

Armory Park Center Activities Calendar

August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	*Sign up at front desk *Volunteer/Self Ran *Program Highlight					1
2	3 Games w/Ramona-9:30a Chair Volleyball-10:30a Table Tennis-12p Movie Matinee-12:30p MahJong-2p PCOA Meal-3p	4 Ageless Moves & Grooves-9:30a Bike with Books-11a BINGO-12p B/P Check-1:30p PCOA Meal-3p	5 Sign Class-9:30a Anything Goes-10:30a Loteria-12p Writing Class-1p Table Tennis-1p Neal's Fun Jam-1:30p PCOA Meal-3p	6 Food City-9a Table Tennis-9a Fitness Aerobics-9:30a Craft Class-12:30p Ballroom Dance-1p PCOA Meal-3p	7 Chair Yoga-9:30a Chair V-Ball-10:30a Tai Chi-10:30a Classical Chinese Dance-1p Creative Well Being-2p PCOA Meal-3p	8
9	10 Games w/Ramona-9:30a Chair Volleyball-10:30a Table Tennis-12p Movie Matinee-12:30p MahJong-2p PCOA Meal-3p	11 Ageless Moves & Grooves-9:30a Creative Coloring-10:30a BINGO-12p B/P Check-1:30p PCOA Meal-3p	12 GO Board Game Demo - 9a Sign Class-9:30a Loteria-12p Writing Class-1p Table Tennis-1p Neal's Fun Jam-1:30p PCOA Meal-3p	13 Table Tennis-9a Fitness Aerobics-9:30a Craft Class-12:30p Ballroom Dance-1p PCOA Meal-3p	14 Chair Yoga-9:30a Joy of Journaling-10a Chair V-Ball-10:30a Tai Chi-10:30a Karaoke Party-11:30a Classical Chinese Dance-1p Creative Well Being-2p PCOA Meal-3p	15
16	17 Games w/Ramona-9:30a Chair Volleyball-10:30a Table Tennis-12p Movie Matinee-12:30p MahJong-2p PCOA Meal-3p	18 Ageless Moves & Grooves-9:30a Creative Coloring-10:30a BINGO-12p B/P Check-1:30p PCOA Meal-3p	19 Sign Class-9:30a Anything Goes-10:30a Loteria-12p Writing Class-1p Table Tennis-1p Neal's Fun Jam-1:30p PCOA Meal-3p	20 AZ Museum of Natural History-9a Table Tennis-9a Fitness Aerobics-9:30a Craft Class-12:30p Ballroom Dance-1p PCOA Meal-3p	21 Chair Yoga-9:30a Chair V-Ball-10:30a Tai Chi-10:30a Classical Chinese Dance-1p Creative Well Being-2p PCOA Meal-3p	22
23	24 Games w/Ramona-9:30a Chair Volleyball-10:30a Table Tennis-12p Movie Matinee-12:30p MahJong-2p PCOA Meal-3p	25 Ageless Moves & Grooves-9:30a Creative Coloring-10:30a BINGO-12p B/P Check-1:30p PCOA Meal-3p	26 Sign Class-9:30a Anything Goes-10:30a Loteria-12p Writing Class-1p Table Tennis-1p Neal's Fun Jam-1:30p PCOA Meal-3p	27 Table Tennis-9a Fitness Aerobics-9:30a Craft Class-12:30p Ballroom Dance-1p PCOA Meal-3p	28 Chair Yoga-9:30a Chair V-Ball-10:30a Tai Chi-10:30a Karaoke B-Day Party-11:30a Classical Chinese Dance-1p Creative Well Being-2p PCOA Meal-3p	29
30	31 Games w/Ramona-9:30a Chair Volleyball-10:30a Table Tennis-12p Movie Matinee-12:30p MahJong-2p PCOA Meal-3p					