

Tucson Senior Olympics
2027 Chair Volleyball Rules - Udall Recreation Center

- Check-In at 9am
- Matches start at 10am.
 - Teams that are 5 minutes late will forfeit their first set of the match.
 - Teams that are 15 minutes late will forfeit that match.
 - Times for subsequent matches are approximate but will start immediately after the previous matches.
- Tournament: Consolation Bracket – Guaranteed two matches.
- Please bring your own snacks and drinks. Water/cups will be provided.

Court/Net/Ball

Court size is 20' x 10' (10'x10" per side)

Net is 5' high and 10' wide

Ball is a 20 "beach ball

6 chairs on each side

Teams

- Each team must provide two people to officiate and keep score.
- Maximum of 10 players on each team.
- 6 players play at one time.
- Players may only play on one team.

Substitutions

- Substitutions are allowed prior to any serve.
- New players rotate into the serving position.
- Medical substitutions can happen at any time and in any position.

Tournament

- Consolation bracket. Guaranteed two matches.
- Matches are best 2 out of 3 sets.
- Sets are to 15 points; teams must win by two points or a cap of 17 points per set.
- Rally scoring.

Serving Rules

1. First serving team is decided by a coin toss.
2. The first player to serve the ball on each team is the right back player.
3. The server must call "Ready" or "Service" with a pause – then serve.
4. Players rotate positions clockwise for serving.
5. Player may hit or throw the ball over the net for a legal serve.
 - A legal serve cannot hit the net, a chair, ceiling or another player on your team.
 - Side out/point if this occurs.
 - Players are allowed two attempts to serve the ball if the first serve hits the net and goes over to the opponent's court. (Net Serve)
 - After two failed net serves, the ball goes to the other team, and a point is awarded the other team.
6. One player continues serving until a dead ball is called or the set is won.

General Rules

1. All players must be seated and remain seated during the entire match. Players may adjust individual chairs as desired within court boundaries.
2. One Cheek Rule: Players are allowed to lift one side of the body but are not permitted to rise completely off the chair. If a team member rises out of their chair to hit the ball a fault is called and the other team gets a point (side out).
3. Teams are allowed to have as many hits as needed to return the ball over the net.
4. One player is not allowed to hit the ball 2 times consecutively. Fault, side out/point.
5. During play:
 - Players are not permitted to reach across the plane of the net to play a ball completely on the opponent's side. Fault, side out/point.
 - A player's hand may cross the plane of the net on a follow-through as long as the player does not interfere with the opponent's attempt to play the ball.
6. If the ball lands on the boundary line, it is considered in bounds.
7. No kicking of the ball. Fault. Side out/point.
8. During service. Players on the serving team may not raise their hands above their head during a serve.
 - 1st time raising hands, a warning to the team.
 - 2nd time: side out/point.
9. The official will make the call on close calls. If the official can't see where the ball landed and the teams cannot agree, a reserve will take place.

Scoring Rules

1. Rally scoring. A point will be awarded to the team who wins the rally.
2. One point is awarded for each serve/play.
3. Server maintains possession of the ball after each successful serve.
4. The first team to score 15 points wins the game. Teams must win by two points. Cap of 17.

Time Outs

Teams are allowed two time outs per set, one minute in length.

Communication

The team captain is the only player that can communicate with the official or scorekeeper.

Unsporting Conduct

- 1st infraction - Verbal Warning
- 2nd infraction - Point to the other team
- 3rd infraction - Ejected from further play for the rest of the tournament