



CITY OF  
**TUCSON**  
PARKS & RECREATION



**Pain Institute**  
of Southern Arizona

Present

# 50+ SENIOR OLYMPIC FESTIVAL

Saturday, Jan. 6 – Sunday, Jan. 28, 2024



**Event sponsor:**



**Encompass  
Health**  
Rehabilitation Hospitals



CITY OF  
**TUCSON**  
PARKS & RECREATION



Pain Institute  
of Southern Arizona

# MEET THE COORDINATORS

**Friday, Jan. 5, 2024, from noon-2 p.m.**

**UDALL RECREATION CENTER  
7200 E. Tanque Verde Rd.  
Tucson, AZ 85715**

*Come meet your event coordinator and  
other participants.*

*Get more details about your event.*

*Pick up your prepaid t-shirt and pins or  
purchase one.*

*Attend to win  
some cool  
raffle prizes*

**Free Senior  
Olympic  
Festival 2024  
lapel pins to  
the first 25  
attendees!**



**For more information call  
(520) 791-4931**

**Welcome to the 39th Annual Senior Olympic Festival,  
an event filled with fun, friends, and memories.**

Our office is located at Udall Recreation Center, 7200 E. Tanque Verde Road, on the southeast corner of Tanque Verde and Sabino Canyon. Call (520) 791-4931 if you have any questions.

**T-shirts:** There is no longer a processing fee that includes an official Senior Olympic Festival shirt. Shirts can be purchased at a cost of \$7. They will be an additional item when registering online or in person. Please make sure that you indicate which shirt size you would like when registering. **There will be a limited supply of shirts.** Souvenir pins are also available to purchase at a cost of \$3 each.

In order to be eligible for a medal you must compete in at least one heat of your event. Being the lone participant does not guarantee you an award.

Ties will be resolved by the events governing Sports Rules. If the tie cannot be broken then all the participants involved in the tie will be awarded the same place medals.

Non-registered participants who do not appear on the coordinator's registration list will not be able to compete. A walk-on participant who presents his/her confirmation receipt will be allowed to participate only if his/her addition into the competition does not have a negative impact on the timely administration of the event. Events that allow walk-up registration are indicated.

Replacement participants who are participating in place of a registered participant will be allowed to participate **only** if he/she is the same gender as the original participant (gender divisions only), he/she is in the same age group (age divisions only), he/she is registered in another event or will have the opportunity to complete a registration form prior to participating.

Late-arriving participants shall be allowed to participate only if his/her arrival does not have a significant negative impact on the event. Event descriptions and schedule of events indicate an arrival time of 30 minutes prior to the event.

These are general policy guidelines to be followed. The Senior Olympic Festival staff reserves the right to review individual situations to provide a final determination as it deems appropriate. No refunds without a cancellation notice.

**We look forward to your involvement in the 2024 Senior Olympic Festival!**

**THE TUCSON SENIOR OLYMPIC FESTIVAL IS NOT A QUALIFYING COMPETITION TO  
ADVANCE TO EITHER THE ARIZONA SENIOR OLYMPICS OR THE NATIONAL GAMES.**



**Event Dates:** Saturday, Jan. 6– Sunday, Jan. 28, 2024

**Registration Dates:** Nov. 6– Dec. 29, 2023.

**Eligibility:** Participants must be of age within the calendar year.

**Age Divisions:**

Pickleball, Softball, and Volleyball will compete in age brackets. See individual event pages for the details.

All ages will compete together in the following: Bocce, Bridge, Bunco, Cribbage, Darts, Euchre, Texas Hold 'Em, Shuffleboard, and Leisure Walks.

All other competitions will be in 5-year increments beginning with 50-54, **Table Tennis will be 10-year increments.** The 80+ division will be divided into 5-year increments (80-84, 85-89, 90-94, etc.)

**Gender Divisions:** Men and women will compete separately except for Bridge, Bunco, Cribbage, Euchre, Texas Hold 'Em, and Leisure Walks.

**Online Registration** at [EZEereg.com](http://EZEereg.com).

**Walk-in/mail-in Registration**

All individual participants must submit a completed (both sides) registration form and appropriate payment for total participation fees.

Registration forms and payment can be walked-in or mailed to:  
**920 S. Randolph Way, Tucson, AZ 85716.**

For registration questions, call (520) 791-4877.

For additional information or assistance call Udall Center at (520) 791-4931.

**Entry Deadline:** Final mail-in registration must be postmarked by **Dec. 29, 2023.** Any registrations postmarked after this date will not be accepted.

**Entry Confirmation:** Confirmations will be emailed to all participants and teams.

**Awards:** All awards will be presented on-site after the event.

**Cancellations and Refunds:**

We will make every effort to continue events as scheduled. However, the Senior Olympic's office reserves the right to postpone or cancel events for unforeseen circumstances. Refunds will be honored with advanced notice from the participant or if the event is canceled.



**Events:** Recurve, Barebow, Compound  
**Date:** Sunday, Jan. 7  
**Site:** South East Regional Park Archery Range  
 11296 South Harrison Rd.

**Schedule:** 10 a.m. start time  
**Check-In:** 30 minutes before start time  
**Fees:** \$30/event

**Event Coordinator:** Lawrence Brady, Text (520) 955-3029 calls after 6 p.m. or  
 desertdestroyersjoad1989@gmail.com

## Entry Regulations:

1. Archers must provide their own bows and arrows.
2. Competition will be in five-year increments
3. Men and women compete separately.

[REGISTER HERE](#)

## Format:

The 900-round will be used for all competitions. 90 arrows will be shot as follows:

- 30 arrows from 60 yards (5 ends of 6 arrows)
- 30 arrows from 50 yards (5 ends of 6 arrows)
- 30 arrows from 40 yards (5 ends of 6 arrows)

Each end (6 arrows) will consist of 2 sets of 3 arrows with 50 seconds allowed for each arrow to be shot. Shooters will rotate with target mats after each 3 arrow set.

**Scoring:** Regulation 122cm (48") 5-color target face will be used.

Scoring values: gold (10-9), red (8-7), blue (6-5), black (4-3), white (2-1) -10 ring scoring.

**Note:** Each color is divided into 2 scoring areas by a thin black line. The arrow shaft must only touch the color or dividing line between scoring zones to score a higher value. The winner will be the archer scoring the highest number of points in the double 900 round. The competitor should be able to keep his/her arrows on the target at 60 yards.

**Sports Rules:** National Archery Association (N.A.A.) rules apply.

	RECURVE		BAREBOW		COMPOUND	
AGE	Men	Women	Men	Women	Men	Women
50-54	20802	20809	20774	20781	20788	20795
55-59	20803	20810	20775	20782	20789	20796
60-64	20804	20811	20776	20783	20790	20797
65-69	20805	20812	20777	20784	20791	20798
70-74	20806	20813	20778	20785	20792	20799
75-79	20807	20814	20779	20786	20793	20800
80+	20808	20815	20780	20787	20794	20801

**Events:**

- Men's Singles
- Women's Singles
- Men's Doubles
- Women's Doubles
- Mixed Doubles

**Date:** Saturday, Jan. 27**Site:** Udall Regional Center, 7200 E. Tanque Verde Rd.**Schedule:** 9 a.m. start time**Check-In:** 30 min before the match**Fees:** \$8/singles, \$16/doubles**Event Coordinator:** Diane Henrickson (520) 867-2752**Format:** Walk-up registration allowed.

- Single elimination
- Matches are 2-out-of-3 games.
- Games are 21 points
- Failure to report by match time will result in a forfeit.

**Sports Rules:** U.S. Badminton Association (USBA) rules apply.**Arizona Senior Olympic & National Senior Games event.****Entry Regulations:**

1. Participants may compete with only one partner per event. Competitors must supply own racquets.
2. Shuttlecocks will be provided. Competition will be in five-year increments beginning with 50-54.
3. Players who are alone in their age group may play in the next lower age group.
4. Doubles events are considered a doubles sport you must register using the Doubles Entry Form.

**REGISTER HERE**

Doubles			
Age	Men	Coed	Women
50-54	20823	20816	20830
55-59	20824	20817	20831
60-64	20825	20818	20832
65-69	20826	20819	20833
70-74	20827	20820	20834
75-79	20828	20821	20835
80+	20829	20822	20836

Singles		
Age	Men	Women
50-54	20837	20844
55-59	20838	20845
60-64	20839	20846
65-69	20840	20847
70-74	20841	20848
75-79	20842	20849
80+	20843	20850

**Register at EZEereg.com**

**Events:** Men & Women Teams (See Team Entry)

**Date:** Saturday, Jan. 27

**Site:** Donna Liggins Rec Center, 2160 N. 6th Ave.

**Schedule:** 9 a.m. start time

**Check-In:** 30 min before game time

**Fees:** \$32/team

**Event Coordinator:** Bianca Villarreal, (520) 837-4801  
Jeff Graham, (520) 791-3247

**Format:**

- Dependent on the number of teams registered.
- Games are played on half-court.

[REGISTER HERE](#)

**Entry Regulations:**

1. Team Entry Form must be completed by the Coach/Manager and submitted with the team's entry fee, roster and completed waiver form.
2. Teams must be all one gender.
3. Team roster shall be limited to six players.
4. Participants may play on only one team.
5. Men and women compete separately.
6. Competition will be 50+, 60+, 70+ & 80+
7. Team coach/manager will be notified of their first game by mail or phone prior to the event.
8. Teams must wear uniforms of same color and have numbers.

**Sports Rules:** National Collegiate Athletic Association (NCAA)

- Teams must have a minimum of three players on the floor to start a game. Teams may continue with two players on the floor. Six-player maximum on the roster.
- Playing time is two halves of 10 minutes running time. Five-minute halftime.
- Tie score will result in one-minute overtime with stop clock. Ball possession is determined by coin toss.
- Check line shall be three three-point line.
- On every change of possession ball must be taken behind the check line.
- All play beginning or restarting behind the check line must start at the top of the key.
- Substitutions may be made after a basket, a foul shot, stoppage of play, or any other time an official beckons the player onto the court.
- A player is disqualified on his/her sixth foul. Technical fouls will follow NCAA rules.
- Three-point shots are allowed.

**Arizona Senior Olympic & National Senior Games event.**

3-on-3		
Age	Men	Women
50+	20851	20858
60+	20853	20860
70+	20855	20862
80+	20857	20864



**Events:** Free Throw Shoot, Regular Shoot, 3-Point Shoot

**Date:** Wednesday, Jan. 17

**Site:** Udall Regional Center, 7200 E. Tanque Verde Rd.

**Schedule:** 9 a.m. start time

**Check-In:** 30 min. before game time

**Fees:** \$8/event

**Event Coordinator:** Charles Perez (520) 791-5155  
Charles.Perez@tucsonaz.gov

### Entry Regulations:

1. Men and women compete separately.
2. Competition will be in five-year increments beginning with 50-54.

**REGISTER HERE**



### Format:

- Walk-up registration might be allowed. (Please call before and ask about available space)
- At least one foot must be in contact with the marked spot while shooting, with the other foot either to the side, behind or on the marked spot (NOT in front).
- Those players who are not actually shooting will rebound while waiting to compete.
- The order of competition is dependent upon the number of participants.
- In case of a tie, there will be a shoot-off to determine placement.

### Sports Rules:

**Free Throw Shoot:** Each player will take 15 shots from the free throw line. Feet must be behind the line. After fifteen shots are taken (no time limit), the points are totaled.

**Regular Shoot:** Each player will take three shots from each of the five designated spots with specific point values. After 15 shots are taken (no time limit), the points are totaled. The highest possible score is 48.

### Three Point Shooting

- Each player is given two trials. the highest score of the two trials is the final score for that player.
- Each player will take three shots from each of the five designated spots. After 15 shots are taken (no time limit), the number of baskets made is that player's total.
- Each player is given two trials and the highest score of the two trials is the final score for that player.

	FREE THROW		REGULAR		3-POINT	
AGE	Men	Women	Men	Women	Men	Women
50-54	20879	20886	20893	20900	20865	20872
55-59	20880	20887	20894	20901	20866	20873
60-64	20881	20888	20895	20902	20867	20874
65-69	20882	20889	20896	20903	20868	20875
70-74	20883	20890	20897	20904	20869	20876
75-79	20884	20891	20898	20905	20870	20877
80+	20885	20892	20899	20906	20871	20878

**Register at [EZEereg.com](http://EZEereg.com)**

[REGISTER HERE](#)

**Events:** Singles

**Date:** Tuesday, Jan. 23

**Site:** Pockets Billiards, 1062 S. Wilmot Rd.

**Schedule:** 9 a.m. start time

**Check-In:** 30 min before game time

**Fees:** \$8/person

**Event Coordinator:** Anyssa Holguin,  
AnyssaMarie.Holguin@tucsonaz.gov

### Entry Regulations:

1. Men and women could compete together based on low registration numbers.
2. Competition will be in five-year age groups beginning with 50-54.

### Format:

- Double Elimination.
- The game of "8 ball" is played.
- Players with no competition in their age group may play in the next younger age group.
- Pool cues are available at no cost.

### Sports Rules:

Check for format changes.

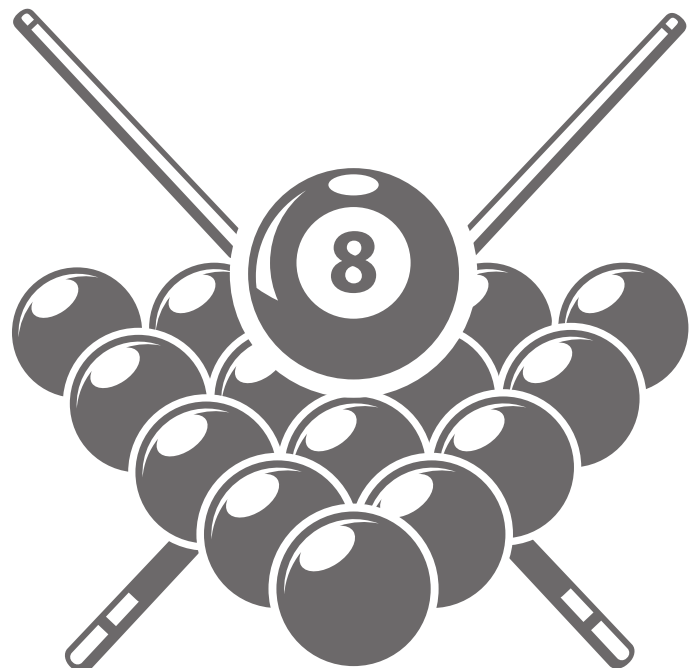
Arizona Senior Olympics and Billiard Congress of America (BCA) rules apply.

- Gentlemen's Call
- The Rack
- The Break
- Legal Break
- Scratch on a Legal Break
- 8-Ball Pocketed on Break
- Head String Rule
- Open Table
- Choice of Stripes or Solids
- Legal Shot
- Safety Play
- Fouls
- Foul Penalty
- Combination Shots
- Illegally Pocketed Balls stay pocketed & loss of turn.
- Object Balls Jumped off the Table
- Object Ball Frozen to the Cushion
- Loss of Game

**Senior Olympic Games event.**

### BILLIARDS

Age	Men	Women
50-54	20907	20914
55-59	20908	20915
60-64	20909	20916
65-69	20910	20917
70-74	20911	20918
75-79	20912	20919
80+	20913	20920



**Events:** Men's  
Coed  
Women's

**Dates:** Monday, Jan. 15 - Men  
Tuesday, Jan. 16 - Men  
Wednesday, Jan. 17- Coed  
Thursday, Jan. 18 - Coed  
Friday, Jan. 19 - Women  
Saturday, Jan. 20 - Women

**Sites:** Sun City Oro Valley  
1565 E. Rancho Vistoso Blvd.

**Schedule:** 9 a.m. start time

**Check-In:** 30 minutes before match time

**Fees:** \$32/team

**Event Coordinator:** Gail Parson, gailscov@comcast.net

**Format:**

- The tournament is single elimination.
- Matches are 2-out-of-3 games
- Games are 12 points

**Sports Rules:**

- Event facilities rules apply
- Teams consist of four people
- **Max of 16 teams per division**
- No distractions at all will be enforced.
- Players will referee their own matches.
- The winner of the coin toss will select the color of the balls.
- All balls leaving the confines of the court will be considered out of play.
- To start a new game players of each team must change to the opposite end of the court.

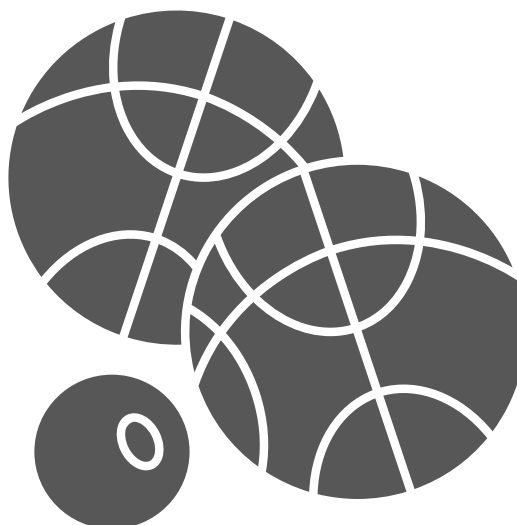
**Entry Regulations:**

1. Men and women compete separately.
2. All ages compete together.
3. Teams consist of four players.
  - a. Men's Team -4 men
  - b. Women's Team- 4 women
  - c. Coed Team- 2 men & 2 women
4. Teams must enter using the "Team Entry Form"

**BOCCE 50+**

Men	Women	Coed
20922	20923	20921

**REGISTER HERE**



**Register at EZEereg.com**



**Events:** Regular Bowling & Adapted Bowling

**Date:** Thursday, Jan. 18

**Sites:** Lucky Strike Bowl, 4015 E. Speedway Blvd.

**Schedule:** Noon start time

**Check-In:** 30 minutes before game time

**Fees:** \$16/person

**Event Coordinator:** Michael Monka, (520) 791-4931  
Michael.Monka@tucsonaz.gov

### Entry Regulations:

1. Men and women will compete separately.
2. Competition will be in five-year increments beginning with 50-54 (including 80+)

[REGISTER HERE](#)

**Format:** Each player bowls three games using scratch scoring.

### Sports Rules:

- United States Bowling Congress (USBC). Adapted Bowling Modifications:
- Orthopedic Impairments
  - Bowling chutes and ball assistance will be provided.
  - The weight of the ball may be lowered.
- Visually Impaired
  - Guideline or coach's voice allowed for the visually impaired.
  - Use of bowling frame unit, Adapter-Pusher, Handlebar extension, Handle grip, arm swing, stable guide, lighter balls, and modification of approaches are allowed.
- Auditory Impairments
  - Mark the lane line with brightly colored tape, paint pins with bright colors, contact paper, three balls per frame, with plastic bowling set shorten the lane distance using Candlepin bowling or using a smaller or lighter ball.

Arizona Senior Olympic and National Senior Games (Regular Bowling) event.

ADAPTED			REGULAR		
Age	Men	Women	Age	Men	Women
50-54	20924	20931	50-54	20938	20945
55-59	20925	20932	55-59	20939	20946
60-64	20926	20933	60-64	20940	20947
65-69	20927	20934	65-69	20941	20948
70-74	20928	20935	70-74	20942	20949
75-79	20929	20936	75-79	20943	20950
80+	20930	20937	80+	20944	20951

**Events:** Bridge

**Dates:** Sunday, Jan. 21

**Site:** Adobe Bridge Club, 401 E. Limberlost Dr.  
(520) 795-2441

**[www.bridgewebs.com/adobe](http://www.bridgewebs.com/adobe)**

**Schedule:** 1 p.m. start time

**Check-In:** 30 minutes before start time

**Fees:** \$12/pair

**Event Coordinator:** Pat Klein, pklein1234@aol.com  
adobebridgemanager@gmail.com

**Entry Regulations:**

1. Men and women compete together.
2. All ages compete together.
3. You must register using the Doubles Entry Form.

**REGISTER HERE**



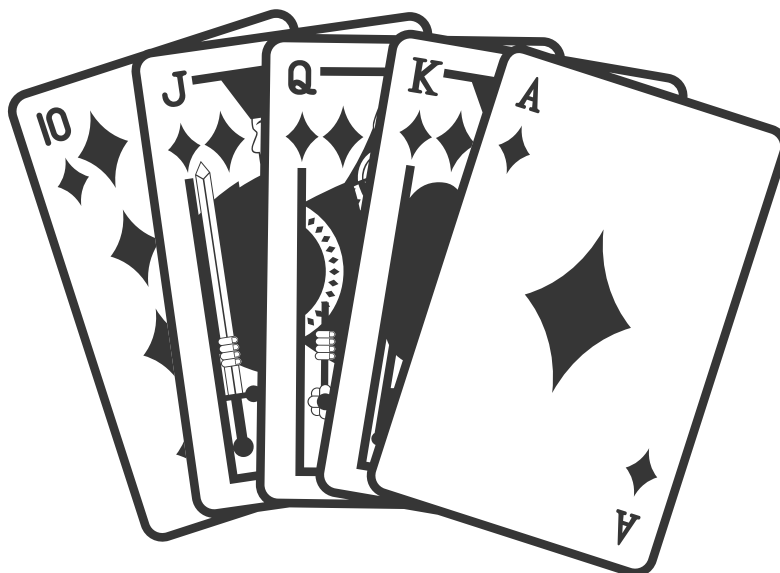
**Sports Rules:**

Walk-up registration is allowed.

\*The Chairperson has the authorization to provide any changes and rule interpretations.

**BRIDGE**

Duplicate	50+	20952
-----------	-----	-------



**Register at [EZEereg.com](http://EZEereg.com)**

**Events:** Bunco

**Dates:** Monday, Jan. 22

**Site:** Cherry Ave. Center, 5085 S. Cherry Ave.

**Schedule:** Noon start time

**Check-In:** 11 a.m.-Noon

**Fees:** \$8/player

**Event Coordinator:** Bianca Villarreal (520) 791-4497  
Bianca.Villarreal@tucsonaz.gov

### Entry Regulations:

1. Men and women compete together.
2. All ages compete together.
3. You must register using the Individual Entry Form.

[REGISTER HERE](#)

### Format:

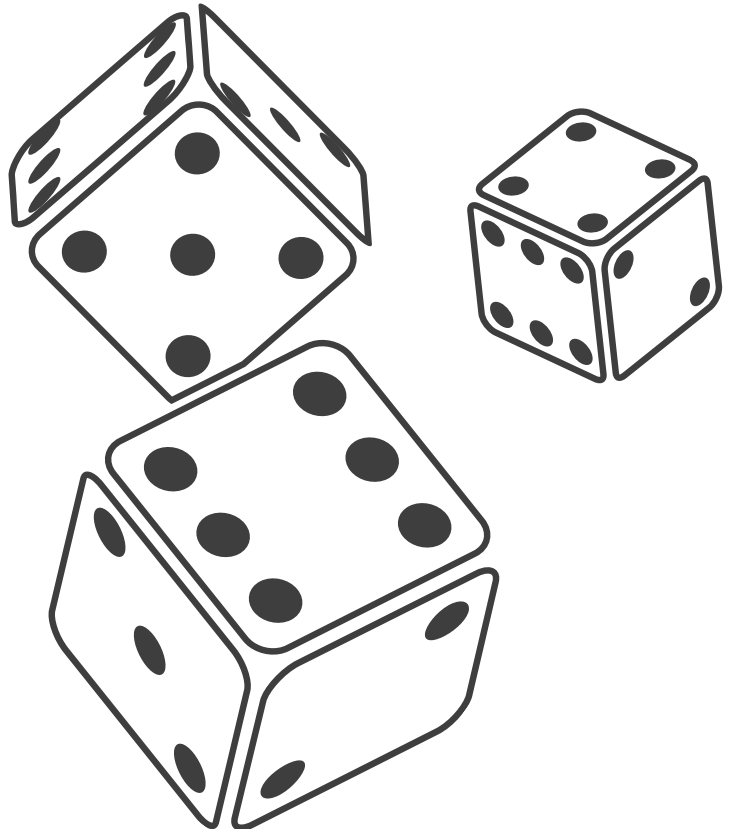
Walk-up registration is allowed.

**Sports Rules:** Rules will be reviewed on site with the participants prior to the start of the event.

## BUNCO

50+

20953



**Event:** Cribbage

**Date:** Wednesday, Jan. 24

**Site:** Clements Regional Center, 8155 E. Poinciana Dr.

**Schedule:** 1 p.m. start time

**Check-In:** 30 minutes before start time

**Fees:** \$8/person

#### Entry Regulations:

1. Men and women compete together.
2. All ages compete together.
3. Personal cribbage boards are welcome.

**REGISTER HERE**



**Event Coordinator:** David Kaye, (520) 791-4931, David.Kaye@tucsonaz.gov

**Format:** Walk-up registration allowed.

- The cards shall be cut at the beginning of each game. Low card deals. Both players must cut the deck for the deal. Ace is low.
- The cards should be offered for a cut before a deal is started. If not, there is no penalty.
- No Player shall examine the bottom card before the deal is started. If not, there is no penalty.
- A misdeal shall be declared if a card becomes exposed during the course of the deal. There is no penalty involved.
- The object is to peg 120 holes plus one to win the game.
- The player with the crib counts last after the opponent's hand has been counted.
- The player that pegs 121 points first wins the game and no further pegging can be done by an opponent.
- Points missed by one player cannot be taken by an opponent.
- The winner of the game gets 121 points and the opponent only gets holes he/she has actually pegged.
- In the event that points are pegged in excess of the proper count of the hand, the peg must be returned to the proper count before play is resumed.
- No ruling on pegging the wrong way. Each player must agree on correcting any mistakes made. Watch your pegging!
- The Jack, when cut, counts as two points at any time, except when cutting for the deal. A player may go out on the Jack cut and the pegging stops immediately.
- Any individual player wishing to make a protest will be required to do so before the next hand is dealt.
- Score sheets must be cross-checked and initialed by the opposing players at each table after each game is played. Scores can be turned in at the end of the session.
- No kibitzing or giving advice while standing or watching a player who is playing an authorized game.
- Medals will be given for total points.

**CRIBBAGE**

50+

20954

**Register at EZEereg.com**

**Event:** Chicago Style (501/301/Cricket)  
Corker's Choice

**Date:** Saturday, Jan. 20 - Singles  
Saturday, Jan. 27 - Doubles

**Site:** Liquor Barrel Saloon, 6925 E. Broadway Blvd.

**Schedule:** 1 p.m. start time

**Check-In:** 30 minutes before start time

**Fees:** \$8/singles; \$16/doubles

**Event Coordinator:** Ashley Monka  
Ashley.Monka@tucsonaz.gov

#### Entry Regulations:

1. Men and women compete separately.
2. Doubles event must use doubles entry form.

**REGISTER HERE**

#### Format:

- Walk-up registration allowed
- Chicago Style (501/301/Cricket) and Corker's Choice

#### Sports Rules:

- American Dart Organization (ADO) rules apply
- Good sportsmanship will be the prevailing attitude throughout the tournament.
- Each player is entitled to (six) practice darts at the assigned matchboard prior to the match.
- Opposing players must stand at least two feet behind the player at the line.
- Matches will begin with a coin flip to determine who has the option to throw first and second at the inner bull. The player throwing closest to the inner bull will throw the first leg. All determinations of the bull will be made by the Chalker.
- The Chalker if asked may inform the thrower what they scored and/or what they have left. Chalker may not inform the thrower what he has left in terms of number combinations. It is permissible for a partner, teammate, or spectator to advise the thrower during the course of the match.
- Errors in arithmetic stand as written unless corrected prior to the beginning of that player's next turn.

#### SINGLES 50+

Men	Women
20958	20959

#### DOUBLES 50+

Men	Women
20955	20956

#### DOUBLES 50+

Mixed
20957



**NEW****Event:** Disc Golf**Date:** Saturday, Jan. 6**Site:** Santa Cruz River Park  
1406 N. Riverview Blvd, Tucson, AZ 85745**Schedule:** Tee times starting at 9 am**Check-In:** 30 minutes before start time**Fees:** \$8/person**Event Coordinator:** Jeremy Herr, (520) 791-4865**Format:**

- 18 holes, low gross stroke play.

**Sports Rules:**

Professional Disc Golf Association (PDGA) and local course rules apply.

- Your assigned foursome will make all rule calls and assess penalties.
- Age flights will play together.
- No preferred tee times.
- Tee areas:
  - All Competitors - A Pads

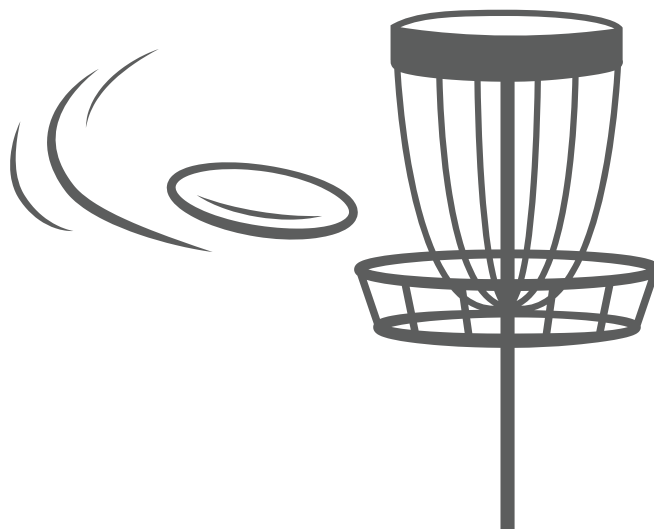
**Entry Regulations:**

1. Men and women compete separately.
2. The competition will be in five-year increments beginning with 50-54 (including 80+).

**REGISTER HERE**

\*Tee times will be available 2 days before the event. Please call the event coordinator

DISC GOLF		
Age	Men	Women
50-54	21586	21593
55-59	21587	21594
60-64	21588	21595
65-69	21589	21596
70-74	21590	21597
75-79	21591	21598
80+	21592	21599

**Register at EZEereg.com**



**Event:** Euchre

**Date:** Tuesday, Jan. 23

**Site:** Donna Liggins Rec Center, 2160 N. 6th Ave.

**Schedule:** 9 a.m. start time

**Check-In:** 30 minutes before start time

**Fees:** \$8/event

**Event Coordinators:** Jeff Graham (520) 791-3247

**Format:**

- Walk-up registration is allowed.
- Singles competition is played with a four-handed partnership game.

**Sports Rules:**

**Strategy of Euchre**

- The fairly probable tricks in the hand usually justify “taking action”. It is correct to expect a partner to furnish one trick. Any three trumps are a “take” and A or K is a fair try. At a 0-0 score, however, neither the opponent or the dealer should accept the turn-up without three very probable tricks, for his/her side will have the first chance to make it if the turn-up is rejected. For the same reason, the dealer should take it up if he/she can, even at some risk.
- Advanced scores often compel special tactics. With the score 4-2 or 4-1, the side “at the bridge” (having 4 points) will often accept the turn-up regardless of the cards. The idea is to be the maker; opponents can then score at most 2 points for euchre. But if an opponent becomes the make, he/she might play alone, make march, and thus win the game.
- If the opening leader has two or more trumps, he/she should usually lead one. Otherwise, he/she should usually open a plain suit in which he/she has no high card, rather than one in which he/she has. In following to a lead, try to win the trick (or let your partner win) at all costs. Holding up a high card for a possible later trick in a suit once led is a losing policy.

**Entry Regulations:**

1. Men and women compete together.
2. All ages compete together.

**EUCHRE 50+**

**20960**

**REGISTER HERE**



**Event:** Golf

**Date:** Friday, Jan. 12

**Site:** Dell Ulrich (Randolph South), 600 S. Alvernon Way

**Schedule:** Tee Times between 10-11 a.m.

**Check-In:** 30 minutes before start time

**Fees:** \$40/person (first 50 registered only)

\*Riding carts available for an additional \$12 on-site)

**Event Coordinator:** Andi Rodriguez, (520) 791-4560

#### Entry Regulations:

1. Men and women compete separately.
2. Competition will be in five-year increments beginning with 50-54 (including 80+).

[REGISTER HERE](#)

#### Format:

- 18 holes, low gross stroke play.

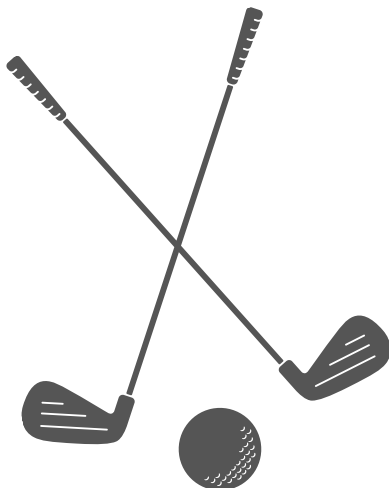
#### Sports Rules:

U.S. Golf Association (USGA) and local course winter rules (in own fairway only) apply.

- The Scoring captain in each foursome will assess rules and penalties.
- Slow players and/or players three strokes over par before reaching the Green-In-Play "must pick up their ball" and score double-par for that hole.
- Tee areas:
  - Women --- Red Tee Area
  - Men (50-64) --- White Tee Area
  - Men (65+)--- Gold Tee Area
- Age flights will play together.
- No preferred tee times.
- Tee times will be posted for each gender division and age flight at the golf course of play and the Senior Olympic Festival Office.

\*Tee times will be available by Jan. 9 by noon online. Please call the event coordinator for details.

**Arizona Senior Olympic & National Senior Games event.**



GOLF		
Age	Men	Women
50-54	20961	20968
55-59	20962	20969
60-64	20963	20970
65-69	20964	20971
70-74	20965	20972
75-79	20966	20973
80+	20967	20974

**Event:** Handball

**Date:** Friday, Jan. 19-Singles  
Saturday, Jan. 20-Doubles

**Site:** Tucson Racquet and Fitness Club  
4001 N. Country Club Rd.

**Schedule:** 9 a.m. start time

**Check-In:** 30 minutes before start time

**Fees:** \$8/singles; \$16/doubles

**Event Coordinators:** Abraham Montijo, (520) 791-5912  
Abraham.Montijo@tucsonaz.gov

#### Entry Regulations:

1. Men and women could compete together based on low Registration numbers.
2. Doubles event must use doubles entry form.
3. Competition will be in five-year increments beginning with 50-54 (including 80+).

#### Format:

- Single Elimination Tournament
- Matches are best 2 of 3 to 21 points. Win by one.
- The tiebreaker is played to 11 points. Win by one.

**REGISTER HERE**



#### Sports Rules:

- US Handball Association (USHA) Rules apply.
- Protective eyewear must be worn at all times.
- Official Ball: 21 Ball

*Arizona Senior Olympic and National Senior Games event.*

SINGLES		
Age	Men	Women
50-54	20989	20996
55-59	20990	20997
60-64	20991	20998
65-69	20992	20999
70-74	20993	21000
75-79	20994	21001
80+	20995	21002

DOUBLES		
Age	Men	Women
50-54	20975	20982
55-59	20976	20983
60-64	20977	20984
65-69	20978	20985
70-74	20979	20986
75-79	20980	20987
80+	20981	20988

**Event:** Horseshoes Clay Pits

**Date:** Saturday, Jan. 13

**Site:** Reid Park/Horseshoe Pit, Country Club at 22nd St.  
(across from McDonald's)

**Schedule:** 10 a.m. start time

**Check-In:** 30 minutes before start time

**Fees:** \$8/person

**Event Coordinator:** BJ Benjamine (520) 907-7116

### Entry Regulations:

1. Men and women compete Separately.
2. Competition will be in five-year increments beginning with 50-54.

[REGISTER HERE](#)

### Format:

Walk-up registration is allowed. Must check in by 9:30 a.m. and provide proof of age.

No late arrivals.

- The tournament is double elimination.
- All games are 21 points.
- "No shows", or those arriving after the first round is over will forfeit the game.

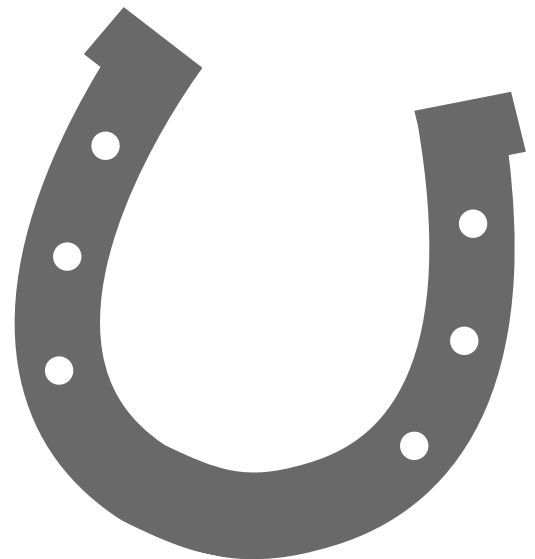
### Details:

- **IF RENTING HORSESHOES**, a \$20 deposit with a driver's license/State issued picture ID WITH \$15 refundable if horseshoes are returned with no damage. The money retained will go to the Tucson Horseshoe Pitchers Club, payable to the Event Coordinator at the time of the event.
- Event Coordinator has the right to handicap games between NHPA members when playing each other, if appropriate.
- If a participant does not have any competition in their class they will still be required to throw one game or the Event Coordinator will assign another lone member from a different age or group/class to throw against them with each one winning their respective age or group/class.

RULES WILL BE POSTED AT THE SITE

*Arizona Senior Olympic and National Senior Games event.*

Horseshoes		
Age	Men	Women
50-54	21003	21010
55-59	21004	21011
60-64	21005	21012
65-69	21006	21013
70-74	21007	21014
75-79	21008	21015
80+	21009	21016



**Event:** 5K Leisure Walk  
**Date:** Monday, Jan. 22  
**Site:** Reid Park (OPC), 800 S. Concert Pl.

**Schedule:** 9 a.m.

**Check-In:** 30 minutes before start time

**Fees:** \$8/person

**Event Coordinators:** Pauline Nunez, Pauline.Nunez@tucsonaz.gov  
 Stephanie Brooks (520) 837-8015

### Entry Regulations:

1. Men and women compete together.
2. All ages compete together.
3. You must register using the Individual Entry Form.

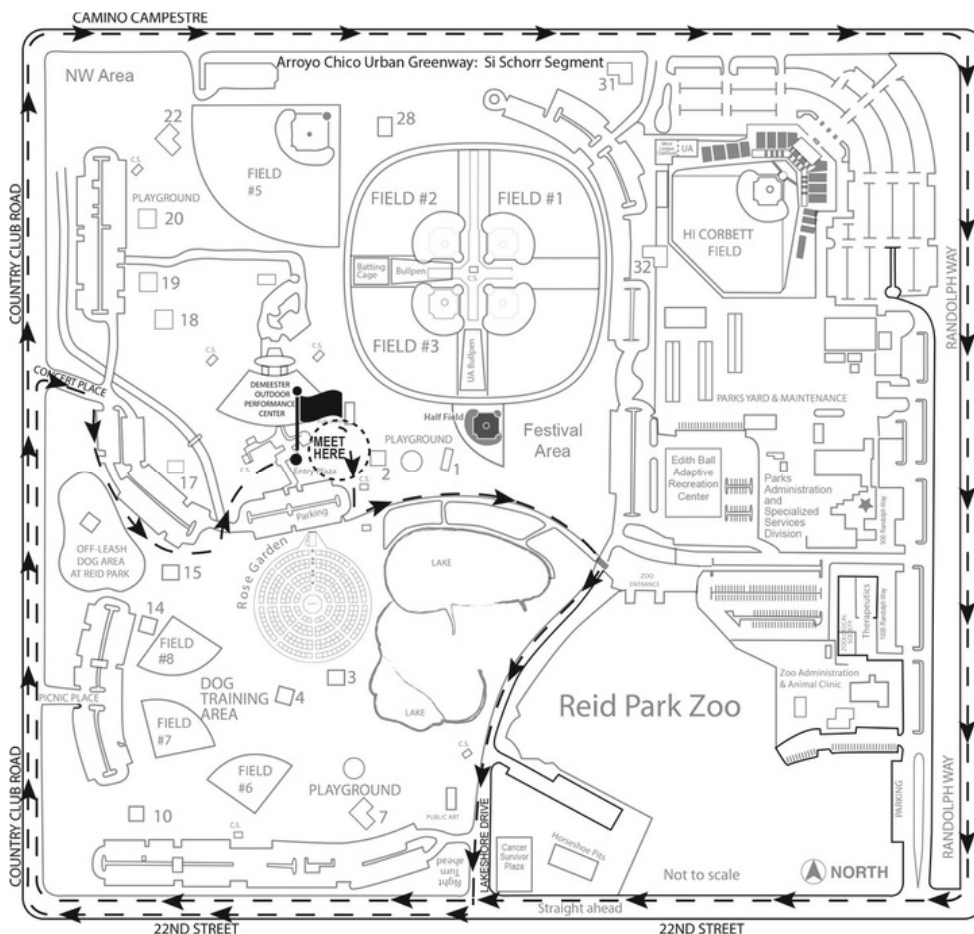
**REGISTER HERE**

Walk-up registration is allowed.

### Leisure Walk- 5K

50+

21017



### GENE C. REID PARK

(22nd and Country Club Rd.)

Dear SOF Leisure Walk Participant:

The walk will start and end at the flag poles located at the north end of the parking lot across from the Rose Garden at Entry Plaza north of the DeMeester Outdoor Performance Center.

We will walk taking all right-hand turns on our route.

- From the Entry Plaza head east along the sidewalk to Lakeshore Drive.
- Head south toward 22nd Street.
- 22nd Street turn right heading west towards Country Club.
- Country Club head north toward Camino Campestre.
- Camino Campestre turn right onto Randolph Way.
- Randolph Way head south to 22nd St.
- 22nd Street head west to Country Club.
- Country Club north to Concert Place.

Once you arrive at Concert Place turn right and walk back to Entry Plaza where the walk started and receive your medal.

Remember this is a non-competitive event. Do just what you can do! Either way you still receive a medal! Dress in layers and bring drinking water. Have fun preparing for the walk. I look forward to meeting you ALL!

Register at [EZEereg.com](http://EZEereg.com)

TUCSON PARKS AND RECREATION

# DISCOUNT PROGRAM



Low-income assistance for those who qualify.

Senior Passes as low as \$66/year!



## 25% OFF SELECT PASSES

25% discount applies only to center Quarterly/Annual Passes and Senior Activity Cards.

To find out if you qualify for this program or for more information on other opportunities to increase affordability and access to City utility services, transit, and other programs visit [Tucsonaz.gov/parks](http://Tucsonaz.gov/parks).

## 14 RECREATION CENTERS ACROSS THE CITY!

**TUCSONAZ.GOV/PARKS**





# THE TRUSTED CHOICE

---

When my dad suffered a stroke, it was my turn to help him with important decisions, like making the right choice in rehabilitation. I asked the medical professionals that treated him who they trusted for the best care and outcomes. They said Encompass Health, the nation's largest system of rehabilitation hospitals. There, they

created a rehabilitation program specifically designed for his needs using advanced technology and innovative treatments. And he was cared for by a highly trained, experienced staff that showed professionalism and compassion throughout his recovery. Now I know why they are the trusted choice of medical professionals.



## Encompass Health

Rehabilitation Hospitals

Northwest Tucson • Tucson

[encompasshealth.com](https://encompasshealth.com)

**Events:** Men's & Women's Doubles (50+ & 70+ by skill level)  
Mixed (Coed) Doubles (50+ & 70+ by skill level)

**Dates:** Wednesday, Jan. 24 (Men's Doubles 70+, Women's Doubles 70+)  
Thursday, Jan. 25 (Women's Doubles 50+, Mixed Doubles 70+)  
Friday, Jan. 26 (Mixed 50+)  
Saturday, Jan. 27 (Men's 50+)

**Site:** Udall Park, 7200 E. Tanque Verde Rd.

**Schedule:** 8 a.m.-6 p.m.

**Check-In:** 30 minutes before start time

**Fees:** \$25/person/event (USA Pickleball Membership required)

**Event Info:** Senior Olympic Office - [seniorolympics@tucsonaz.gov](mailto:seniorolympics@tucsonaz.gov)

**Event Coordinator:** Priscilla Scott - [pscottpbball@gmail.com](mailto:pscottpbball@gmail.com)

**Format:**

- All events will be skill-level events (3.0, 3.5, 4.0, 4.5, or 5.0)
- The competition ball will be optic yellow Franklin X-40.
- Double-elimination tournament format
- The tournament director reserves the right to close entries when court capacity for the day has been reached, combine events and change format based on enrollment.

**Sports Rules:**

- The USA Pickleball 2024 Rulebook & Official Rules apply, available at [usapickleball.org](https://usapickleball.org)

This is NOT a qualifying event for National Senior Games.

**USA Pickleball Membership is required to register for this tournament.**

[usapickleball.org/memberships](https://usapickleball.org/memberships)

Cost is \$35 - 1 year, \$95 - 3 years, or \$150 - 5 years

**Registration:** Begins Monday, Dec. 11, 2023

All Pickleball registrations and payments **must be done online** at [www.pickleballbrackets.com](https://www.pickleballbrackets.com)

Event Sponsor



**Encompass  
Health**

Rehabilitation Hospitals

Central Tucson • Northwest Tucson



**Entry Regulations:**

- All registrations must be done online. Each doubles partner must register, sign the waiver and pay their fees individually.
- This is a USA Pickleball sanctioned tournament. Current USA Pickleball membership required to register.
- Teams must play in the skill level of the highest rated partner in doubles.
- Both partners must be 70+ to play in 70+ doubles events.
- Participants may compete in only one event per day and one skill bracket per event.
- Entries limited to no more than 15 teams per skill/age event.
- The date of the LATTER player to register and pay online will determine the team's registration date and place them on the team list or waiting list.
- All fees and waivers must be submitted prior to the start of the tournament.
- Participants must supply their own paddle.

**VISIT  
OUR BOOTH  
ON THE  
PICKLEBALL  
COURT**

Thrive (and Dink)  
with and beyond cancer.

Knowing you have the right team in place from diagnosis to post-treatment can help bring balance and calm to your healing journey. Arizona Oncology provides world-class comprehensive cancer care, leading-edge technology, clinical trials, and support at 20+ locations across the state so you can thrive with and beyond cancer. Start your journey at **arizonaoncology.com**



**Arizona  
Oncology**

## Events:

- Squat
- Bench Press
- Dead Lift

**Date:** Friday, Jan. 19

**Site:** Desert Sports & Fitness, 2480 N. Pantano Rd.

**Schedule:** 9:30 a.m. start time

**Check-In:** 30 minutes before start time

**Fees:** \$8/event

## Entry Regulations:

1. Men and women compete separately.
2. Competition will be in five-year increments beginning with 50-54.

[REGISTER HERE](#)

**Event Coordinator:** Kelly Shupe, (520) 722-6300, [kelly.s@desertsportsandfitness.com](mailto:kelly.s@desertsportsandfitness.com)

## Sporting Rules:

- U.S. Powerlifting Federation (USPF) will apply.
- **Walk-up registration is allowed.**
- The Wilks formula, a formula based on body weight and lift poundage is used to calculate scores for each event.
- Winners will be determined by the total accumulated score for all three events.
- Weightlifting and training are required.
- Participants should bring their own belts.
- Capable spotters will be available if needed.

## Arizona Senior Olympic Games Event.

POWERLIFTING		
Age	Men	Women
50-54	21024	21031
55-59	21025	21032
60-64	21026	21033
65-69	21027	21034
70-74	21028	21035
75-79	21029	21036
80+	21030	21037





**Event:** Racquetball

**Date:** Friday, Jan. 26

**Site:** Tucson Racquet and Fitness Club  
4001 N. Country Club Rd.

**Schedule:** 9 a.m. start time

**Check-In:** 30 minutes before the competition

**Fees:** \$8/event

**Event Coordinator:** Abraham Montijo  
(520) 791-5912  
abraham.montijo@tucsonaz.gov

#### Entry Regulations:

1. Men and women compete separately.
2. Competition will be in five-year increments beginning with 50-54.
3. Protective eye wear must be worn.
4. Participants must provide own racquets.

**REGISTER HERE**

#### Format:

- Singles flights only.
- Double-Elimination.
- Matches are two games to 15 points: tiebreaker 11 points. Win by one point.

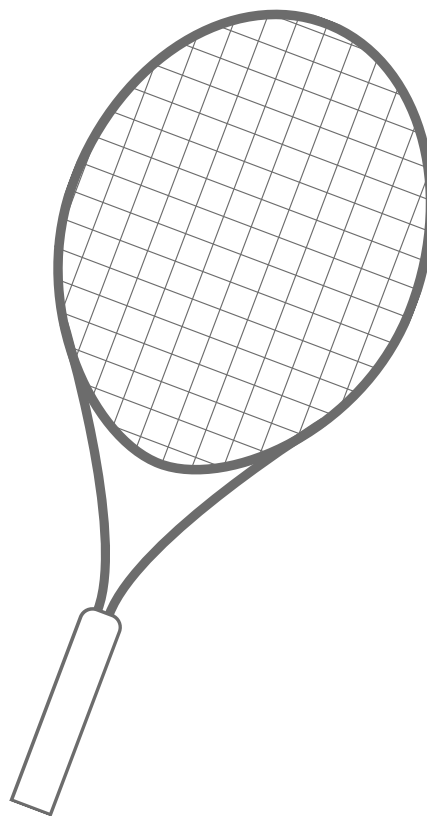
Participants will be called with playing times.

#### Sports Rules:

- U.S. Racquetball Association (USRA) rules apply.

**Arizona Senior Olympic and National Senior Games event.**

RACQUETBALL		
Age	Men	Women
50-54	21038	21045
55-59	21039	21046
60-64	21040	21047
65-69	21041	21048
70-74	21042	21049
75-79	21043	21050
80+	21044	21051



**Events:** 5K - Run & 10K - Run

**Date:** Saturday, Jan. 6

**Site:** David Bell Path/Reid Park  
Country Club Rd. at Camino Campestre

**Schedule:** 10 a.m. start time

**Check-In:** 30 minutes before start time  
Meet at Ramada #31 by Hi Corbett

**Fees:** \$8/event

**Event Coordinator:** Julissa Galindo, (520) 837-8098

### Entry Regulations:

1. Men and women compete separately.
2. Competition will be in five-year increments beginning with 50-54.

[REGISTER HERE](#)

### Format:

- **Walk-up registration is allowed.**
- The competition will be 5K and 10K distance events.
- Participants may enter both events.
- Races are run concurrently.
- For those participants entering both races, the time achieved for running the first half of the 10K race will be used as their 5K race time.
- Race walkers welcomed.

### Sports Rules:

- USA Track & Field rules apply.



5K		
Age	Men	Women
50-54	21066	21073
55-59	21067	21074
60-64	21068	21075
65-69	21069	21076
70-74	21070	21077
75-79	21071	21078
80+	21072	21079

10K		
Age	Men	Women
50-54	21052	21059
55-59	21053	21060
60-64	21054	21061
65-69	21055	21062
70-74	21056	21063
75-79	21057	21064
80+	21058	21065



**Event:** High Power Rifle

**Date:** Friday, Jan. 26

**Site:** Pima Co. Southeast Regional Park  
11296 S. Harrison Rd.

**Schedule:** 8 a.m. start time

**Fees:** \$21/event

**Event Coordinator:** Jeffery Schneider,  
(520) 419-4130  
bronte8077@gmail.com

#### Entry Regulations:

1. Men and women compete separately.
2. Competition will be in five-year increments beginning with 50-54.
3. All participants must provide own ammunition & firearms.

**REGISTER HERE**

#### Format:

- Protective ear and eyewear must be worn.
- All range and safety rules as published and/or posted by Pima County Southeast Regional Park will apply. There will be no exceptions.
- Olympic medals will be awarded based on age groups and gender
- There will be no separate awards for NRA Classification.
- Two relays. The first relay starts with 50-69 age groups, second relay 70+.
- Each relay will have a maximum of 12 shooters, 24 for the match.
- Range capacity 24 shooters.
- Relay one will fire a complete course of fire and then relay two will shoot.
- Advanced entries are suggested, but walk-up entries will be allowed.

#### Sports Rules:

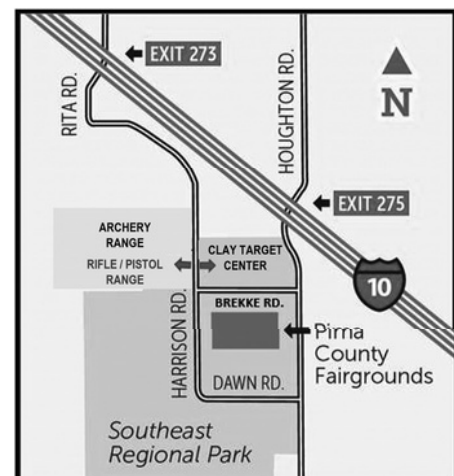
National Rifle Association (NRA) rules apply.

- Service Rifle only. Scoped rifles approved—max 4.5x
- All shooting is done at 100 yards using reduced targets. SR 1 targets

#### Course of Fire:

1. 5 sighter shots prone slow fire followed by 10 slow fire prone in 15 minutes.
2. Rapid fire prone: 10 shots fired in 80 seconds. 1 reload is required based on CMP rules.
3. Rapid fire sitting: 10 shots fired in 70 seconds. 1 reload is required based on CMP rules.
4. Standing slow fire: 10 minutes to fire 10 rounds.
5. Target: NRA standard 100-yard High Power Rifle.
6. Total rounds fired 40. Total possible points = 400

High Powered Rifle		
Coed	50+	21081



**Register at EZEereg.com**

**Events:** Rimfire Pistol / Centerfire Pistol

**Dates:** Saturday, Jan. 27

**Site:** Pima Co. Southeast Regional Park  
11296 S. Harrison Rd.

**Schedule:** (RF Pistol) 8 a.m. start time  
(CF Pistol) 8 a.m. start time

**Fees:** \$21/event

**Event Coordinator:** Jeffery Schneider,  
(520) 419-4130  
bronte8077@gmail.com

#### Entry Regulations:

1. Men and women compete separately.
2. Competition will be in five-year increments beginning with 50-54. Relays assigned according to age group.
3. All participants must supply own ammunition & firearms.

[REGISTER HERE](#)

#### Format:

- Protective ear and eyewear must be worn.
- All range and safety rules as published and/or posted by Pima County Southeast Regional Park will apply. There are no exceptions.
- Limited to 50 shooters per event.

#### Sports Rules:

Pistol (Center and Rim Fire)

- Ammo - Rimfire .22
- Ammo - Centerfire. Only standard caliber handguns (380, 9mm, 38 spl., .40 cal., and .45 cal.).
- Sights - metallic, telescopic, and electronic sights are permitted with the exception of Laser sights.
- Targets - 25 yards, B - 16, 10 record shots per target
- All pistol competitions will be shot at 25 yards using one hand or two.
- 10-minute sighting period prior to the first record target.
- 5-minute practice time prior to recording shots.
- Course of fire, 20 record shots per event.
- Slow fire time of one minute per round. Targets changed after 20 minutes for 20 record rounds.
- Second relay to be added if needed.
- Exceptions will be allowed for the disabled and handicapped.
- You may collect your own brass. Brass left on the range is the property of the Pima County Southeast Regional Park

#### Center Fire Pistol

Coed	50+	21080
------	-----	-------

#### Rim Fire Pistol

Coed	50+	21082
------	-----	-------

**Events:** Smallbore Prone Rifle

**Dates:** Sunday, Jan. 28

**Sites:** Pima Co. Southeast Regional Park  
11296 S. Harrison Rd.

**Schedule:** 9 a.m. start time

**Check-In:** 30 minutes before start time

**Fees:** \$21/event

**Event Coordinator:** Jeffery Schneider,  
(520) 419-4130  
bronte8077@gmail.com

#### Entry Regulations:

1. Men and women compete separately.
2. Competition will be in five-year increments beginning with 50-54. Relays assigned according to age group.
3. All participants must supply own ammunition & firearms.

**REGISTER HERE**

#### Format:

- Protective ear and eyewear must be worn.
- All range and safety rules as published and/or posted by the Pima County Southeast Regional Park will apply. There are no exceptions.
- Range capacity 25 shooters.

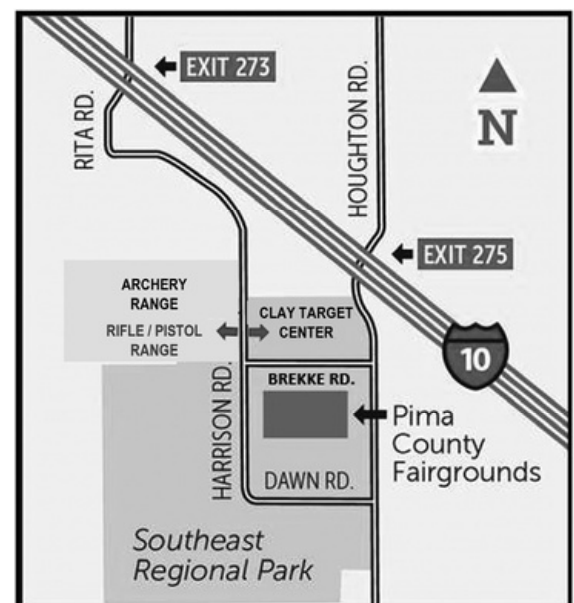
#### Sports Rules:

##### Smallbore Rifle Prone

- National Rifle Association (NRA) rules apply
- Any sights (scope or iron sights)
- Rifle .22LR caliber rifle capable of single-loading
- Ammo. .22 long rifle caliber only.
- 50 yards / N.R.A. A51 target
- 60 shots for record / shot in three stages (20 shots per target)
- Total time 20 minutes for all sighter and record rounds per stage.

Arizona Senior Olympic Games event.

Smallbore Prone Rifle		
Coed	50+	21083



**Events:** Rimfire Sporter Rifle Match  
**Dates:** Sunday, Jan. 28  
**Site:** Pima Co. Southeast Regional Park  
 11296 S. Harrison Rd  
**Schedule:** 11 a.m. start time

[REGISTER HERE](#)

**Check-In:** 30 minutes before start time  
**Fees:** \$21/event  
**Event Coordinator:** Jeffery Schneider,  
 (520) 419-4130  
 bronte8077@gmail.com

## Range Rules:

- Protective ear and eyewear must be worn.
- All range and safety rules as published and/or posted by the Pima County Southeast Regional Park will apply. There are no exceptions.
- Range capacity 25 shooters.

## Sports Rules:

### CMP Rimfire Sporter Rules

- Overall weight may not exceed 7.5lbs with sights
- Sling swivel fixed in one location on the front and rear
- No thumbhole stocks, adjustable butt plates or cheek pieces, and moveable sling swivels.
- Three-pound trigger

**Ammunition:** .22 cal. long rifle ammo only. No rimfire magnum ammo

### Course of Fire

1. 10 shots for record in 10 minutes
2. Two series of five shots rapid fire. Semi-autos 25 sec and 30 sec for manual rifles. No alibis.

### Coed Prone Stage:

- The shooter must start with a rifle butt, not in the shoulder

### Sitting or Kneeling Stage:

- The shooter must start with rifle butt, not in shoulder

### Standing Stage:

- The shooter must start with rifle butt at the hip

**Targets:** 50/25 yards NLU049

Awards based on CMP system, not according to age groups or gender.

## Entry Regulations:

### 3 Rifle Categories

1. O-Class rifle: Open sights like U, V, or square notch rear sights. Front sight is an exposed beard or post sight.
2. T-Class rifle: An aperture rear sight, telescopic sight no more than 6-power, or any type of electronic sight.
3. Tactical rifle: AR-15 type rifles. Either iron, telescopic, or electronic sights.

## Rimfire Sporter Rifle

Coed	
O-Class	21086
T-Class	21087
Tactical	21088

Awards	T-Class	O-Class	Tactical
Gold	579+	565+	585+
Silver	578-570	564-552	584-573
Bronze	550-569	551-526	572-561

**Events:** 16-yard Trap Shoot, 21-yard Trap Shoot, 12/20 Gauge Skeet  
28/.410 Gauge Skeet

**Date:** Saturday, Jan. 6

**Site:** Southeast Clay Target Center, 11295 S. Harrison Rd.

**Schedule:** 8 a.m. start time

**Check-In:** 30 minutes before start time

**Fees:** \$22/event

**Event Coordinator:** Art Panzer, [apanzer@live.com](mailto:apanzer@live.com)

**Format:**

- Protective ear and eyewear is mandatory.
- Shotguns and shells provided by the participant.

**Range/ Sport Rules:**

- All range and safety rules as published and/or posted at the Pima County Southeast Regional Park, Clay Target Center will apply. There are no exceptions.
- American Trap Association (ATA) rules apply.
- National Skeet Shooting Association (NSSA) rules apply.
- Settling ties - length of run counting backward from the last bird shot settles ties.
- Shotguns - must be unloaded with the action open at all times when not on the shooting station. After shooting, the gun must be unloaded and the action open before stepping off the station. No exceptions will be tolerated.
- Should a misfire or a gun malfunction occur, keep the gun pointed down range. Do not open the action. Call for the field referee to assist in clearing the action. Failure to adhere to this policy will result in a lost target.
- Hulls that hit the ground should not be picked up during the shooting events. This rule is for your own safety. Hulls must be picked up after the shooting events.

**Shells required:**

- **Target Loads only. No Magnum or Heavy Loads.**
- Trap - 50 shells required; 12 gauge or smaller allowed; 1-1/8 oz. maximum load allowed. No shot size larger than #7-1/2 will be allowed.
- Skeet - 50 shells required; **12 gauge:** 1-1/8 oz max, #9, #8, #7-1/2 shot size; **20 gauge:** 7/8 oz max, #9, #8, #7-1/2 shot size, **28 gauge:** 3/4 oz max, #9, #8, #7-1/2 shot size; **.410 gauge:** 1/2 oz max, #9, #8, #7-1/2 shot size. No shot size larger than #7-1/2 will be allowed.
- Trap & Skeet - Each event will consist of 2 rounds of 25 targets, 50 total.
- Medals - Three highest scores per event, by age group will determine medal winners.

**Arizona Senior Olympic Games Event**

12/20 Gauge		
Age	Men	Women
50-54	21084	21094
55-59	21085	21095
60-64	21089	21096
65-69	21090	21097
70-74	21091	21098
75-79	21092	21099
80+	21093	21100

16-YARD TRAP			REGULAR		3-POINT	
AGE	Men	Women	Men	Women	Men	Women
50-54	21101	21108	21115	21122	21129	21136
55-59	21102	21109	21116	21123	21130	21137
60-64	21103	21110	21117	21124	21131	21138
65-69	21104	21111	21118	21125	21132	21139
70-74	21105	21112	21119	21126	21133	21140
75-79	21106	21113	21120	21127	21134	21141
80+	21107	21114	21121	21128	21135	21142

### Entry Regulations:

1. Men and women compete separately.
2. Competition will be in five-year increments beginning with 50-54

REGISTER HERE



Register at [EZEereg.com](http://EZEereg.com)

**Events:** Shuffleboard - Singles/Doubles

**Dates:** Monday, Jan. 8 – Men's Singles

Tuesday, Jan. 9– Women's Singles

Thursday, Jan. 11– Any Doubles

**REGISTER HERE**

**Entry Regulations:**

1. All ages compete together.
2. Teams must use Doubles Entry Form.

**Site: Rincon West** (Men's & Women's Singles)  
4555 S. Mission Rd.

**Voyager** (Any Doubles)  
8701 S. Kolb Rd.

**Schedule:** 9 a.m. start time

**Check-In:** 30 minutes before start time

**Fees:** \$8/singles; \$16/doubles

**Event Coordinator:** Joe Wershey,  
mjwershey@hotmail.com

**Format:**

- Singles compete.
- Gender-indifferent doubles compete.

**Sports Rules:**

- Arizona Shuffleboard Association (ASA) rules apply, with modifications as noted below:
- Singles – there will be individual play with consolation. The first and second-place finishers in the championship round will receive first and second-place medals. First place in the consolation round will receive the third-place medal.
- Partner scores are added together for each frame and totaled. First and second-place finishers in the Championship bracket win first and second-place medals. First place in the consolation bracket receives the third-place medal.
- Medals are given out to 1st, 2nd, and 3rd place in each of the groups by Event Coordinator. No age determination is required. Two 1st, 2nd, and 3rd place medals are given in each group of the doubles competition.
- Players in both singles and doubles will play eight frames total, four on one side of the board and four on the other. Players will keep the same color of the discs they began with by moving their discs to the opposite side.
- Play will be continuous. No breaks, if you need a break let someone know.
- There will be no penalties. Players must not interfere with the scorekeeper.
- If possible referees will be placed on each board. If not a knowledgeable player on either side of the board will referee and call the score to the scorekeeper. A player may appeal the referee's call on a close disc. The head referee will look at the disc and his/her decision will be final.
- There will be lagging at the beginning of each game to determine who plays which color.

**Arizona Senior Olympic and National Senior Games event.**

Shuffleboard		
Any Doubles	50+	21143
Singles- Men	50+	21144
Singles- Women	50+	21145

**Events:** Slowpitch Softball

Men 50+

Co-ed 50+

**Dates:** Saturday and Sunday, Jan. 6-7**Site:** Lincoln Park Softball Complex  
(Fields 1-4) 4325 S. Pantano Rd.  
(Fields 5-8) 8118 E. Escalante Rd.**Schedule:** 9 a.m. start time**Check-In:** 30 minutes before start time**Fees:** \$250/team**Event Coordinator:** Stacey Belhumeur,  
Stacey.Belhumeur@tucsonaz.gov**Entry Regulations:**

1. Age divisions 50+
2. May only be rostered on one team.
3. 15 player roster
4. Must use team registration form.

**REGISTER HERE****Sports Rules:**

Modified USA Softball Official Rules of Softball

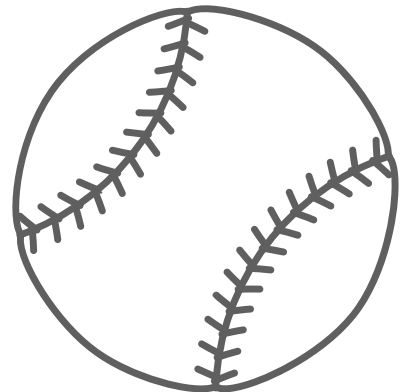
Non-Sanctioned Recreational Tournament

The team roster is limited to 15 players max. Must present valid ID at check-in.

**Format & Rules:**

- Two-day tournament.
- 3 game round robin + single elimination (4 games guaranteed).
- Game balls are provided. Trump Stote 52 cor/.300 compression
- 7 innings per game or a 60-minute time limit. No time limit for medal games.
- International tie-breaker rule is in effect until the game has a winner.
- All senior-certified bats with a 1.20 rating are allowed.
- Batters will start with a 1 & 1 count (1 ball & 1 strike).
- 5-run rule per inning with unlimited last inning. Mercy rules apply.
- Only 4 over-the-fence homeruns allowed per team, per game.
- Safety bases at first base and home plate and strike mat will be used.
- Pitchers are required to wear facemasks. Additional protection is recommended.
- Unsportsmanlike behavior will not be tolerated.

Slowpitch Softball		
Age	Men	Co-ed
50+	21146	21148





## Events: (Order of Events)

200 Individual Medley  
50 Freestyle  
100 Backstroke  
50 Breaststroke  
100 Freestyle  
50 Backstroke  
100 Breaststroke  
50 Butterfly  
100 Individual Medley  
500 Freestyle

**Date:** Wednesday, Jan. 24

**Site:** Clements Pool, 8155 E. Poinciana Dr.

**Schedule:** 1 p.m. start time

**Warm-Up:** 30 minutes before event (12:30 p.m.)

**Check-In:** 1 hour before event (noon)

**Fee:** \$5/event

**Event Coordinator:** Emma Dumont,  
Emma.Dumont@tucsonaz.gov

## Entry Regulations:

1. Men and women compete separately.
2. Competition will be in five-year increments beginning with 50-54

**REGISTER HERE**



**If you want to register after the deadline (Dec. 29), call the event coordinator. Registrations will be accepted through Thursday, Jan. 19, depending on space.**

## Format:

- The order of events is subject to change due to event participation.
- All events are timed finals.

## Sports Rules:

U.S. Masters Swimming (USMS) rules will govern swimming events.

- Any swimmer who uses any improper methods in order to gain an advantage over his/her competition will be disqualified from the event.
- Starts – the forward start may be taken from the starting blocks, the pool deck or a push from the wall. The backstroke start is taken from the wall. Each competitor will be allowed one false start. A second false start will result in disqualification.
- Turns – the breaststroke and butterfly must be done with both hands touching simultaneously. The backstroke requires some part of the swimmer to touch the wall at each turn while the freestyle requires some part of the body to touch the wall.
- Butterfly – the appropriate stroke must be attempted. The whip kick or dolphin kick may be used exclusively or interchangeably while doing the butterfly stroke at any time during the race.
- Breaststroke – appropriate stroke must be attempted.
- Freestyle – any stroke may be swum.
- Backstroke – appropriate stroke must be attempted. Stay on back except one stroke to wall for turns.
- Medley – the order of strokes in the individual medley is butterfly, backstroke, breaststroke and some stroke. Rules of the individual strokes govern turns.

***Arizona Senior Olympic and National Senior Games event.***

Course listings on the next page

REGISTER HERE

	50-YARD BACKSTROKE		50-YARD BREASTSTROKE		50-YARD BUTTERFLY		50-YD FREESTYLE	
AGE	Men	Women	Men	Women	Men	Women	Men	Women
50-54	21234	21241	21248	21255	21262	21269	21276	21283
55-59	21235	21242	21249	21256	21263	21270	21277	21284
60-64	21236	21243	21250	21257	21264	21271	21278	21285
65-69	21237	21244	21251	21258	21265	21272	21279	21286
70-74	21238	21245	21252	21259	21266	21273	21280	21287
75-79	21239	21246	21253	21260	21267	21274	21281	21288
80+	21240	21247	21254	21261	21268	21275	21282	21289

REGISTER HERE

	100-YARD BACKSTROKE		100-YARD BREASTSTROKE		100-YARD FREESTYLE		100-YD IM	
AGE	Men	Women	Men	Women	Men	Women	Men	Women
50-54	21150	21157	21164	21171	21178	21185	21192	21199
55-59	21151	21158	21165	21172	21179	21186	21193	21200
60-64	21152	21159	21166	21173	21180	21187	21194	21201
65-69	21153	21160	21167	21174	21181	21188	21195	21202
70-74	21154	21161	21168	21175	21182	21189	21196	21203
75-79	21155	21162	21169	21176	21183	21190	21197	21204
80+	21156	21163	21170	21177	21184	21191	21198	21205

REGISTER HERE

200-YD IM		
Age	Men	Women
50-54	21206	21213
55-59	21207	21214
60-64	21208	21215
65-69	21209	21216
70-74	21210	21217
75-79	21211	21218
80+	21212	21219

500-YD FREESTYLE		
Age	Men	Women
50-54	21220	21227
55-59	21221	21228
60-64	21222	21229
65-69	21223	21230
70-74	21224	21231
75-79	21225	21232
80+	21226	21233

**Events:** Table Tennis - Singles  
Table Tennis - Doubles  
Table Tennis - Mixed

**Dates:** Thursday, Jan. 11

**Site:** Santa Rosa Center **NEW LOCATION**  
1650 N. Santa Rosa Ave

**Schedule:** Singles-10 a.m. start time

Doubles-1 p.m. start time

\*The facility will open at 9 a.m. for warm-ups

**Check-In:** 30 minutes before start time

**Fee:** \$8/singles, \$16/doubles

**Event Coordinator:** Pilar Kirkendall,  
Pilar.Kirkendall@tucsonaz.gov

**Format:**

- Walk-up registration is allowed.
- Singles, doubles, and mixed doubles flights are competed.
- The tournament format is dependent upon number of participants.
- Games are 3 out of 5 – up to 11 points.
- The ball is spherical, with a diameter of 40mm.
- The weight of the ball is 2.7 gm.
- Sports Rules:
- U.S.A. Table Tennis Association (USTTA) rules apply.

**Entry Regulations:**

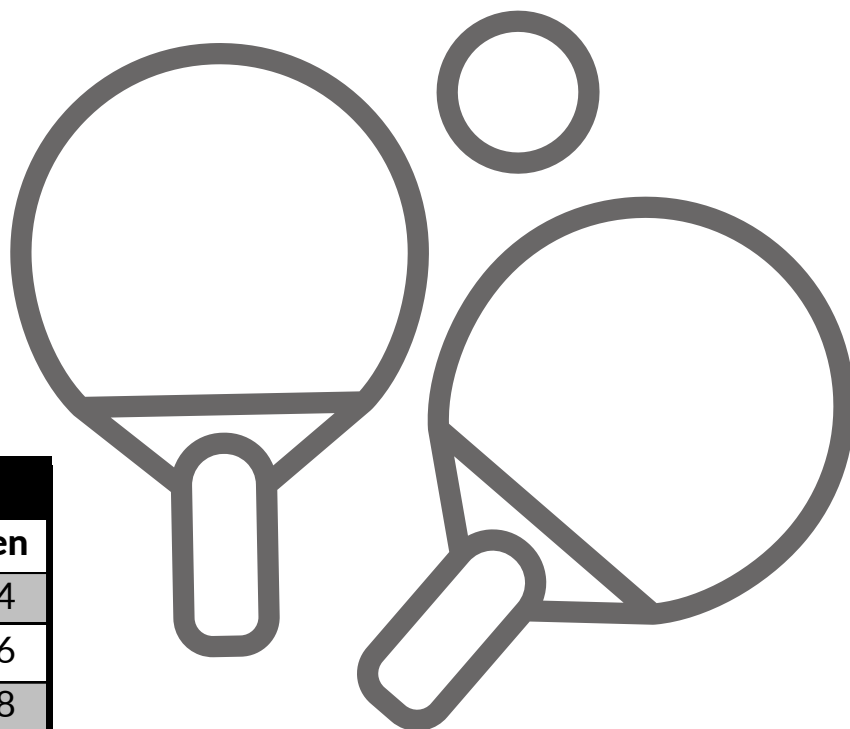
1. Men and women compete separately.
2. Competition will be in ten year increments beginning with 50-59.
3. Doubles teams please use the Doubles Entry Form.
4. Each participant must wear a solid, dark colored shirt.
5. Each player must bring his/her own racket.

[REGISTER HERE](#)

**Arizona Senior Olympic and National Senior Games event.**

Table Tennis Singles		
Age	Men	Women
50-59	21311	21318
60-69	21313	21320
70-79	21315	21322
80+	21317	21324

Table Tennis Doubles			
Age	Coed	Men	Women
50-59	21290	21297	21304
60-69	21292	21299	21306
70-79	21294	21301	21308
80+	21296	21303	21310



**Events:** Tennis - Singles & Doubles

**Dates:** Tuesday, Jan. 9, Singles

Wednesday, Jan. 10, Doubles

Thursday, Jan. 11, Doubles

**Site:** El Conquistador Tennis Courts at  
Oro Valley Community & Recreation Center  
10555 N. La Canada Dr. Oro Valley, AZ 85737

**Schedule:** Each event's schedule is dependent on number of participants. Draws and match times will be posted online at [Tucsonaz.gov/seniorolympicfestival](http://Tucsonaz.gov/seniorolympicfestival) by Friday, Jan. 5, 2024.

**Check-In:** 30 minutes before Match Time

**Fees:** \$8/singles or \$16/doubles

**Event Coordinators:** Joe Stubbins, (520) 791-4931

**Format:**

- Depending on the number of participants who register for the event, the Event Coordinator will adjust or combine age divisions to best accommodate those registered for the event and the playing schedules.
- There will be no age averaging in doubles – doubles teams will compete in the age group of the youngest player.
- The format of matches will be - 2 out of 3 sets, match tie break in lieu of the third set (first one to 10 points, win by 2 points). In the event of larger draws or time constraints, an 8-game pro set will be played instead.
- Draws will include consolation match play – providing at least 2 rounds for all participants.
- U.S. Tennis Association (USTA) rules apply.

**Sporting Rules:** U.S. Tennis Association (USTA) rules apply.

### Entry Regulations:

1. Men and women compete separately (except for Coed doubles)
2. Competition will be grouped by USTA standards of Senior (50-59yrs.) Super Senior (60-69yrs.) & Ultra Senior (70yrs+)
3. Participants must include partners on Doubles Registration Form.

**REGISTER HERE**

Tennis Doubles			
Age	Coed	Men	Women
50-54	21325	21332	21339
55-59	21326	21333	21340
60-64	21327	21334	21341
65-69	21328	21335	21342
70-74	21329	21336	21343
75-79	21330	21337	21344
80+	21331	21338	21345

Tennis Singles		
Age	Men	Women
50-54	21346	21353
55-59	21347	21354
60-64	21348	21355
65-69	21349	21356
70-74	21350	21357
75-79	21351	21358
80+	21352	21359

**Events:** Texas Hold 'Em  
**Date:** Thursday, Jan. 25  
**Site:** Archer Center, 1665 S. La Cholla Blvd.  
**Schedule:** 10 a.m. start time  
**Check-In:** 30 minutes before start time  
**Fees:** \$8/event  
**Event Coordinator:** Justin Spoonamore,  
 justinspoonamore@tucsonaz.gov

## Entry Regulations:

1. Men and women compete together.
2. All ages compete together.
3. You must use Individual Entry Form.

[REGISTER HERE](#)

**General Information:** Walk-up registration is allowed.

- Blinds will go up every 12 min but may be shortened at the discretion of the Tournament Host.
- No sharing of chips.
- One player per hand. No coaching or advising another player during play.
- All-in hands will be turned up after all betting has ended.
- Misdeals shall be re-dealt.
- If a player must leave early, his/her chips will be returned to the tournament host.
- All players should play to win - no side deals or soft play is allowed.
- The tournament host's ruling is final.

## Sports Rules:

- Robert's Rules of Texas Hold 'Em
- Poker Volume 11

## Texas Hold 'Em

50+	21360
-----	-------



**Order of Events:** Discus  
 High Jump  
 Javelin  
 Running Long Jump  
 Standing Long Jump  
 Shot Put  
 1500 Meter Run  
 50 Meter Run  
 400 Meter Run  
 400 Meter Race Walk  
 100 Meter Dash  
 800 Meter Run  
 200 Meter Dash  
 1500 Meter Race Walk

#### Entry Regulations:

1. Men and women compete separately.
2. Competition will be in five-year increments beginning with 50-54.

**REGISTER HERE**



**Date:** Saturday, Jan. 13

**Site:** U of A Drachman Stadium, 501 S. Plumer Ave

**Schedule:** 9 a.m. - Field Events

Noon - Running Events

**Check-In:** 30 min. before event start

**Fees:** \$8/event

**Event Coordinator:** Joe Stubbins, (520) 791-4931, Joeseeph.Stubbins@tucsonaz.gov

#### Format:

- Walk-up registration allowed
- The order of events will be dependent on the number of participants.

#### Sports Rules:

USA Track & Field (USATF) rules will apply with the modifications listed below.

- A competitor's second false start in a running event will result in the disqualification of the competitor from that event.
- Running events will have priority over field events. Should you be competing in a track event and a field event at the same time, please check into your field event and then proceed quickly to the running event that has been called.
- Tennis shoes and ¼" spikes will be allowed. All shoes will be checked. No bare feet or hard sole shoes allowed or you will be disqualified.
- Any competitor who is disqualified for unsportsmanlike conduct is ineligible for further participation in the meet and forfeits any award.
- Each competitor is solely responsible for promptly reporting for each event entered and at the place designated for any field event. Field event participants must report to the appropriate field event judge prior to competing in a time-conflicting running event.
- All competitors are to remain in the bleachers and off of the track/field when not competing. When competitors' event is called they are to then report to the "Bull Pen" area and will be taken to their event by meet personnel.
- Ties – any ties among field event contestants who tie for first, second, and or third within each age/gender group will be resolved by determining the better of the second-best attempt of the tied competitors.

- Discus Throw – You will be allowed 2 warm-ups and 3 official attempts.
  - 1.5 kg for men under 60 years of age
  - 1.0 kg for all women and men 60 years and older
- High Jump – warm-up jumps allowed. Competitors allowed a maximum of three attempts to successfully clear each successive height.
- Javelin – Competitors allowed two warm-ups and three official attempts. Must be thrown with one hand only, and the hand must remain on the grip until the javelin is released.
  - 800 gm for men under 60 years of age
  - 600 gm for men 60 years of age or older
  - 400 gm for all women
- Racewalking – a progression of steps so taken that unbroken contact with the ground is maintained. One foot on the ground at all times. (Thou shalt not run).
  - During the period of each step, the advancing foot of the walker must make contact with the ground before the rear foot leaves the ground.
  - The supporting leg must be straight (i.e. not bent at the knee) for at least one moment when in the vertical upright position.
  - Failure to adhere to the above definition of race-walking will result in disqualification. Must not cover the knees with clothes to impede the decisions of the Judges in any way.
- Running Long Jump - Two warm-ups and three official attempts will be allowed.
  - Running start only to scratch line. Measurement of the jump is made at a right angle from the scratch line to the nearest break in the landing area made by any part of the body.
- Shot Put–Two warm-ups and three official attempts will be allowed.
  - The shot put must be held with one hand from above the shoulder. The hand and the shot must remain above the level of the shoulder at all times.
    - 6kg for men under 60 years of age
    - 5kg for men 60-69 years of age
    - 4kg for men 70 years of age and older
    - 3kg for women
- Standing Long Jump - Two warm-ups and three official attempts will be allowed.
  - A jump is attempted with both feet parallel, behind the scratch line. Measurement of the jump is made at a right angle from the scratch line to the nearest break in the landing area made by any part of the body.

**Arizona Senior Olympic and National Senior Games event.**

AGE	RUNNING LONG JUMP		SHOT PUT		STANDING LONG JUMP	
	Men	Women	Men	Women	Men	Women
50-54	21473	21480	21487	21494	21501	21508
55-59	21474	21481	21488	21495	21502	21509
60-64	21475	21482	21489	21496	21503	21510
65-69	21476	21483	21490	21497	21504	21511
70-74	21477	21484	21491	21498	21505	21512
75-79	21478	21485	21492	21499	21506	21513
80+	21479	21486	21493	21500	21507	21514

**REGISTER HERE**





50 METER RUN			100 METER RUN		200 METER RUN	
AGE	Men	Women	Men	Women	Men	Women
50-54	21403	21410	21361	21368	21375	21382
55-59	21404	21411	21362	21369	21376	21383
60-64	21405	21412	21363	21370	21377	21384
65-69	21406	21413	21364	21371	21378	21385
70-74	21407	21414	21365	21372	21379	21386
75-79	21408	21415	21366	21373	21380	21387
80+	21409	21416	21367	21374	21381	21388

REGISTER HERE

400 METER RUN			800 METER RUN		1500 METER RUN	
AGE	Men	Women	Men	Women	Men	Women
50-54	21389	21396	21417	21424	21515	21522
55-59	21390	21397	21418	21425	21516	21523
60-64	21391	21398	21419	21426	21517	21524
65-69	21392	21399	21420	21427	21518	21525
70-74	21393	21400	21421	21428	21519	21526
75-79	21394	21401	21422	21429	21520	21527
80+	21395	21402	21423	21430	21521	21528

400 METER WALK			1500 METER WALK		DISCUS	
AGE	Men	Women	Men	Women	Men	Women
50-54	21543	21550	21529	21536	21431	21438
55-59	21544	21551	21530	21537	21432	21439
60-64	21545	21552	21531	21538	21433	21440
65-69	21546	21553	21532	21539	21434	21441
70-74	21547	21554	21533	21540	21435	21442
75-79	21548	21555	21534	21541	21436	21443
80+	21549	21556	21535	21542	21437	21444

High Jump		
Age	Men	Women
50-54	21445	21452
55-59	21446	21453
60-64	21447	21454
65-69	21448	21455
70-74	21449	21456
75-79	21450	21457
80+	21451	21458

Javelin		
Age	Men	Women
50-54	21459	21466
55-59	21460	21467
60-64	21461	21468
65-69	21462	21469
70-74	21463	21470
75-79	21464	21471
80+	21465	21472

REGISTER HERE

[REGISTER HERE](#)

**Events:** Coed, Men's, Women's

**Dates:** Saturday, Jan. 20 - Men's / Women's  
Sunday, Jan. 21 - Coed

**Sites:** Sahuaro High School Gymnasium, 545 N. Camino Seco  
Overflow games may take place at Clements Center

**Schedule:** 8:30 a.m. start time

**Check-In:** 30 min. before the match start time

**Fees:** \$185/team

**Event Coordinator:** Marci Gregg, (520) 791-4560  
Marci.Gregg@tucsonaz.gov

**Format:**

- The format depends on the number of teams in each age division.
- Modified Pool Play: 1 set to 25 points.
- Traditional Double Elimination (4 or fewer Teams): Guaranteed 2 tournament matches. Modified Double Elimination (5+ Teams): Guaranteed 2 tournament matches.
- Age divisions may be combined in an attempt to allow every team to play.
- If there is only one team in an age division this team must play an exhibition match to receive their medals.
- Awards will be distributed within each division (even if divisions are combined).
- Ties: For two teams: head-to-head play. More than two teams: total points scored for those matches played against each other.

**Sport Rules:**

USA Volleyball standard rules apply.

- Shirts do not have to match but teams must have shirts with numbers on the front and on the back.
- Teams must be on the court and ready to play when the referee starts the match. Teams risk forfeiting points in the set or match.
- Matches will start 6 minutes after the previous match which includes the team's shared warm-up.
- Teams will be scheduled as the working/ref team when not playing.



**Entry Regulations:**

1. Team Entry Form must be completed by the Coach/Manager and submitted with the team's entry fee, roster and completed waiver form.
2. Men and women compete separately.
3. Competition will be 50+, 55+, 60+, 65+ 70+ and 75+.
4. Team roster is limited to 15 players.

Volleyball			
Age	Men	Coed	Women
50-54	21564	21557	21571
55-59	21565	21558	21572
60-64	21566	21559	21573
65-69	21567	21560	21574
70-74	21568	21561	21575
75-79	21569	21562	21576
80+	21570	21563	21577



**Pain Institute**  
of Southern Arizona

## Individual/Doubles Entry Form

**Senior Olympic Festival—January 6– 28, 2024**

First Name	Middle	Last	DOB	Age (as of 12/31/23)	Gender
Address			City	State	Zip Code
Phone	Alt. Phone	Email			
Emergency Contact		Phone	Relation		

### DOUBLES ONLY: PLEASE ENTER YOUR PARTNER'S INFORMATION BELOW

First Name	Middle	Last	DOB	Age (as of 12/31/23)	Gender
------------	--------	------	-----	----------------------	--------

### INDIVIDUAL/DOUBLES EVENT REGISTRATION INFORMATION

	Event Name	Course Code #	Cost

#### Extra Fee:

Pins x\_\_\_\_\$3  
 Small T-Shirt x\_\_\_\_\$7  
 Medium T-Shirt x\_\_\_\_\$7  
 Large T-Shirt x\_\_\_\_\$7  
 X-Large T-Shirt x\_\_\_\_\$7  
 XX-Large T-Shirt x\_\_\_\_\$7  
 XXX-Large T-Shirt x\_\_\_\_\$7

#### Qty.

\_\_\_\_\_ Cash Payment

\_\_\_\_\_ **CheckPayment: Please make checks payable to: "City of Tucson"** Send Registration and payment to:  
**920 S. Randolph Way, Tucson, AZ 85716**

Total Cost for Activities \$\_\_\_\_\_  
 Total Cost for Extras \$\_\_\_\_\_  
 Donation to SOF \$\_\_\_\_\_  
**\*Total Payment** \$\_\_\_\_\_

Please indicate the quantity and size you would like to order (include partner if necessary).



### **Agreement, Release, and Waiver of Liability**

This Agreement, Release, and Assumption of Risk is hereby, freely, voluntarily, and without duress executes this release under the following Release and Waiver:

I, the undersigned, hereby agree to indemnify, save and hold harmless the City of Tucson, the Pima County Natural Resources and Parks and Recreation Department, Senior Olympic Festival Committee, or any of their sponsors, agents, or representatives of my health, safety, or any injury related to, or arising from any participation in the Senior Olympics Festival.

I understand, with more than 100 events in over 35 sports/activities being conducted in one month, that some scheduling conflicts and long competition days are unavoidable. I have prepared myself for the events which I have entered by practicing prior to the Festival. To the best of my knowledge and belief, I have no physical and/or medical restrictions which would prohibit my participation in the events I have selected.

I understand that the Released Parties do not assume responsibility or obligation to provide financial assistance or any other assistance in the ASSUMPTION OF RISK.

The City of Tucson Parks and Recreation Department has my permission to administer first aid and/or CPR if the Parks and Recreation staff on site deem such treatment necessary. I understand that not every event has a City of Tucson Parks and Recreation staff or First Aid/CPR-trained event coordinator present. I understand that in any case of emergency, 911 will be called to administer professional treatment.

I hereby grant the City of Tucson Parks and Recreation Department permission to record my likeness and/or voice for use by the television, films, radio, or printed media to further the aims of the City of Tucson Parks and Recreation program in related campaigns and magazine articles, booklets, posters and in any other ways it may deem appropriate.

Print Name: \_\_\_\_\_

Date: \_\_\_\_\_

Signature: \_\_\_\_\_



**Pain Institute**  
of Southern Arizona

## Team Entry Form

**Senior Olympic Festival—January 6– 28, 2024**

Captain's Name	Middle	Last	DOB	Age (as of 12/31/23)	Gender
Address		City	State	Zip Code	
Phone	Alt. Phone	Email			
Emergency Contact		Phone	Relation		

Individual Event Registration Information (Basketball 3-on-3, Bocce, Slow pitch Softball, and Volleyball Only)

Event Name: \_\_\_\_\_ Course Code: \_\_\_\_\_ Team Name: \_\_\_\_\_

TEAM ROSTER			
Name	Phone	Shirt Size	DOB

### Extra Fee:

### Qty.

Pins \_\_\_\_\_x \$3  
Small T-Shirt \_\_\_\_\_x \$7  
Medium T-Shirt \_\_\_\_\_x \$7  
Large T-Shirt \_\_\_\_\_x \$7  
X-Large T-Shirt \_\_\_\_\_x \$7  
XX-Large T-Shirt \_\_\_\_\_x \$7  
XXX-Large T-Shirt \_\_\_\_\_x \$7

\_\_\_\_\_ Cash Payment

\_\_\_\_\_ **CheckPayment: Please make checks payable to: "City of Tucson"** Send Registration and payment to:  
**920 S. Randolph Way, Tucson, AZ 85716**

Please indicate the quantity and size you would like to order (include partner if necessary).

Total Cost for Activities \$ \_\_\_\_\_  
Total Cost for Extras \$ \_\_\_\_\_  
Donation to SOF \$ \_\_\_\_\_  
**\*Total Payment** \$ \_\_\_\_\_

### TEAM ROSTER CONTINUED

Name	Phone	Shirt Size	DOB

### Agreement, Release, and Waiver of Liability

This Agreement, Release, and Assumption of Risk is hereby, freely, voluntarily, and without duress executes this release under the following Release and Waiver:

I, the undersigned, hereby agree to indemnify, save and hold harmless the City of Tucson, the Pima County Natural Resources and Parks and Recreation Department, Senior Olympic Festival Committee, or any of their sponsors, agents, or representatives of my health, safety, or any injury related to, or arising from any participation in the Senior Olympics Festival.

I understand, with more than 100 events in over 35 sports/activities being conducted in one month, that some scheduling conflicts and long competition days are unavoidable. I have prepared myself for the events which I have entered by practicing prior to the Festival. To the best of my knowledge and belief, I have no physical and/or medical restrictions which would prohibit my participation in the events I have selected.

I understand that the Released Parties do not assume responsibility or obligation to provide financial assistance or any other assistance in the ASSUMPTION OF RISK.

The City of Tucson Parks and Recreation Department has my permission to administer first aid and/or CPR if the Parks and Recreation staff on site deem such treatment necessary. I understand that not every event has a City of Tucson Parks and Recreation staff or First Aid/CPR-trained event coordinator present. I understand that in any case of emergency, 911 will be called to administer professional treatment.

I hereby grant the City of Tucson Parks and Recreation Department permission to record my likeness and/or voice for use by the television, films, radio, or printed media to further the aims of the City of Tucson Parks and Recreation program in related campaigns and magazine articles, booklets, posters and in any other ways it may deem appropriate.

Print Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**DATES TO REMEMBER:**

**Registration dates: Nov. 6-Dec. 29, 2023**

**Meet the Coordinators Event - Jan. 5, 2024, from Noon-2 p.m.**

**Senior Olympic Events run from Jan. 6-28, 2024**

**WAYS TO REGISTER**

Online registration at: [ezeereg.com](http://ezeereg.com)

Walk-in registration at: Parks Administration  
920 S. Randolph Way, Tucson, AZ 85716

Mail-in registration: Senior Olympics  
920 S. Randolph Way  
Tucson, AZ 85716

**SCAN ME**



**THINGS TO NOTE**

You **MUST** already have an account to register online. To create an account register online, call, or walk in to any of our recreation centers.

**Below is a step-by-step guide on how to register online:**

1. Click on the Activity Registration tab
2. Click on the Activity Categories option and select Senior Olympics
3. Select the desired activity you want to register for
4. Select Add To Cart
5. Follow the login prompts
6. Select Participant and then next
7. Agree or disagree with the Activity Privacy Policy
8. Agree to Waiver and then next
9. You **MUST** add merchandise to your cart to purchase a t-shirt, pin, or make a donation. Select the merchandise you wish to purchase and then add to fees.
10. Click on Proceed to Shopping Cart
11. Confirm fees and click on Proceed To Checkout
12. Fill out payment info and click on Pay and Finish
13. **View receipt and print if desired**





*For doing  
it your way.*

*For refusing to  
act your age.*



*For showing the  
true olympic spirit.*



*The Pain Institute of Southern Arizona  
salutes you!*

For the past 20 years The Pain Institute of Southern Arizona has been making a meaningful difference in the lives of individuals and our communities through compassion and innovation.



**Pain Institute**  
of Southern Arizona

LOCATIONS THROUGHOUT TUCSON, SAFFORD, BENSON, SANTAN AND APACHE JUNCTION

**PISApain.com | (520)-999-9000**



900 S. Randolph Way  
Tucson, AZ 85716

PRST STD  
U.S. POSTAGE  
**PAID**  
TUCSON, AZ  
PERMIT NO. 426