



CITY OF
TUCSON
PARKS & RECREATION

NEW SENIOR PROGRAM AT MARTY BIRDMAN CENTER!

Starting Tuesday, September 9, 2025

Come make new friends, stay active, and have fun!

10 A.M – 1 P.M - 2536 N. CASTRO AVE

**Free for Seniors 50+
What's Included:**

- ☒ Arts & Crafts
- ☒ Walking Club
- ☒ Bingo Days
- ☒ Field Trips
- ☒ Guest Speakers
- ☒ Chair Exercise

For more information, contact us:
(520) 791-3247 or (520) 837-4804

