

JANUARY 2026



CONGREGATE MEALS

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
NO PCOA MEALS		NO PCOA MEALS		NO PCOA MEALS		NO PCOA MEALS		NO PCOA MEALS	
SALISBURY STEAK MASHED POTATOES PEAS WW BREAD W/BUTTER STRAWBERRY APPLESAUCE FIG NEWTON COOKIE	5	KALE AND CHICKEN SALAD BROCCOLI SALAD WW DINNER ROLL W/ BUTTER BANANA	6	FRIED CHICKEN BREAST GERMAN POTATO SALAD BRAISED RED CABBAGE WW BREAD W/ BUTTER MANDARIN ORANGE FRUIT CUP	7	CHILI CON CARNE 5-WAY MIXED VEG SPINACH SALAD CORNBREAD STAR W/ BUTTER DRESSING	8	MONGOLIAN BEEF EDAMAME BROWN RICE PILAF PINEAPPLE CHUNKS	9
PARMESAN POLLOCK FIRE ROASTED POTATOES GREEN BEANS WW BREAD W/ BUTTER TROPICAL FRUIT CUP TARTAR SAUCE	12	BEEF BARLEY SOUP PEAS AND CARROTS DINNER ROLL W/ BUTTER CRAISINS FIG NEWTON COOKIE	13	BEEF STORGANOFF W/ EGG NOODLES ROASTED CAULIFLOWER BABY SPINACH SALAD FRESH BANANA	14	CHICKEN SALSA VERDE RICE PILAF STEAMED CARROTS RED APPLE SLICES	15	TURKEY TETRAZZINI CAPRI VEGETABLES CARROT-RAISIN SALAD APPLESAUCE CUP VANILLA PUDDING	16
CENTER CLOSED	19	CHEF SALAD CITRUS SLAW WW DINNER ROLL/W BUTTER DICED PEACHES CUP FIG NEWTON COOKIE RANCH CUP	20	OMELET SARDOU ROASTED TOMATO POLENTA SAUTEED SPINACH WW BREAD W/ BUTTER FRESH ORANGE	21	SHRIMP TACO BOWL SPANISH RICE CAPRI VEGETABLES PINEAPPLE CUP	22	CHICKEN MARSALA LEMON HERB QUINOA CAPRI VEGETABLE BLEND WW DINNER ROLL W/ BUTTER FRESH BANANA	23
LASAGNA ROLL W/ MEATSAUCE CAPRI VEGETABLE BLEND FRUIT CRISP WW BREAD W/ BUTTER	26	SPLIT PEA W/TURKEY HAM SOUP GLAZED BEETS WW BREAD W/ BUTTER MIXED FRUIT CUP OATMEAL CRÈME PIE	27	BEEF STEW STEAMED BROCCOLI WG CORNBREAD RED APPLE SLICES WG TEDDY GRAHAMS	28	CARNITAS W/ QUINOA AND BLACK BEANS STEAMED SPINACH WW/BREAD W/BUTTER TROPICAL FRUIT CUP	29	BBQ BEEF SWEET POTATOES CORN AND VEGGIES WG CORNBREAD BAKED PEACHES	30

** ALL MEALS ARE SERVED WITH 8 OUNCES OF MILK** EQUIVALENT MENU ITEMS MAY BE SUBSTITUTED
THE FRUIT MAY DIFFER BASED ON AVAILABILITY