

| Armory Park Center Activities Calendar | | | | | | September 2025 |
|---|---|--|---|---|---|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| New Program/Time Sign up at Front Desk | 1 Center Closed for Labor Day | 2 Ageless Moves & Grooves-9:30a Bike w/Books-11a BINGO-12p Blood Pressure-2p PCOA Meal-3p | 3 Sign Class-9:30a Anything Goes-10:30a Loteria-12p Writing Class-1p Neal's Fun Jam-1:30p PCOA Meal-3p | 4 Shop & Dine-8:30a Fitness Aerobics-9:30a Dungeons & Dragons-10:30a Table Tennis-11:30a Crafts-12:30p PCOA Meal-3p | 5 Chair Yoga-9:30a Chair Volleyball-11a Technical Difficulties-12p Wii Play-1p PCOA Meal-3p | 6 Classical Chinese Dance-10:30a Neal's Fun Jam-12p Ballroom Dance-1:30p |
| 7 | 8 Step by Step Dance-9:30a Games w/Ramona-10a T'ai Chi-10:30a Wing Chun-11:30a Chair Volleyball-11a Movie Matinee-12:30p Disc Golf-2p PCOA Meal-3p | 9 Ageless Moves & Grooves-9:30a BINGO-12p Blood Pressure-2p PCOA Meal-3p | 10 Sign Class-9:30a Fall Prevention-10a Anything Goes-10:30a Loteria-12p Writing Class-1p Neal's Fun Jam-1:30p PCOA Meal-3p | 11 Fitness Aerobics-9:30a Dungeons & Dragons-10:30a Table Tennis-11:30a Crafts-12:30p PCOA Meal-3p | 12 Chair Yoga-9:30a Chair Volleyball-11a Technical Difficulties-12p Karaoke Party-12p PCOA Meal-3p | 13 Classical Chinese Dance-10:30a Neal's Fun Jam-12p Ballroom Dance-1:30p |
| 14 | 15 Center Closed for Deep Cleaning | 16 Center Closed for Deep Cleaning | 17 Center Closed for Deep Cleaning | 18 Center Closed for Deep Cleaning | 19 Center Closed for Deep Cleaning | 20 Classical Chinese Dance-10:30a Neal's Fun Jam-12p Ballroom Dance-1:30p |
| 21 | 22 Apple Annie's Trip-8a Step by Step Dance-9:30a Games w/Ramona-10a T'ai Chi-10:30a Wing Chun-11:30a Chair Volleyball-11a Movie Matinee-12:30p Disc Golf-2p PCOA Meal-3p | 23 Ageless Moves & Grooves-9:30a Audiobook Club-10:30a BINGO-12p Blood Pressure-2p PCOA Meal-3p | 24 Sign Class-9:30a Anything Goes-10:30a Loteria-12p Writing Class-1p Neal's Fun Jam-1:30p PCOA Meal-3p | 25 Chair Volleyball Tourney-8a Fitness Aerobics-9:30a Dungeons & Dragons-10:30a Table Tennis-11:30a Crafts-12:30p PCOA Meal-3p | 26 Chair Yoga-9:30a Chair Volleyball-11a Technical Difficulties-12p B-Day Karaoke-12p PCOA Meal-3p | 27 Classical Chinese Dance-10:30a Neal's Fun Jam-12p Ballroom Dance-1:30p |
| 28 | 29 Step by Step Dance-9:30a Games w/Ramona-10a T'ai Chi-10:30a Wing Chun-11:30a Chair Volleyball-11a Movie Matinee-12:30p Disc Golf-2p PCOA Meal-3p | 30 Ageless Moves & Grooves-9:30a Audiobook Club-10:30a Fun with Food-11:30a BINGO-12p Blood Pressure-2p PCOA Meal-3p |  |  |  | |