



Monday

HELLO May 2025



Tuesday

Wednesday

Thursday



Friday



<p>PCOA Meal Program 60+ Monday-Friday 12-1 pm \$2 suggested daily donation Registration required Sign up due the Tuesday week prior</p>	<p>Events in Red require preregistration. Some programs have a fee. Please check with front desk staff</p>		<p>1 Chair Fitness 8-8:55 am Chair Fitness 9:05-10 am Canasta 10:30-2 pm Zentangle 10-11 am Craft Ladies 10:30-2 pm</p>	<p>2 PCOA Enhanced Fitness 8:30-9:30 am Mahjong 10-2 pm Fieldtrip to Udall Center Cinco de Mayo 12:30-3:30pm</p>
<p>5 PCOA EnhanceFitness 8:30-9:30 am Chair Yoga 9-10 am</p>	<p>6 Chair Fitness 8-8:55 am Chair Fitness 9:05-10 am Mahjong 10-2 pm Gardening Club 10:30 am Air Dry Clay Class 10:30 am Sign up for Meals for next week!</p>	<p>7 PCOA EnhanceFitness 8:30-9:30 am Chair Volleyball 9-10 am Table Games 10:30-12 pm Gardening Club 8 am Farkle 1-3 pm</p>	<p>8 Chair Fitness 8-8:55 am Chair Fitness 9:05-10 am Canasta 10:30-2 pm Zentangle 10-11 am Craft Ladies 10:30-2 pm</p>	<p>9 PCOA Enhanced Fitness 8:30-9:30 am Mahjong 10-2 pm Mother's Day Bingo lunch celebration 10-11:30 am</p>
<p>12 PCOA Enhanced Fitness 8:30-9:30 am Chair Yoga 9-10 am</p>	<p>13 Chair Fitness 8-8:55 am Chair Fitness 9:05-10 am Mahjong 10-2 pm Gardening Club 10:30 am Painting with Carol 10:30 am Sign up for Meals for next week!</p>	<p>14 PCOA EnhanceFitness 8:30-9:30 am Chair Volleyball 9-10 am Table Games 10:30-12 pm Gardening Club 8 am Farkle 1-3 pm Bunko 5-7:30 pm Cribbage 5:30-7:30 pm</p>	<p>15 Chair Fitness 8-8:55 am Chair Fitness 9:05-10 am Canasta 10:30-2 pm Zentangle 10-11 am Craft Ladies 10:30-2 pm</p>	<p>16 PCOA EnhanceFitness 8:30-9:30 am Mahjong 10-2 pm</p>
<p>19 PCOA Enhanced Fitness 8:30-9:30 am Chair Yoga 9-10 am</p>	<p>20 Chair Fitness 8-8:55 am Chair Fitness 9:05-10 am Mahjong 10-2 pm Gardening Club 10:30 am Sign up for Meals for next week!</p>	<p>21 PCOA ENHANCE FITNESS 8:30-9:30 am Chair Volleyball 9-10 am Table Games 10:30-12 pm Gardening Club 8 am Farkle 1-3 pm</p>	<p>22 Chair Fitness 8-8:55 am Chair Fitness 9:05-10 am Stirring the Pot 10:30 am Canasta 10-2 pm Zentangle 10-11 am Craft Ladies 10:30-2 pm</p>	<p>23 PCOA EnhanceFitness 8:30-9:30 am Mahjong 10-2 pm Bingo (No Lunch) 10-11:30 am</p>
<p>26 MEMORIAL DAY Center Closed</p>	<p>27 Chair Fitness 8-8:55 am Chair Fitness 9:05-10 am Mahjong 10-2 pm Gardening Club 10:30 am Sign up for Meals for next week!</p>	<p>28 PCOA EnhanceFitness 8:30-9:30 am Chair Volleyball 9-10 am Table Games 10:30-12 pm Gardening Club 8 am Farkle 1-3 pm Cribbage 5:30-7:30 pm</p>	<p>29 Chair Fitness 8-8:55 am Chair Fitness 9:05-10 am Canasta 10:30-2 pm Zentangle 10-11 am Craft Ladies 10:30-2 pm Fieldtrip to Udall Center Senior Resource Fair 9:30-12 pm</p>	<p>30 PCOA EnhanceFitness 8:30-9:30 am Mahjong 10-2 pm</p>