

MARCH 2026

CONGREGATE MEALS

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
MEATLOAF MASHED POTATOES W/ GRAVY SUCCOTASH BREAD W/ BUTTER RED APPLE SLICES	2	CHEF'S SALAD CITRUS SUPER SLAW DINNER ROLL W/ BUTTER FIG NEWTONS PEACHES FRUIT CUP RANCH DRESSING CUP	3	CHEESE OMELET WITH SARDOU SAUCE ROASTED POTATOES SAUTEED SPINACH BREAD W/ BUTTER FRESH ORANGE	4	SHRIMP TACO BOWL SPANISH RICE MIXED VEGETABLES PINEAPPLE CHUNKS	5	CHICKEN MARSALA CALIFORNIA VEG BLEND LEMON QUINOA DINNER ROLL/ W BUTTER BANANA	6
LASAGNE ROLLUPS W/ MEAT MARINARA SAUCE CAPRI BLEND VEGETABLE BREADW/ BUTTER FRUIT CRISP	9	SPLIT PEA & TURKEY HAM SOUP GLAZED BEETS BREADW/ BUTTER OATMEAL COOKIE FRUIT CUP	10	BEEF STEW W/ CARROTS AND POTATOES STEAMED BROCCOLI CORN MUFFIN TEDDY GRAHAMS APPLESLICES	11	PORK CARNITAS QUINOA & BLACK BEANS SAUTEED SPINACH BREADW/ BUTTER TROPICAL FRUIT	12	BBQ BEEF ROASTED SWEET POTATOES FIRE ROASTED CORN AND VEGGIES CORN MUFFIN W/BUTTER BAKED PEACHES	13
FRIED CHICKEN W/ PARM PENNE MARINARA EDAMAME MIXED FRUIT CUP	16	SOUTHWEST CHICKEN SALAD CARROT-RAISIN SALAD DINNER ROLLW/BUTTER TEDDY GRAHAMS BANANA	17	SWEDISH MEATBALLS BROWN RICE PILAF COUNTRY VEGETABLES MIXED GREEN SALAD CINNAMON APPLESAUCE RANCH DRESSING	18	BREADED POLLOCK CAULIFLOWER RICE NORMANDY VEGETABLES WW BREAD/BUTTER DICED PEACHES CUP TARTAR SAUCE	19	SHREDDED CHICKEN TOMATO JAM SWEET POTATOES PEAS BREAD/BUTTER FRESH ORANGE	20
PORK TENDERLOIN W/PINEAPPLE GLAZE ROASTED TOMATO POLENTA SNAP PEA BLEND APRICOTS CUP	23	ALBONDIGAS SOUP CAPRI VEGETABLES DICED PEACHES CUP BREAD/BUTTER	24	TURKEY ALFREDO GREEN BEANS BABY SPINACH SALAD DINNER ROLL/BUTTER FRESH ORANGE RANCH DRESSING	25	BASIL PESTO CHICKEN BROWN RICE PILAF WINTER VEGETABLES FRESH BANANA	26	BAKED WHITE FISH CARROT COUSCOUS CAPRI VEGETABLES DINNER ROLL/BUTTER TRIPICAL FRUIT CUP OATMEAL CRÈME PIE TARTAR SAUCE	27
SALISBURY STEAK MASHED POTATOES PEAS BREAD/BUTTER STRAWBERRY APPLESAUCE FIG NEWTON COOKIE	30	KALE CHICKEN SALAD BROCCOLI SALAD DINNER ROLL/BUTTER FRESH BANANA	31						

** ALL MEALS ARE SERVED WITH 8 OUNCES OF MILK** EQUIVALENT MENU ITEMS MAY BE SUBSTITUTED
THE FRUIT MAY DIFFER BASED ON AVAILABILITY