ARMORY PARK SENIOR SILVER THREADS CENTER





SCAN THIS OR CODE TO ADD THIS NEWSLETTER TO YOUR SMART PHONE



520-791-4865 FAX 520-791-5314

EMAIL:

TPRD-ARMORY@TUCSONAZ.GOV

SUPERVISOR: MIKE DAVIS



COORDINATOR: JEREMY HERR

CENTER INFORMATION

HOURS OF OPERATION

Monday-Friday: 9 a.m. -4:30 p.m. Saturdays: 9 a.m.-4 p.m. Closed Sundays & most holidays

MEMBERSHIP FEES

Daily fee: \$1.50

Quarterly Pass: \$7 OR Annual Pass: \$25

ARMORY CENTER CLUB #1

Boutique

Club One is a volunteer group that raises funds for special causes, providing assistance for events, field trips, & activities. They also have a boutique with snacks, gifts, & clothing items. Speak with the Front desk or Board Members to learn more about joining the cause.

Open with volunteers Monday - Friday Buy drinks, snacks, household & clothing items. Start your morning with a cup of coffee for only \$.50 Small, \$1 Large



Want the store open? Ask to volunteer Sales Policy- No returns or Exchanges and all sales are final



CONGEGRATE ging well for life MEAL PROGRAM

NO MEALS WILL BE PROVIDED ON **GOOD FRIDAY, APRIL 18TH**

PCOA'S COMMUNITY LUNCH PROGRAM **OPERATED BY** CATHOLIC COMMUNITY SERVICES & CITY OF TUCSON SERVING ADULTS AGE 60+ AND THEIR SPOUSES

MONDAY-FRIDAY: 3-4 PM THERE IS A REQUESTED DONATION OF \$2-\$3 PER MEAL \$8 PER GUEST ALL PARTICIPANTS MUST HAVE COMPLETED INTAKE FORM ON FILE TRANSPORTATION MAY BE AVAILABLE- SEE DESK STAFF FOR MORE INFORMATION

ARMORY CENTER PARKING PASSES FOR PRIL ARE \$2

AVAILABLE APRIL 1ST 2025

PASSES ARE GOOD FOR THE MONTH OF APRIL IN DESIGNATED SPOTS SURRONDING ARMORY SENIOR CENTER. MON - FRI. 81M - 5PM



ANYONE IN NEED OF AN ACCOMMODATION SHOULD CONTACT THE DEPARTMENT AT LEAST TWO WEEKS IN ADVANCE IF POSSIBLE. FOR MORE DETAILS EMAIL THE INCLUSION COORDINATOR AT TPRD-THERAPEUTICS@TUCSONAZ.GOV OR CONTACT CALL 520-791-4504.

<u>Seniors 50+</u> Daily Activities

Chair Volleyball 11:30am (Dining Room)

Ageless Moves and Grooves 9:30am (MPR)

Spanish Class 1:30pm (Ocotillo Room)

Blood Pressure Checks 1:30pm (Lobby)

Sign Language Class 9:30am (Ocotillo Room)

Loteria-Mexican BINGO 12pm (Dining Room)

Writing Class 1pm (Ocotillo Room)

Spanish Class 1:30pm (Ocotillo Room)

Anything Goes Crafts & More 10:30am (Craft Room)

Painting Class 1:30pm (Craft Room) see calendar for dates

Movie Matinee 12:30pm (Theatre)

Disc Golf 2pm (Armory Park)

BINGO 12pm (Dining room)

Grattitude Circle 1:30pm 4/14

Step Dancing 9:30am (MPR)

T'ai Chi 10:30am (MPR)

MONDAY'S

TUESDAY'S:

WEDNESDAY'S

JOIN US EVERY DAY AT ARMORY FOR FUN ACTIVITIES AND SO MUCH MORE!

Activities

Mona's

Breakfast & Shopping Trip
Thursday April 10th Van leaves at 9am Walmart & McDonalds Cost \$2.00 sign up in advance at Front desk

Easter Cookout

Wednesday, April 16th 11am-1pm \$5.00 a person includes hamburger meal and Easter Festivities



Sign up and pay by Friday April 11th at the Front desk



Come Join Your Peeps



CLUB #1 MEETING Tuesday, April 9th BOARD MEETING 10am

GENERAL MEETING 11am

Fitness Aerobics 9:30am (MPR) Craft Class 12pm (Craft Room)

FRIDAY'S

THURSDAY'S

Chair Yoga 9:30am (Ocotillo Room) Chair Volleyball 10:30am (Dining Room) Technical Difficulties/Guidance 1:30pm (Ocotillo) Brain Games 1:30pm (Dining Room)

SATURDAY'S

Fun w/Fredo Trips (To Be Announced)

All activities subject to change

CONGRATULATIONS

TO THE TOP FINISHERS OF THE POOL TOURNAMENT

Thank you to the participants and cheerleaders