



Quarterly Weigh-ins Wellness Campaign



Receive a **\$25.00** Premier Rewards card* for maintaining your weight +/- 2 pounds or a healthy weight loss** from initial weigh-in.

Weigh-in Schedule

Date and Time	Weigh-In Location
Monday October 24th 8:15am-11:15 am	City Hall (1st Floor Conference Rm) 255 W. Alameda St.
Tuesday October 25th 9:00 am -12:00 pm	Randolph Recreation Center (Bldg. 1, Rm 4) 200 S. Alvernon Way
Wednesday October 26th 8:15 am-11:00 am	Thomas O. Price Service Center (Bldg. 1, Rm 3) 4004 S. Park Ave.
Thursday October 27th 8:15 am– 3:15 pm	Office Hour appointments contact Raquel to schedule Raquel.Downs@cigna.com

*Any active City employee may weigh-in and track their progress, but only employees who are eligible for insurance under the active employee program are eligible to receive the \$25 Premier Rewards Card. Enrollment in City's medical plan is not required. See Insurance Handbook at www.tucsonaz.gov/insurance for employee benefits-eligibility criteria. Premier Rewards Card has no expiration and can be redeemed with Hallmark online or via mail for purchases through a wide variety of vendors. Visit www.hallmarkbusiness.com/redeem for a current vendor listing (subject to change at any time). Cards are not redeemable for cash. Lost or stolen cards will not be replaced. Recipients are responsible for all related taxes. Incentive limited to one per quarter. Well-Being Coordinator, Raquel Downs, will contact employees who maintain weight or lose weight to coordinate delivery of Premier Rewards card, allow 8-10 weeks for processing after weigh-in events occur. **See tucsonaz.gov/wellness for baseline weight rules.