

JANUARY 2026

CONGREGATE MEALS

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
NO PCOA MEALS		NO PCOA MEALS		NO PCOA MEALS		NO PCOA MEALS	1	WHITE FISH W/ROSEMARY WALNUT TOPPING CARROT MUSHROOM COUSCOUS CAPRI VEGETABLE WW DINNER ROLL W/ BUTTER OATMEAL COOKIE TROPICAL FRUIT	2
SALISBURY STEAK MASHED POTATOES PEAS WW BREAD W/BUTTER STRAWBERRY APPLESAUCE FIG NEWTON COOKIE	5	KALE AND CHICKEN SALAD BROCCOLI SALAD WW DINNER ROLL W/ BUTTER BANANA	6	FRIED CHICKEN BREAST GERMAN POTATO SALAD BRAISED RED CABBAGE WW BREAD W/ BUTTER MANDARIN ORANGE FRUIT CUP	7	CHILI CON CARNE 5-WAY MIXED VEG SPINACH SALAD CORNBREAD STAR W/ BUTTER DRESSING	8	MONGOLIAN BEEF EDAMAME BROWN RICE PILAF PINEAPPLE CHUNKS	9
PARMESAN POLLOCK FIRE ROASTED POTATOES GREEN BEANS WW BREAD W/ BUTTER TROPICAL FRUIT CUP TARTAR SAUCE	12	BEEF BARLEY SOUP PEAS AND CARROTS DINNER ROLL W/ BUTTER CRAISINS FIG NEWTON COOKIE	13	BEEF STORGANOFF W/ EGG NOODLES ROASTED CAULIFLOWER BABY SPINACH SALAD FRESH BANANA	14	CHICKEN SALSA VERDE RICE PILAF STEAMED CARROTS RED APPLE SLICES	15	TURKEY TETRAZZINI CAPRI VEGETABLES CARROT-RAISIN SALAD APPLESAUCE CUP VANILLA PUDDING	16
CENTER CLOSED	19	CHEF SALAD CITRUS SLAW WW DINNER ROLL W BUTTER DICED PEACHES CUP FIG NEWTON COOKIE RANCH CUP	20	OMELET SARDOU ROASTED TOMATO POLENTA SAUTEED SPINACH WW BREAD W/ BUTTER FRESH ORANGE	21	SHRIMP TACO BOWL SPANISH RICE CAPRI VEGETABLES PINEAPPLE CUP	22	CHICKEN MARSALA LEMON HERB QUINOA CAPRI VEGETABLE BLEND WW DINNER ROLL W/ BUTTER FRESH BANANA	23
LASAGNA ROLL W/ MEATSAUCE CAPRI VEGETABLE BLEND FRUIT CRISP WW BREAD W/ BUTTER	26	SPLIT PEA W/TURKEY HAM SOUP GLAZED BEETS WW BREAD W/ BUTTER MIXED FRUIT CUP OATMEAL CRÈME PIE	27	BEEF STEW STEAMED BROCCOLI WG CORNBREAD RED APPLE SLICES WG TEDDY GRAHAMS	28	CARNITAS W/ QUINOA AND BLACK BEANS STEAMED SPINACH WW/BREAD W/BUTTER TROPICAL FRUIT CUP	29	BBQ BEEF SWEET POTATOES CORN AND VEGGIES WG CORNBREAD BAKED PEACHES	30

** ALL MEALS ARE SERVED WITH 8 OUNCES OF MILK** EQUIVALENT MENU ITEMS MAY BE SUBSTITUTED
THE FRUIT MAY DIFFER BASED ON AVAILABILITY