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ARMORY CENTER

SILVER THREADS

Newsletter for SENIORS 50+



220 S. 5TH AVE
520-791-4865
CENTER EMAIL:
TPRDARMORY@TUCSONAZ.GOV

CENTER INFORMATION

HOURS OF OPERATION

Monday-Friday: 9 a.m. -4:30 p.m.

Closed Saturdays & Sundays
& most holidays

CLOSED March 30th (Cesar Chavez Day)

MEMBERSHIP FEES

Daily fee: \$1.50

Passes for City of Tucson Residents

Quarterly: \$7 OR Annual Pass: \$25

ARMORY CLUB #1

Boutique

Club # 1 is a volunteer group that raises funds for special causes, providing assistance for events, field trips, & activities. They also have a boutique with snacks, gifts, & clothing items. Speak with the front desk or Board Members to learn more about joining the cause.

Monday - Friday

Buy drinks, snacks, household & clothing items.
Start your morning with a cup of coffee for only
\$.50 Small, \$1 Large



**CONGEGRATE
MEAL PROGRAM**



COMMUNITY
FOOD BANK
OF SOUTHERN ARIZONA

SERVING ADULTS AGE 60+

AND THEIR SPOUSES

MONDAY-FRIDAY: 3-4 PM

THERE IS A REQUESTED DONATION OF

\$2-\$3 PER MEAL \$8 PER GUEST

ALL PARTICIPANTS MUST HAVE COMPLETED

INTAKE FORM ON FILE

TRANSPORTATION MAY BE AVAILABLE-
SEE DESK STAFF FOR MORE INFORMATION

NO MEALS MARCH 30TH

MONTHLY PARKING PASSES

AVAILABLE FOR MEMBERS ONLY FOR \$2 EACH

ONE PER CUSTOMER WITH MEMBERSHIP
SALES BEGIN MARCH 2ND



PASSES ARE GOOD FOR THE MONTH
IN DESIGNATED SPOTS
SURROUNDING ARMORY CENTER
MON - FRI, 8AM - 5PM

ANYONE IN NEED OF AN ACCOMMODATION SHOULD CONTACT THE
DEPARTMENT AT LEAST TWO WEEKS IN ADVANCE IF POSSIBLE.

FOR MORE DETAILS EMAIL THE INCLUSION COORDINATOR AT
TPRD-THERAPEUTICS@TUCSONAZ.GOV OR CONTACT CALL 520-791-4504.

Seniors 50+

Daily Activities

JOIN US EVERY DAY AT ARMORY FOR FUN ACTIVITIES AND SO MUCH MORE!

MONDAY'S

Games 10am (Dining Room)
T'ai Chi 10:30am (Ballroom)
Chair Volleyball 10:30am (Dining Room)
Movie Matinee 12:30pm (Theatre)
Neal's Fun Jam 1:30pm
Mahjong 2:00pm

TUESDAY'S:

Ageless Moves and Grooves 9:30am (Ballroom)
Canvas & Chapters begins 10:30 (Theatre)
BINGO 12pm (Ballroom)
Blood Pressure Checks 1:30PM (Lobby)

WEDNESDAY'S

Sign Language Class 9:30am (Ocotillo Room)
Anything Goes Crafts 10:30am (Craft Room)
Loteria-Mexican BINGO 12pm (Ballroom)
Writing Class 1pm (Ocotillo Room)
Neal's Fun Jam 1:30pm

THURSDAY'S

Fitness Aerobics 9:30am (Ballroom)
Porch Pickers 11 (Ocotillo)
Ballroom Dance 12:30pm (Ballroom)
Craft Class 12pm (Craft Room)

FRIDAY'S

Chair Yoga 9:30am (Ballroom)
Chair Volleyball 10:30am (Dining Room)
T'ai Chi 10:30am (Ballroom)
Classical Chinese Dance 1:30pm (Agave Room)
Wii Play 12pm (Ballroom) check dates
Karaoke 2nd & last Friday 12pm (Ballroom)

All activities
subject to change

Activities



Breakfast and Shopping
Thursday, March 5th
Denny's & Dollar Tree- East Side
van leaves @ 8:30am
Cost \$2.00 for transport

4th Ave Street Fair
Friday, March 20th
we'll be walking to the street car at 9:00am
and walking 4th Ave

CLUB #1 MEETING Tuesday, March 10th
Board Members 10am - General Members 11am



Thursday, March 26th
12:30pm
Come to the craft class
with our Guest from Dependable Health Services



EASTER BRUNCH

Thursday, April 2nd
11am - 1pm
No need to sign up

