

September 2025




















Monday

Tuesday

Wednesday

Thursday

Friday

<p>1</p>  <p>Center Closed</p>	<p>2</p> <p>Active Fitness 8-8:55 am Active Fitness 9:05-10 am Mahjong 10-2 pm</p> <p>Sign up for Meals for next week!</p>	<p>3</p> <p>PCOA EnhanceFitness 8:30-9:30 am Chair Volleyball 8:30-10 am Gardening Club 8am Table Games 10:30-12 pm Farkle 1-3 pm</p> 	<p>4</p> <p>Active Fitness 8-8:55 am Active Fitness 9:05-10 am Canasta 10-2 pm Craft Ladies 10:30-2 pm Zentangle 10-11 am</p>	<p>5</p> <p>PCOA Enhanced Fitness 8:30-9:30 am Mahjong 10-2 pm Farkle 1-3 pm</p> 
<p>8</p> <p>PCOA Enhanced Fitness 8:30-9:30 am Chair Fitness (Virtual) 9-10 am Farkle 1-2:30 pm</p> 	<p>9</p> <p>Active Fitness 8-8:55 am Active Fitness 9:05-10 am Mahjong 10-2 pm Craft with Staff 10:30 am</p>  <p>Sign up for Meals for next week!</p>	<p>10</p> <p>PCOA EnhanceFitness 8:30-9:30 am Chair Volleyball 8:30-10 am Gardening Club 8am Table Games 10:30-12 pm Farkle 1-3 pm</p>	<p>11</p>  <p>Active Fitness 8-8:55 am Active Fitness 9:05-10 am Canasta 10-2 pm Craft Ladies 10:30-2 pm Zentangle 10-11 am</p>	<p>12</p> <p>PCOA Enhanced Fitness 8:30-9:30 am Mahjong 10-2 pm Bingo (WITH LUNCH \$5) 10-11:30 am Farkle 1-3 pm</p> 
<p>15</p> <p>PCOA Enhanced Fitness 8:30-9:30 am Chair Fitness (Virtual) 9-10 am Farkle 1-2:30 pm</p>	<p>16</p> <p>Active Fitness 8-8:55 am Active Fitness 9:05-10 am Mahjong 10-2 pm Doc Talk Don't Get Scammed 10 am</p>  <p>Sign up for Meals for next week!</p>	<p>17</p> <p>PCOA EnhanceFitness 8:30-9:30 am Chair Volleyball 8:30-10 am Gardening Club 8am Table Games 10:30-12 pm Farkle 1-3 pm</p> 	<p>18</p> <p>Active Fitness 8-8:55 am Active Fitness 9:05-10 am Canasta 10-2 pm Craft Ladies 10:30-2 pm Zentangle 10-11 am Stirring the Pot 10-11:30 am</p> 	<p>19</p> <p>PCOA  8:30-9:30 am Mahjong 10-2 pm Farkle 1-3 pm</p> 
<p>22</p>  <p>PCOA Enhanced Fitness 8:30-9:30 am Chair Fitness (Virtual) 9-10 am Farkle 1-2:30 pm</p>	<p>23</p> <p>Active Fitness 8-8:55 am Active Fitness 9:05-10 am Mahjong 10-2 pm Painting with Carol 10:30 am</p> <p>Sign up for Meals for next week!</p>	<p>24</p> <p>PCOA  8:30-9:30 am Chair Volleyball 8:30-10 am Gardening Club 8am Table Games 10:30-12 pm Farkle 1-3 pm</p>	<p>25</p> <p>Active Fitness 8-8:55 am Active Fitness 9:05-10 am Canasta 10-2 pm Zentangle 10-11 am Craft Ladies 10:30-2 pm</p>	<p>26</p> <p>PCOA Enhanced Fitness 8:30-9:30 am Mahjong 10-2 pm Bingo (NO LUNCH) 10-11:30 am Farkle 1-3 pm</p> 
<p>29</p> <p>PCOA  8:30-9:30 am Chair Fitness (Virtual) 9-10 am Farkle 1-2:30 pm</p> 	<p>30</p> <p>Active Fitness 8-8:55 am Active Fitness 9:05-10 am Mahjong 10-2 pm Bunco 1-2:30 pm</p>   <p>Sign up for Meals for next week!</p>		<p>Events in Red require preregistration. Some programs have a fee. Please check with front desk staff</p>	<p>PCOA Meal Program 60+ Monday-Friday 12-1pm \$2 suggested daily donation Registration required Sign up due the Tuesday week prior</p> 