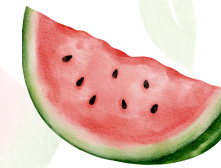


AUGUST

2025



Daily Activities

Monday:

Dominoes 12-3
Card Club 9 -3
Guitar w/Ramon
12:30 - 3:30

Tuesday:

Card Club 9 - 3
Paper Crafts
10 - 3
Dominoes 12-3

Wednesday:

Dominoes 12-3
Card Club 9 -3
Guitar w/Ramon
12:30 - 3:30

Thursday:

Quilters 9-3
Dominoes 12-3
Card Club 9 -3

Friday:

Dominoes 12-3
Card Club 9 -3
Guitar w/Ramon
12:30 - 3:30

				1 Zumba/Chair Exercise (Video) 9 AM- 11 AM
4 El Rio Chair Exercise 10AM-11AM Wii Bowling 12pm-1:30pm	5 MPR CLOSED for Elections Chair Volleyball 10:30AM-11:30AM (Activity Center)	6 El Rio Chair Exercise 10AM-11AM Doc Talk 12pm	7 Better Balance w/ El Rio 9AM-10AM Chair Volleyball 10:30AM-11:30AM Painting w/Marco 10:30am - 12:30pm	8 Zumba/Chair Exercise 9 AM- 11 AM (Video) Free Legal Advice 11:30am - 1:30pm (must sign up)
11 El Rio Chair Exercise 10AM-11AM Wii Bowling 12pm-1:30pm	12 Better Balance w/ El Rio 9AM-10AM Chair Volleyball 10:30AM-11:30AM Loteria 12:30PM-2PM	13 El Rio Chair Exercise 10AM-11AM	14 Better Balance w/ El Rio 9AM-10AM Chair Volleyball 10:30AM-11:30AM	15 No Exercise Classes Lunch & Learn 11am - 2pm
18 El Rio Chair Exercise 10AM-11AM Wii Bowling 12pm-1:30pm	19 Better Balance w/ El Rio 9AM-10AM Chair Volleyball 10:30AM-11:30AM Minute to Win it Games 12:30pm - 1:30pm	20 El Rio Chair Exercise 10AM-11AM Karaoke w/ Gaby 12pm	21 Better Balance w/ El Rio 9AM-10AM Chair Volleyball 10:30AM-11:30AM Painting w/Marco 10:30am - 12:30pm	22 Zumba/Chair Exercise 9 AM- 11 AM (Video) General Meeting 11:30 AM
25 Center CLOSED for cleaning	26 Center CLOSED for cleaning	27 Center CLOSED for cleaning	28 Center CLOSED for cleaning	29 Center CLOSED for cleaning

EL PUEBLO SENIOR CENTER

520-791-3250
101 W. Irvington Rd
Bldg. 13
Tucson AZ 85714
Monday-Friday:
9 a.m.-4 p.m.
Closed on
Saturday, Sunday,
and Holidays.

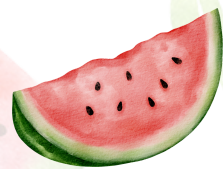
Memberships

Residents:

Yearly - \$25.00
Quarterly-\$7.00
Day-\$1.50

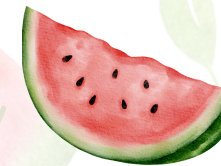


Anyone in need of an accommodation should contact the department at least two weeks in advance if possible. For more details email the Inclusion Coordinator at TPRD-Therapeutics@tucsonaz.gov or contact call 520-791-4504.



AGOSTO

2025



Actividades Diarias

Lunes:

Dominós 12 -3
Club de Cartas 9 -3
Guitara c/Ramon
12:30 - 3:30

Martes:

Club de Cartas 9-3
Artesanias de Papel
10 - 3

Dominós 12 - 3

Miércoles:

Dominós 12 -3
Club de Cartas 9 -3
Guitara c/Ramon
12:30 - 3:30

Jueves:

Dominós 12 -3
Club de Cartas 9 -3
Club de Bordado
9-3

Viernes:

Dominós 12 -3
Club de Cartas 9 -3
Guitara c/Ramon
12:30 - 3:30

				1 Zumba/Ejercicio de Silla (Video) 9AM - 11AM
4 El Rio Ejercicio de Silla 10AM-11AM Bolos Virtual 12 PM-1:30PM	5 MPR CERRADO por Elecciones Voleibol en Silla 10:30 AM-11:30 PM	6 El Rio Ejercicio de Silla 10AM-11AM Platica Con el Medico 12pm	7 Mejor Equilibrio 9AM-10AM Voleibol en Silla 10:30 AM-11:30 PM Pintura c/Marco 10:30 AM- 12:30 AM	8 Zumba/Ejercicio de Silla (Video) 9AM - 11AM Un Consejo legal Gratis 11:30am - 1:30pm (Porfavor Registrarse)
11 El Rio Ejercicio de Silla 10AM-11AM Bolos Virtual 12 PM-1:30PM	12 Mejor Equilibrio c/ El Rio 9AM-10AM Voleibol en Silla 10:30AM-11:30PM Loteria 12:30PM-2PM	13 El Rio Ejercicio de Silla 10AM-11AM	14 Mejor Equilibrio 9AM-10AM Voleibol en Silla 10:30 AM-11:30 PM	15 NO Clases de Ejercicio Almorzar y Aprende 11 am - 2pm
18 El Rio Ejercicio de Silla 10AM-11AM Bolos Virtual 12 PM-1:30PM	19 Mejor Equilibrio 9AM-10AM Voleibol en Silla 10:30 AM-11:30 PM Juegos de un Minuto Para Ganar 12:30pm - 1:30pm	20 El Rio Ejercicio de Silla 10AM-11AM Karaoke con Gabby 11:30 AM	21 Mejor Equilibrio 9AM-10AM Voleibol en Silla 10:30 AM-11:30 PM Pintura c/Marco 10:30 AM- 12:30 AM	22 Zumba/Ejercicio de Silla (Video) 9AM - 11AM Junta General 11:30 AM
25 Centro CERRADO por limpieza	26 Centro CERRADO por limpieza	27 Centro CERRADO por limpieza	28 Centro CERRADO por limpieza	29 Centro CERRADO por limpieza

EL PUEBLO SENIOR CENTER

520-791-3250
101 W. Irvington Rd
Bldg. 13
Tucson AZ 85714
Lunes-Viernes:
9 a.m.-4 p.m.
Cerrado
Sabado y Domingo
y las fechas festivas.

Membresias

Residentes:

Anual- \$25.00
Trimestral- \$7.00
Dia- \$1.50



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