



FREEDOM PARK CENTER NEWSLETTER

5000 E 29TH ST

520.791.4969

HOURS OF OPERATION

Monday - Friday 9am-6pm

Senior Passes FOR 50+

\$25 yearly

\$7.00 for 3 months

\$1.00 daily



PCOA Senior Congregate Nutrition Meal

Hot Meal Program for 60+

- Service available Monday to Friday at 12:15pm
- Remember to reserve your meals for the days you attend by the prior Tuesday at noon.
- If you haven't signed up, please wait until everyone has been served. You will be invited to join once all meals are allocated.
- Remember to scan your card daily, sign in, and a suggested donation of \$2.00 in the red box each morning.
- Collect your pink or blue meal card. All food must be consumed inside the center. You can only take home milk and fruit.

TODAY'S NEWS

YOUR NEW FREEDOM STAFF

MELE FERREIRA -
FREEDOM CENTER SUPERVISOR

DAVID KING -
FREEDOM CENTER - COORDINATOR

DAN SKEVINTON - FREEDOM CENTER
RECREATION ASSISTANT

OLIVIA GROH - FREEDOM CENTER
RECREATION ASSISTANT

FREEDOM SENIOR CLUB

Coffee and tea are provided for your enjoyment. Kindly remember to make a small donation each time you take something from the coffee table to help keep it stocked. Your contribution ensures that these refreshments remain available. Thank you.



Anyone in need of an accommodation should contact the department at least two weeks in advance if possible. For more details email the

Inclusion Coordinator at

TPRDTherapeutics@tucsonaz.gov or contact call
520-791-4504.



Center Closed
Wednesday, June 19

JUNE CALENDAR

MON	TUE	WED	THU	FRI
3 Sewing 9:15	4 Sewing 9:15 Chair-o-bics 10-11am	5	6 Sewing 9:15 Chair-o-bics 10-11am BINGO 11-12p	7 Coloring /table games
10 Sewing 9:15	11 Sewing 9:15 Chair-o-bics 10-11am	12 Karaoke 10-11am 🎵	13 Sewing 9:15 Chair-o-bics 10-11am BINGO 11-12p	14 Movie & Popcorn "The Greatest Showman"
17 Sewing 9:15	18 Sewing 9:15 Chair-o-bics 10-11am	19 Juneteenth Center Closed	20 Sewing 9:15 Chair-o-bics 10-11am BINGO 11-12p	21 Coloring /table games
24 Sewing 9:15	25 Sewing 9:15 Chair-o-bics 10-11am	26 Karaoke 10-11am 🎵	27 Sewing 9:15 Chair-o-bics 10-11am BINGO 11-12p	28 Coloring /table games
				

May Memory Lane



Mother's Day Celebration Bingo, Sew n Tell



June Special Guest



Thursday 6/27 11am
Blood Pressure & Cholesterol Check



Thursday 6/27 11am
Primary care for adults on
Medicare.