


January 2026



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Events in Red require preregistration. Please check with front desk staff for sign up information</p>	<p> PCOA Meal Program 60+ Monday-Friday 12-1 pm \$2 suggested daily donation Registration required Sign up due the Tuesday week prior</p> <p></p>		<p> Center Closed Happy New Year</p>	<p> KIDCO Ends</p> <p>PCOA Enhanced Fitness 8:30-9:30 am Mahjong 10-2 pm</p>
<p>5</p> <p>PCOA  ENHANCE FITNESS 8:30-9:30 am</p>	<p>6</p> <p> Active Fitness 8-8:55 am Active Fitness 9:05-10 am Mahjong 10-2 pm Table Games 10:30-12 pm Sign up for Meals for next week!</p>	<p>7</p> <p>PCOA Enhance Fitness 8:30-9:30 am Chair Volleyball 9-10 am NEW! Samba Card Game 10 am Gardening Club 10:30 am</p>	<p>8</p> <p>Active Fitness 8-8:55 am Active Fitness 9:05-10 am Canasta 10-2 pm Craft Ladies 10:30-2 pm Zentangle 10-11 am</p>	<p>9</p> <p>PCOA Enhanced Fitness 8:30-9:30 am Mahjong 10-2 pm Bingo 10-11:30am</p> <p></p>
<p>12</p> <p>PCOA Enhanced Fitness 8:30-9:30 am</p>	<p>13</p> <p>Active Fitness 8-8:55 am Active Fitness 9:05-10 am Mahjong 10-2 pm Table Games 10:30-12 pm Craft with Staff 10:30 am Sign up for Meals for next week!</p>	<p>14</p> <p>PCOA  ENHANCE FITNESS 8:30-9:30 am Chair Volleyball 9-10 am Samba Card Game 10 am Gardening Club 10:30 am</p>	<p>15</p> <p> Active Fitness 8-8:55 am Active Fitness 9:05-10 am Canasta 10-2 pm Craft Ladies 10:30-2 pm Zentangle 10-11 am Brain Games 2 pm</p> <p></p>	<p>16</p> <p>PCOA EnhanceFitness 8:30-9:30 am Mahjong 10-2 pm</p>
<p>19</p> <p>Center Closed</p> <p></p>	<p>20</p> <p>Active Fitness 8-8:55 am Active Fitness 9:05-10 am Mahjong 10-2 pm Table Games 10:30-12 pm Painting with Carol 10:30 am Sign up for Meals for next week!</p> <p></p>	<p>21</p> <p>PCOA Enhance Fitness 8:30-9:30 am Chair Volleyball 9-10 am Samba Card Game 10 am Gardening Club 10:30 am</p>	<p>22</p> <p>Active Fitness 8-8:55 am Active Fitness 9:05-10 am Canasta 10-2 pm Craft Ladies 10:30-2 pm Zentangle 10-11 am</p>	<p>23</p> <p>PCOA  ENHANCE FITNESS 8:30-9:30 am Mahjong 10-2 pm</p>
<p>26</p> <p>PCOA Enhanced Fitness 8:30-9:30 am Senior Olympic Bunco @ Cherry Ave 12 pm</p>	<p>27</p> <p>Active Fitness 8-8:55 am Active Fitness 9:05-10 am Mahjong 10-2 pm Table Games 10:30-12 pm Sign up for Meals for next week!</p>	<p>28</p> <p>PCOA Enhance Fitness 8:30-9:30 am Chair Volleyball 9-10 am Samba Card Game 10 am Gardening Club 10:30 am Senior Olympic Cribbage @ Clements MPR 1 pm</p>	<p>29</p> <p>Active Fitness 8-8:55 am Active Fitness 9:05-10 am Canasta 10-2 pm Senior Olympic Chair Volleyball @ Udall 10 am Craft Ladies 10:30-2 pm Zentangle 10-11 am Beyond Walls Bingo 2 pm</p>	<p>30</p> <p>PCOA Enhanced Fitness 8:30-9:30 am Mahjong 10-2 pm Bingo 10-11:30 am</p> <p></p>