

# January 2026



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Events in Red require preregistration. Please check with front desk staff for sign up information</p>	<p> <b>PCOA Meal Program 60+</b> Monday-Friday 12-1 pm <b>\$2 suggested daily donation</b> <b>Registration required</b> <b>Sign up due the Tuesday week prior</b></p> <p></p>		 <p><b>Center Closed</b> <b>Happy New Year</b></p>	 <p><b>KIDCO Ends</b></p>
<p> 8:30-9:30 am</p>	<p>5</p> <p></p> <p>Active Fitness 8-8:55 am Active Fitness 9:05-10 am Mahjong 10-2 pm Table Games 10:30-12 pm</p> <p><b>Sign up for Meals for next week!</b></p>	<p>6</p> <p>PCOA Enhance Fitness 8:30-9:30 am Chair Volleyball 9-10 am</p> <p><b>NEW!</b> <b>Samba Card Game 10 am</b> Gardening Club 10:30 am</p>	<p>7</p> <p>Active Fitness 8-8:55 am Active Fitness 9:05-10 am Canasta 10-2 pm Craft Ladies 10:30-2 pm Zentangle 10-11 am</p>	<p>8</p> <p>PCOA Enhanced Fitness 8:30-9:30 am Mahjong 10-2 pm <b>Bingo 10-11:30am</b></p>
<p>PCOA Enhanced Fitness 8:30-9:30 am</p>	<p>12</p> <p>Active Fitness 8-8:55 am Active Fitness 9:05-10 am Mahjong 10-2 pm Table Games 10:30-12 pm</p> <p><b>Craft with Staff 10:30 am</b></p> <p><b>Sign up for Meals for next week!</b></p>	<p>13</p> <p>PCOA  8:30-9:30 am Chair Volleyball 9-10 am Samba Card Game 10 am Gardening Club 10:30 am</p>	<p>14</p> <p></p> <p>Active Fitness 8-8:55 am Active Fitness 9:05-10 am Canasta 10-2 pm Craft Ladies 10:30-2 pm Zentangle 10-11 am</p> <p><b>Brain Games 2 pm</b></p>	<p>15</p> <p>PCOA EnhanceFitness 8:30-9:30 am Mahjong 10-2 pm</p>
<p><b>Center Closed</b></p> <p></p>	<p>19</p> <p>Active Fitness 8-8:55 am Active Fitness 9:05-10 am Mahjong 10-2 pm Table Games 10:30-12 pm</p> <p><b>Painting with Carol 10:30 am</b></p> <p><b>Sign up for Meals for next week!</b></p>	<p>20</p> <p>PCOA Enhance Fitness 8:30-9:30 am Chair Volleyball 9-10 am Samba Card Game 10 am Gardening Club 10:30 am</p>	<p>21</p> <p>Active Fitness 8-8:55 am Active Fitness 9:05-10 am Canasta 10-2 pm Craft Ladies 10:30-2 pm Zentangle 10-11 am</p>	<p>22</p> <p>PCOA  8:30-9:30 am Mahjong 10-2 pm</p>
<p>PCOA Enhanced Fitness 8:30-9:30 am <b>Senior Olympic Bunco @ Cherry Ave 12 pm</b></p>	<p>26</p> <p>Active Fitness 8-8:55 am Active Fitness 9:05-10 am Mahjong 10-2 pm Table Games 10:30-12 pm</p> <p><b>Sign up for Meals for next week!</b></p>	<p>27</p> <p>PCOA Enhance Fitness 8:30-9:30 am Chair Volleyball 9-10 am Samba Card Game 10 am Gardening Club 10:30 am</p> <p><b>Senior Olympic Cribbage @ Clements MPR 1 pm</b></p>	<p>28</p> <p>Active Fitness 8-8:55 am Active Fitness 9:05-10 am Canasta 10-2 pm</p> <p><b>Senior Olympic Chair Volleyball @ Udall 10 am</b></p> <p>Craft Ladies 10:30-2 pm Zentangle 10-11 am</p> <p><b>Beyond Walls Bingo 2 pm</b></p>	<p>29</p> <p>PCOA Enhanced Fitness 8:30-9:30 am Mahjong 10-2 pm <b>Bingo 10-11:30 am</b></p>
				