

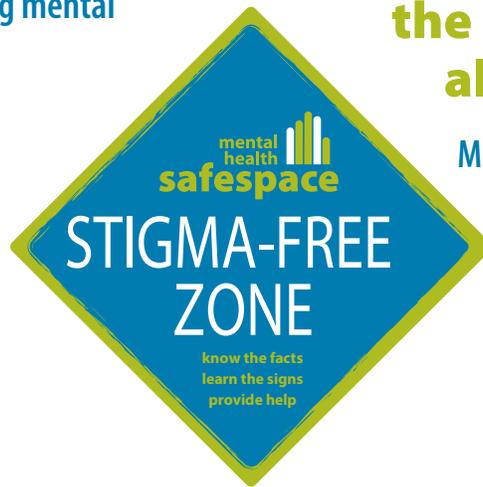


know the facts • learn the signs • provide help

FREE Mental Health Safe Space Trainings

The goal of Mental Health Safe Space trainings is to eliminate the stigma surrounding mental illness and to invoke compassion and understanding about this common health issue.

Mental Health Safe Space seeks to make our downtown community a “Stigma-Free Zone” by providing the tools to help identify those who may need assistance and guide them to available resources.



Finding the right help at the right time can make all the difference.

MHSS trainings provide participants with:

- a better understanding of mental illness
- ways to identify a mental health crisis and de-escalate potentially volatile situations
- resources to offer as support

Ward 6 Council Training

LOCATION:

Ward 6 Council Office, 3202 E. 1st St.

PRESENTATION ROOM:

Ward 6 Council Office

TRAINING DATES/TIMES:

Monday, August 4, 5:30-7:00PM

Mental Health Safe Space is a collaborative movement funded by the David and Lura Lovell Foundation and Community Partnership for Southern Arizona; facilitated by the Fund for Civility Respect and Understanding.



Fund for Civility,
Respect and Understanding

www.fundforcivility.org