

Home Fire Safety Checklist	Yes	No
Living Area		
1. Are lamp, extension, and telephone cords in good condition?		
2. Are the floors free of throw rugs and loose carpeting?		
3. Are emergency phone numbers posted on or by the telephone?		
4. Are smoke detectors properly located in each sleeping area and checked regularly?		
5. Do all outlets and switches have cover plates?		
6. Is there sufficient lighting in all areas?		
7. Are hallways, passage ways, and exits kept clear?		
8. Are flammable and combustible products stored away from heat sources?		
Kitchen Area		
1. Are towels and curtains stored away from the stove?		
2. Are short or close fitting sleeves being worn during cooking?		
3. Are electrical cords stored away from sink and stove area?		
4. Is there good lighting over kitchen work area?		
5. Are frequently used items within easy reach?		
6. Are electrical appliances unplugged?		
7. Are kitchen timers being used as a reminder when you cook?		
8. Are pot holders or oven mitts being used when cooking?		
9.		
Bathroom		
1. Are bathtubs and shower areas equipped with non-skid mats?		
2. Is the light switch located near the entrance of the bathroom?		
3. If needed, are there grab bars located near the bathtub, shower, and toilet?		
4. Are electrical appliances unplugged?		
Basement/Garage/Workshop/Storage Areas		
1. Are work areas well lit?		
2. Are light switches located at the entrances?		
3. Are basement steps in good condition and free of clutter?		
Personal		
1. Do you visit your doctor regularly?		
2. Do you participate in exercise regularly?		
3. Do you get your vision checked regularly?		
4. Are medications stored in their original containers and clearly marked?		
5. Do you eat a balanced diet?		
6. Do you get enough rest at night and during the day?		
7. Do you wear sturdy, low heeled shoes with non-slip soles?		