



FREEDOM PARK CENTER NEWLETTER

5000 E 29TH ST

520.791.4969



Today's News

YOUR NEW FREEDOM STAFF

MELE FERREIRA -
FREEDOM CENTER SUPERVISOR

DAVID KING -
FREEDOM CENTER - COORDINATOR

DAN SKEVINTON - FREEDOM CENTER
RECREATION ASSISTANT

OLIVIA GROH - FREEDOM CENTER
RECREATION ASSISTANT

HOURS OF OPERATION

Monday - Friday 9am-6pm

Senior Passes FOR 50+

\$25 yearly

\$7.00 for 3 months

\$1.00 daily



PCOA Senior Congregate Nutrition Meal
Hot Meal Program for 60+

- Service available Monday to Friday at 12:15pm
- Remember to reserve your meals for the days you attend by the prior Tuesday at noon.
- If you haven't signed up, please wait until everyone has been served. You will be invited to join once all meals are allocated.
- Remember to scan your card daily, sign in, and a suggested donation of \$2.00 in the red box each morning.
- Collect your pink or blue meal card. All food must be consumed inside the center. You can only take home milk and fruit.

FREEDOM SENIOR CLUB

Coffee and tea are provided for your enjoyment. Kindly remember to make a small donation each time you take something from the coffee table to help keep it stocked. Your contribution ensures that these refreshments remain available. Thank you.



COFFEE

Anyone in need of an accommodation should contact the department at least two weeks in advance if possible. For more details email the Inclusion Coordinator at

TPRDtherapeutics@tucsonaz.gov or contact call 520-791-4504.



Center Closed
Wednesday, June 19

JUNE CALENDAR

MON	TUE	WED	THU	FRI
3 Sewing 9:15	4 Sewing 9:15 Chair-o-bics 10-11am	5	6 Sewing 9:15 Chair-o-bics 10-11am BINGO 11-12P	7 Coloring /table games
10 Sewing 9:15	11 Sewing 9:15 Chair-o-bics 10-11am	12 Karaoke 10-11am 	13 Sewing 9:15 Chair-o-bics 10-11am BINGO 11-12p	14 Movie & Popcorn "The Greatest Showman"
17 Sewing 9:15	18 Sewing 9:15 Chair-o-bics 10-11am	19 Junteenth Center Closed	20 Sewing 9:15 Chair-o-bics 10-11am BINGO 11-12p	21 Coloring /table games
24 Sewing 9:15	25 Sewing 9:15 Chair-o-bics 10-11am	26 Karaoke 10-11am 	27 Sewing 9:15 Chair-o-bics 10-11am BINGO 11-12p	28 Coloring /table games
				

May Memory Lane

Mother's Day Celebration Bingo, Sew n Tell



June Special Guest



Thursday 6/27 11am
Blood Pressure & Cholesterol Check



Thursday 6/27 11am
**Primary care for adults on
Medicare.**