City Of Tucson

Wellness Calendar

May 2016

2016 TCC Employee Walking Program

April-October

260 N. Church

M-F 11am-2pm

Questions? Contact
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Cigna Well-Being Coordinator

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For the Most Up-to-date events, visit the Employee wellness webpage
www.tucsonaz.gov/wellness

Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
9	10	11 Weight Watchers @ Work Bank of Am. 33 N. Stone Ave. 10 Fl. CR 11:45am-12:45pm	12	13
16	17	18 COT EMPLOYEE OPEN ENROLLMEMT PCC Downtown Campus 1255 N. Stone Ave. Bldg. AH 9am-4pm	19 COT EMPLOYEE OPEN ENROLLMEMT PCC Downtown Campus 1255 N. Stone Ave. Bldg. AH 9am-4pm	20
23	24 Blood Drive 800am-100pm City Hall 255 W. Alameda 1st FL. CR	25 Weight Watchers @ Work Bank of Am. 33 N. Stone Ave. 10 Fl. CR 11:45am-12:45pm	26	27
	31			