Udall Senior Center

NOVEMBER 2026 Newsletter

CENTER CLOSED
WEDNESDAY, NOVEMBER 11TH
VETERANS DAY
HONORING ALL WHO SERVED
THURSDAY, NOVEMBER 26TH
FRIDAY, NOVEMBER 27TH
Happy THANKSGIVING

SUN CATCHER CRAFT
sponsored by Aegis Hospice
Wednesday, November 18th
11AM - 1PM
Conf. Room
*Space is limited. Pre-registration required.
*Sign up for at the Senior Front Desk.

FRIENDSGIVING POTLUCK
"Let's Get Together and Give Thanks!"
Tuesday, November 17th
11AM - 1PM
MPR
*Space is limited. Pre-registration required.
*Sign up for at the Senior Front Desk
to bring a dish to contribute.
Sweet & Delicious Pies Provided by
HOSPICE IN THE DESERT

CITY OF TUCSON PARKS & RECREATION

NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
9	10	11 VETERANS DAY HONORING ALL WHO SERVED	12	13
16	17	18	19	20
23	24	25	26 CLOSED Happy THANKSGIVING	27 CLOSED
30	1	2	3	4

Chair Fitness 9:10AM - 10AM
Toning + Latin Cardio 9:10AM - 10AM
Golden Fit 10:10AM - 10:45AM
Info Table Hospice valley
Fitness classes are subject to Instructor availability
Video Fit Classes instead of Instructor
TFD class Steps to Safety

We welcome individuals of all abilities. To request modifications, please contact us at least two weeks in advance, if possible. Email TPRD-therapeutics@tucsonaz.gov or call 520-791-4504 for assistance.

happy Birthday

Serani Wijesihnghe	Ana Griffin
Suzanne Whipple	Paul Hoffman
Michael Borne	Larry Nedved
Mee Hileman	Elsa Pratt
Jeannie Covey	Jerry Dean
Sidney Stein	Bill Ogroski
Elizabeth Brown	Patty Butcher
Catherine Da Cunha	James Healy
Su-Jung	Mee Hileman
Rhonda Benhase	Patricia Harms
Tracey Towner	Donna Aarons
William Peskey	Shirley Feldman
Jean Thomas	

Book Club
Wednesday, Nov. 18th
10:30AM - 11:45AM
"The Island of Sea Women"
by Lisa See

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