



Quarterly Weigh-ins Wellness Campaign



Receive a **\$25.00** Premier Rewards card for maintaining your weight +/- 2 pounds from initial weigh-in*.

Weigh-in Schedule

Date and Time	Weigh-In Location
Monday July 18th 8:15am-11:15am	TPD West (Rillito RM) 1310 W Miracle Mile
Wednesday July 20th 10:15am-12:45pm	City Hall (1st Floor Conference Room) 255 W. Alameda
Thursday July 21st 8:15am-10:45am	Thomas O. Price Service Center (Building 1, Rm 3) 4004 S. Park Ave.

* Any active City employee may weigh-in and track their progress, but only employees who are eligible for insurance under the active employee program are eligible for the incentive. Enrollment in City's medical plan is not required. Incentive limited to one per quarter. Well-Being Coordinator, Raquel Downs, will contact employees who maintain weight to coordinate delivery of Premier Rewards card. Please allow 4-8 weeks for processing. See tucsonaz.gov/wellness for baseline weight rules.