug. 5.

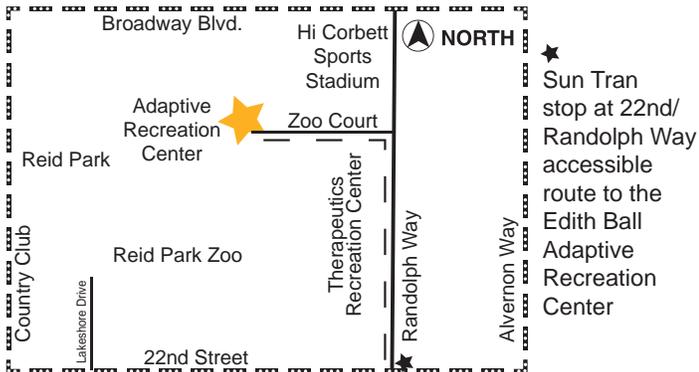
## American Red Cross Summer Swim Levels for Kids

- **Parent and Child Classes:** Ages 6 months to 3 years – In-water participation by parents or other care-giving adult is required for each child.
- **Preschool Level 1: Ages 4 to 5** – Children learn basic water safety and become comfortable in the water.
- **Preschool Level 2: Ages 4 to 5** – Builds on Level 1 and introduces fundamental skills such as kicking.
- **Preschool Level 3: Ages 4 to 5** – Improves on skills learned in Levels 1 and 2 and focuses on coordinating arm and leg movements.

### Learn-to-Swim Classes: For Children About 6 Years and Older

- **Level 1: Introduction to Water Skills** – Learn to safely enter and exit the water, make progress through the water using arms and legs, and float and recover. All skills are preformed with instructor support.
- **Level 2: Fundamental Aquatic Skills** – Children perform Level 1 skills, swimming several body lengths without instructor support.
- **Level 3: Stroke Development** – Children learn the front crawl and elementary backstroke, swimming each stroke 15 yards, and are introduced to scissor and dolphin kicks and treading water.
- **Level 4: Stroke Improvement** – Swimmers practice front crawl, back crawl, butterfly, breaststroke, elementary backstroke, and sidestroke over increasing distances and are introduced to flip turns.
- **Level 6: Advanced Classes** – Specialty classes in Swimming and Skill Proficiency, Personal Water Safety, Fundamentals of Diving, or Fitness. Area of focus determined by Pool Supervisor. Not offered first session.

# Edith Ball Adaptive Recreation Center



**3455 E. Zoo Court - 791-5643**

Summer Schedule: effective 5/28/15:

**Adult Lap Swim:**

Mon.-Fri., 6-8am; Mon.-Thurs., 11am-1pm; Mon./Wed., 6:15-8pm; Fri., 5-7pm; Sat., Noon-4pm

**Recreational Swim:**

Mon.-Thurs., 1-4:30pm; Mon./Wed., 6:15-8pm;

Fri., 1-7 pm; Sat., Noon-4pm

**Therapy Pool Open Swim:**

Mon.-Fri., 7-9am; Mon.-Thurs., 1:15-4pm; Fri., 1:15-5pm;

Tues/Thurs., 6:15-8pm; Sat., Noon-4pm, Noon-4pm

**Closed Sunday/Holidays:**

May 25 and July 3, 4

Closed for maintenance Aug. 10-15.

**Babies and children that are not toilet trained must wear tight fitting waterproof pants over a swim diaper.**

## ADAPTIVE RECREATION CENTER AQUATICS FACILITY

Come experience the benefits of water in our award winning facility. The Recreation Pool offers a variety of aquatic classes as well as open swim and lap swim times. Classes are designed for all fitness levels.

The indoor warm water Therapy Pool provides individuals with disabilities an opportunity to experience the benefits of warm water. Some of the benefits include increased range of motion and flexibility, relief of pain due to arthritis, or other conditions and overall relaxation.



**See the leisure class sections under Adaptive Aquatics and Aquatics for descriptions of classes offered at the Adaptive Recreation Center, A.R.C.**

**Featured Classes and Programs:**

- Adaptive Parent/Child Preschool Swim - Age 6 months-5 years
- Adaptive Swim - Age 5-16 - Level I
- Adaptive Swim - Age 5-16 - Level II
- Adaptive Parent/Child Swim - Age 5-16
- American Red Cross Swim Lessons for Youth
- Arthritis Foundation Aquatic Program - Age 17+
- Yoaquatics - Age 17+
- Aquatic Bootcamp - Age 14+
- Aquatic Arthritis and Fibromyalgia Exercise - Age 17+
- Aqualates - Age 17+
- Cardio Blast Deep Water - Age 14+
- Deep Water Aquatic Fitness - Age 14+

