



CITY OF
TUCSON
PARKS & RECREATION

NEW SENIOR PROGRAM AT MARTY BIRDMAN CENTER!

Starting Tuesday, September 9, 2025

Come make new friends, stay active, and have fun!

10 A.M – 1 P.M - 2536 N. CASTRO AVE

Free for Seniors 50+

What's Included:

- Arts & Crafts
- Walking Club
- Bingo Days
- Field Trips
- Guest Speakers
- Chair Exercise

For more information, contact us:
(520) 791-3247 or (520) 837-4804

