



CAR KIT *(Start with a basic 72-hour kit and add items as needed for your car.)*

Secure items in your trunk or nooks and crannies, you won't need them on a regular basis.

- Booster/Jumper Cables
- Duct Tape
- Energy Bars (non-perishable)
- Extra Fuses
- Flares
- Fire Extinguisher (5 lb. A-B-C type)
- First Aid Kit Manual
- Gallon of Water
- Gloves/Mittens, Beanie/Hat and Poncho
- Hand Crank Radio and Flashlight
- Maps and Contact Numbers
- Shovel
- Spare Tire, Jack and Lug Wrench
- Tire Repair Kit and Pump
- Toilet Paper and Wet Wipes
- Tools, Tire Pressure Gauge
- Wool Blanket

CHILD KIT *(Start with a basic 72-hour kit and adjust them for your child's needs.)*

Usually the following would be in your diaper bag.

- Antibiotic Wipes
- Baby Food and Snacks
- Baby Bath Towel
- Baby Wipes
- Bibs and Binkies
- Clothes
- Diapers
- Dish Soap and Bottle Brush
- Favorite Blanket
- Formula
- Formula Bottles (with disposable liners)
- Immunization Records
- Medication
- Toilet Paper
- Toys, Games, Entertainment

BASIC PET 72-HOUR KIT *(Remember to take your pets in secure pet carriers or crates.)*

- Water
- Collars, Tags, Leashes
- Contact Numbers and Photos of Pets
- Extra Blanket for Each Pet
- Food, Treats, Food Bowls
- Gallon of Water, Water Bowl
- Medication, Immunization and Veterinary Records
- Newspaper for Lining
- Paper and Plastic Bags for Clean Up
- Pet First Aid Kit
- Pet Beds and Toys
- Secure Pet Carriers or Crates

Pet backpacks are available so your pet(s) can carry their own light-weight items.

For more information, www.Ready.gov or www.FEMA.gov

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BE PREPARED

Energy is part of everyone's daily life. Are you ready if an emergency disrupts electricity, natural gas or gasoline for up to 72 hours?

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? WHY

A 72-hour kit is essential for any emergency, you'll be glad you have one! We recommend purchasing your 72-hour kit through an established and reputable company, or by using the lists below and making your own custom kit.

There are many types of disasters and emergencies: traffic jams, accidents, fuel shortages, floods, fires, earthquakes, blizzards and tornadoes. In many cases, a 72-hour kit could mean the difference between life and death. It is estimated that after a major disaster, it may take up to 3 days for relief workers to reach some areas. It would be wise to consider a 72-hour kit that you could live on for 7 to 10 days. In such a case, if you live in a disaster prone area, a 72-hour kit is the minimum you should have available. Plan your 72-hour kit according to your family's size.

Common sense things to know about 72-Hour Kits:

Remember: Each family member should have their own 72-hour kit with food, clothing and water.

- Distribute heavy items between kits.
- Inspect your 72-hour kit at least twice a year.
- Rotate food and water every six months.
- Check children's clothing for proper fit. Adjust clothing for winter or summer needs.
- Check expiration dates on batteries, light sticks, warm packs, food and water.

72-HOUR KIT SUPPLY LIST

This list of recommended items is not necessarily comprehensive or required. Use it as a guideline to create your own kit. You might add or delete items to meet your needs.

- | | | |
|--|---|---|
| <input type="checkbox"/> Backpack | <input type="checkbox"/> Garbage Bags | <input type="checkbox"/> Plastic Sheets |
| <input type="checkbox"/> Blankets/Sleeping Bag | <input type="checkbox"/> Hand Sanitizer | <input type="checkbox"/> Pliers |
| <input type="checkbox"/> Body Warmers | <input type="checkbox"/> Hygiene Kit - Tooth Brush and Paste, Wet Wipes | <input type="checkbox"/> Poncho with Hood |
| <input type="checkbox"/> Duct Tape | <input type="checkbox"/> Leather Work Gloves | <input type="checkbox"/> Shovel |
| <input type="checkbox"/> Dust Mask (N95) | <input type="checkbox"/> Lighter | <input type="checkbox"/> Swiss Style Army Knife (with can opener) |
| <input type="checkbox"/> Emergency Candle (30-hour) | <input type="checkbox"/> Light Stick (24-hour) | <input type="checkbox"/> Toilet Paper in Ziploc Bag |
| <input type="checkbox"/> Feminine Items | <input type="checkbox"/> Nutrition Bars | <input type="checkbox"/> Tube Tent |
| <input type="checkbox"/> First Aid Kit | <input type="checkbox"/> Nylon Rope (60 Foot) | <input type="checkbox"/> Waterproof Matches |
| <input type="checkbox"/> Flashlight with Extra Batteries | <input type="checkbox"/> Pen and Paper | <input type="checkbox"/> Whistle |
| <input type="checkbox"/> FM Radio with Batteries | | |

+ ADDITIONAL THINGS YOU MAY NEED IN YOUR 72-HOUR KIT

Food and Water (rotate every 6 months)

A 3-day supply of food and water, per person, when no refrigeration is available.

- Snack Foods
- MRE Food Pouches
- Protein Drinks

Bedding and Clothing

- Change of Clothes
- Sleeping Pad
- Cold Weather Gear (coat, gloves, blanket, etc...)

Light and Fuel

- Flares
- Batteries
- Gasoline (for your car)

Personal Supplies and Medications

- Feminine Hygiene, Hair Brush, Hair Ties
- Immunizations (up-to-date)
- Medications
- Prescription Medication (for up to 3 days)
- Eye Glasses/Contact Lenses

Personal Documents

- Contact Information, Photos of Family, Friends and Pets
- Photocopies of: Birth and Marriage Certificates, Wills, Vaccination Records, Passports, Contracts, Insurance Policies, Bank Information, Genealogy, Pet Records

- Cash: \$50-\$500 in Small Bills and \$10 in Quarters
- Credit Card
- Maps
- Pre-Paid Phone Cards
- Extra Car and House Keys

Games and Entertainment

Have just a few to keep your family entertained.

- Books
- Crayons, Pencils, Paper
- Board Games, Puzzles, Stuffed Animals