

Fall 2025 Therapeutic, Adaptive & Inclusive Recreation Programs



More information can be found on ezeereg.com

TUESDAY

Eastside Social Club

Ages 18+

Tue 5:30 - 7:30 pm
Clements Center
Sep 9 - Dec 2

Special Olympics Bowling

Ages 8+

Tue 3:30 - 5:30 pm
Lucky Strike Bowl
Sep 2 - Nov 4

Wheelchair Basketball

Ages 18+

Tue/Thu 5 - 8 pm
Donna Liggins Center
Sep 9 - Nov 20

WEDNESDAY

Adaptive Racquet Sports

Ages 14+

Wed 5:30 - 7 pm
Udall Center
Oct 1 - Nov 19

Inclusive Pottery Basics

Ages 17+

Wed 9 am - 12 pm
Randolph Center
Session 1: Aug 27 - Oct 8
Session 2: Oct 22 - Dec 3

Inclusive Functional Fitness

Ages 17+

Mon/Wed 5:45 - 6:45 pm
Randolph Center
Session 1: Aug 25 - Oct 8
Session 2: Oct 20 - Dec 3

Tucson MS Support Group

Ages 18+

First Wednesday of the month
1 - 3 pm
Therapeutic Rec Center
Sep 3, Oct 1, Nov 5 & Dec 3

THURSDAY

Central Social Club

Ages 18+

Thu 6 - 8 pm
Therapeutic Rec Center
Sep 11 - Dec 4

Disc Golf

Ages 16+

Thu 4 - 6 pm
Therapeutic Rec Center
Oct 23 - Dec 11

Wheelchair Basketball

Ages 18+

Tue/Thu 5 - 8 pm
Donna Liggins Center
Sep 9 - Nov 20

SATURDAY

Inclusive Potpourri of Sports

Ages 4-5

Sat 8:30 - 9:15 am
Randolph Center
Session 1: Sep 6 - Oct 11
Session 2: Oct 25 - Dec 6

Special Olympics Basketball

Ages 18+

Sat 8 - 10 am
Donna Liggins Center
Dec 13 - Feb 28

Special Olympics Cheerleading

Ages 8+

Sat 8:30 - 10 am
Donna Liggins Center
Dec 13 - Feb 28

Youth Adaptive Wheelchair Sports

Ages 6 - 18

Sat 10 am - 12 pm
Donna Liggins Center
Sep 13 - Oct 25

Party in the Park

Ages 18+

Aug 2, Sep 6, Oct 4, Nov 1, Dec 6
6 - 8 pm
Quincie Douglas Center

MONDAY

Drop-In Rec

Ages 14+

Mon 5 - 8 pm
Therapeutic Rec Center
Sep 8 - Dec 1

WEDNESDAY

Adaptive Dance

Ages 8+

Wed 4 - 6 pm
El Pueblo Activity Center
Sep 10 - Nov 12

Special Olympics Soccer

Ages 18+

Wed 3:30 - 5 pm
Todd M. Harris Sports Complex
Oct 1- Dec 3

FRIDAY

TGIF League Competitive Bowling

Ages 16+

Fri 3:30 - 5:30 pm
Lucky Strike Bowl
Sep 5 - Dec 12

TR Night Out

Ages 18+

Sep 19, Oct 17, Nov 21, Dec 19
5 - 8 pm
Therapeutic Rec Center

Inclusive Functional Fitness

Ages 17+

Mon/Wed 5:45 - 6:45 pm
Randolph Center
Session 1: Aug 25 - Oct 8
Session 2: Oct 20 - Dec 3

SPECIAL OLYMPICS:

- Basketball
- Soccer
- Bowling
- Cheerleading

DROP-IN ACTIVITIES:

- Drop-In Rec
- Wheelchair Basketball
- Adaptive Wheelchair Sports Youth
- Party in the Park (\$2)

REGISTRATION REQUIRED:

- Central Social Club
- Eastside Social Club
- TGIF Bowling
- Disc Golf
- Adaptive Dance
- Adaptive Racquet Sports
- Inclusive Functional Fitness
- Inclusive Potpourri of Sports
- Inclusive Pottery Basics
- Night Out (\$5, Call-in)

Registration Fees:
\$25.00/City resident
\$30.00/Non-city resident

Contact us at:
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520-791-4504