

# August 2016

## Carol West Senior Addition Activities

### Cleaning Week Closure

August 8th to the 12th

Go have an adventure! We look forward to hearing about them beginning Monday, August 15th.

#### Eastside Senior Club

Wednesday, August 3rd

General Meeting

11:30 AM

*NO MEETING— August 17th*



#### Health and Wellness Fair

Mark your calendars!

Thursday, September 29th

11:00 AM to 1:00 PM

Vendors, presentations, raffle prizes and more!

#### Casino Night!

Thursday, August 25th

5:00 to 7:30 PM

\$8.00 Per Person

Includes: Entertainment, Food, Gambling Chips, Great Prizes from local businesses and

LOTS of FUN!

Sponsored by:

THE FORUM  
AT TUCSON

FIVE STAR SENIOR LIVING™

#### Aquatic Fitness

Tuesday, August 30th

8:00 to 10:30 AM

**Free** fitness class lead by Jill, along with safety talk & snacks.

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It's what we do.™



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# August 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Hello August! (and goodbye July)	2	3 ESC Meeting	4	5 	6
7	8	9	10	11	12	13 
Centers Closed for Cleaning Week						
14	15	16	17	18	19	20
21	22	23	24	25 CASINO NIGHT	26	27
28	29	30 AQUATIC FITNESS	31 7200 East Tanque Verde Road (520) 791-4121			