

*Times and events are
subject to change*



October



Quincie Douglas
Active Adult
Activity Calendar



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Brain Teaser Packet 9a-10a Dia de los Muertos Alter Set Up 10a-11a	2  Tai Chi 10a-11a
5 Loteria  9:30a-10a Mexican Paper Flowers  10a-11a	6 Movement w/Andrew 9:30a-10a Calavera Tile Art w/Andrew 10a-11a	7  Dance 10a-11a	8  9:30a-10a Grief Group/Sugar Skulls w/Andrew 10a-11a	9  Tai Chi 10a-11a
12 "Hang Man" 9:30a-10a Pumkin Smoothies Tutorial  10a-10:30a	13 Movement w/Andrew 9:30a-10a Decorate Frame Craft  10a-11a 	14  Dance 10a-11a	15  9:30a-10a Grief Group/Garland Craft w/Andrew 10a-11a	16  Tai Chi 10a-11a
19 Loteria  9:30a-10a Pumpkin Patch Craft  10a-11a	20 <i>Mega</i>  4p-6p Senior Room (MPR) Closes @ 12p	21  Dance 10a-11a	22  9:30a-10a Grief Group/Monarch Butterflies Craft w/Andrew 	23  Tai Chi 10a-11a
26 Card Games 9:30a-10a  Fall Art 10a-10:30a 	27 Movement w/Andrew 9:30a-10a Decorate Dia De Los Muertos Alter  10a-11a	28  Dance 10a-11a	29  9:30a-10a October Birthdays 11a-11:30a 	30 HALLOWEEN DANCE PARTY 9a-11a 