

### SILVER THREADS





#### ARMORY SENIOR CENTER

220 S. 5TH AVE 520-791-4865



CENTER EMAIL:

TPRD-ARMORY@TUCSONAZ.GOV

SUPERVISOR: MIKE DAVIS COORDINATOR: JEREMY HERR

#### **CENTER INFORMATION**

HOURS OF OPERATION

Monday-Friday: 9 a.m. -4:30 p.m. Saturdays: 9 a.m.-4 p.m. Closed Sundays & most holidays

#### MEMBERSHIP FEES

Daily fee: \$1.50

Passes for City of Tucson Residents Quarterly: \$7 OR Annual Pass: \$25

# ARMORY CLUB #1 Boutique

Club # 1 is a volunteer group that raises funds for special causes, providing assistance for events, field trips, & activities. They also have a boutique with snacks, gifts, & clothing items. Speak with the front desk or Board Members to learn more about joining the cause.

Monday – Friday
Buy drinks, snacks, household & clothing items.
Start your morning with a cup of coffee for only
\$.50 Small, \$1 Large

A price adjustment is coming soon to your Club #1 store



CONGEGRATE MEAL PROGRAM



SERVING ADULTS AGE 60+

AND THEIR SPOUSES

MONDAY-FRIDAY: 3-4 PM
THERE IS A REQUESTED DONATION OF
\$2-\$3 PER MEAL \$8 PER GUEST

ALL PARTICIPANTS MUST HAVE COMPLETED
INTAKE FORM ON FILE
TRANSPORTATION MAY BE AVAILABLESEE DESK STAFF FOR MORE INFORMATION

## PARKING PASSES

AVAILABLE FOR MEMBERS ONLY FOR \$2 EACH
ONE PER CUSTOMER WITH MEMBERSHIP

PASSES ARE GOOD FOR THE MONTH IN DESIGNATED SPOTS SURROUNDING ARMORY CENTER, MON - SAT, 8AM - 5PM



ANYONE IN NEED OF AN ACCOMMODATION SHOULD CONTACT THE DEPARTMENT AT LEAST TWO WEEKS IN ADVANCE IF POSSIBLE.

FOR MORE DETAILS EMAIL THE INCLUSION COORDINATOR AT TPRD-THERAPEUTICS@TUCSONAZ.GOV OR CONTACT CALL 520-791-4504.

### Seniors 50+

#### Daily Activities

#### JOIN US EVERY DAY AT ARMORY FOR FUN ACTIVITIES AND SO MUCH MORE!

#### **MONDAY'S**

Step Dancing 9:30am (Ballroom)
T'ai Chi 10:30am (MPR) video
Chair Volleyball 11:30am (Ballroom)
Wing Chun 11:30am (Ocotillo Room)
Gratitude Crew 11:30am on 11th
Movie Matinee 12:30pm (Theatre)
Disc Golf 2pm (Armory Park)

#### TUESDAY'S:

Ageless Moves and Grooves 9:30am (Ballroom)
Canvas & Chapters begins 10:30 (Theatre)
BINGO 12pm (Ballroom)
Blood Pressure Checks 2:00pm (Lobby)

#### **WEDNESDAY'S**

Sign Language Class 9:30am (Ocotillo Room) Anything Goes Crafts 10:30am (Craft Room) Loteria-Mexican BINGO 12pm (Ballroom) Writing Class 1pm (Ocotillo Room) Neal's Fun Jam 1:30pm

#### THURSDAY'S

Fitness Aerobics 9:30am (Ballroom) Craft Class 12pm (Craft Room)

#### FRIDAY'S

Chair Yoga 9:30am (Ballroom)
Chair Volleyball 10:30am (Ballroom)
Technical Difficulties/Guidance 1:30pm
Brain Games 1:30pm (Ballroom) check dates
Karaoke 2<sup>nd</sup> & last Friday 12pm (Ballroom)

#### **SATURDAY'S**

Chinese Dance 10:30 Neil's Fun Jam 12pm

All activities subject to change

Tuesday 14th Suvida 11:30am



Wednesday 22nd
Environmental Exchange
1–2:30

#### **Activities**

#### NO PCOA MEAL

MONDAY
OCTOBER 13, 2025
INDIGENOUS PEOPLES' DAY





### SHOP and dine



Thursday October 9<sup>th</sup> Check in at 8:00am Cost \$2.00 sign up in advance at Front desk Pay For own breakfast including tip & purchases



THURSDAY, OCT. 23 10 AM

QUICK STROLL IN THE PARK

**ROCK YOUR PINK AND SHOW SUPPORT** 

LIGHT REFRESHMENTS WHILE SUPPLIES LAST



### HALLOWEEN

Party



### OCTOBER 31 12:00PM - 2:00PM

COSTUME CONTEST

JOIN US AND COME DRESSED IN YOUR BEST COSTUME



