



CLEMENTS SENIOR NEWSLETTER MAY 2025



Monday-Friday 8am - 2pm
(520) 791-5787 or
(520) 791-4730 after 2 pm
tucsonaz.gov/parks

FEES for 50+

Senior Passes for 50+
\$25 yearly/\$7 for 3 months
\$1.50 daily

This pass includes use of the
Fitness Center on
Tuesday and Thursday. Inquire
at each Parks & Rec Center for
specific hours/days to use your
senior pass



PCOA Senior Nutrition Congregate
hot meal program for 60+
Offered Monday - Friday
from Noon-1 pm in the MPR room.
A suggested donation of \$2-\$3
is encouraged.
Reserve your meal by Tuesday the
week prior staff!



EnhanceFitness Class on
Mon/Wed/Fri
from 8:30-9:30 am
\$36/month
Sign up online at
PCOA.org

REMINDERS

Friday, May 2
1 pm - 3 pm

(Leaving at 12:30, Returning @ 3:30)
Cinco de Mayo Celebration - Agua Frescas and
churros along with performances, music,
hands on activities.
Udall Center - Cost: TBD, but very minimal.



Friday, May 9

Mother's Day Bingo and Celebration
We will have a delicious lunch and special gifts
for all our Mothers. Bingo is FREE



Garden Hours have changed for
the HOT summer! Meet up and
have fun with friends at 8 am on
Wednesdays.

The garden is open
Monday - Friday 8 am - 2 pm



Center Closed on
May 26

Thank you to all those that have
served our Country!



Thursday, May 29
10-11:30 am

(Leaving @ 9:30, Returning @ 12 pm)
Senior Resource Fair @ Udall
Wellness Screenings, presentations,
healthy snacks, raffle prizes, and more.
No Cost!



IMPORTANT DATES

May 2
Fieldtrip to Udall Center for
Cinco de Mayo party
12:30-3:30 pm

May 9
Mother's Day Bingo and Celebration with Lunch
10-11:30 am

May 14
Bunko
5-7:30 pm

May 14
Cribbage
5:30-7:30 pm

May 20
Painting with Carol
10:30 am

May 22
Stirring the Pot
10:30 am

May 26
Center Closed for Memorial Day

May 28
Cribbage
5:30-7:30 pm

May 29
Senior Resource Fair
Udall Center
9:30-12 pm

Senior activities are open for anyone 50+
For more information Visit:
<https://www.tucsonaz.gov/Departments/Parks-and-Recreation/Rates-and-Fees#section-5>