

Live Well, Be Well

Employee Wellness E-News

City of Tucson



City & County Onsite Flu Shot Clinics

Upcoming events:

- On-going Weight Watchers @ classes on Thursdays.
- November Holiday Maintain Don't Gain Challenge.

Visit www.tucsonaz.gov/wellness for details

Date & Time	Site Location	Address	Room Location
Monday, October 21 830am-1030am	Tucson Rillito Police Department	1310 W. Miracle Mile	Rillito room
Monday, October 21 12pm-2pm	City Ward Office #2	7575 E. Speedway Blvd.	Conference room C
Tuesday, October 22 900am-11am	Parks & Recreation Administration Bldg.	900 S. Randolph Way	Mesquite room
Tuesday, October 22 100pm-300pm	City Hall	255 W. Alameda St.	1st Floor conference room
Tuesday, October 22 2pm-4pm	Housing & Community Development	320 N. Commerce Park Loop	Sentinel Bldg. Sabino & Rillito
Wednesday, October 23 1pm-4pm	Tucson Police Dept.- Head Quarters	270 S. Stone Ave.	Assembly room
Wednesday, October 23 200pm-400pm	Thomas O. Price Service Center	4004 S. Park Ave.	Bldg. 2, Amphitheatre room
Thursday, October 24 9am-11am	TDOT-Public Works	201 N. Stone Ave.	4th floor training room
Thursday, October 24 1230pm-230pm	Tucson City Court	103 E. Alameda St.	3rd floor, court room #14
Friday, October 25 8am-11am	City Hall	255 W. Alameda St.	1st Floor conference room

Questions? Contact

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