

SUCCESSFULLY COMPLETING YOUR HEALTH ASSESSMENT

Example 1: Hector

Hector completed the health assessment using his numeric biometric values for height, weight, waist circumference, blood pressure and total HDL cholesterol.

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MY HEALTH ASSESSMENT

Progress toward completion: 10%

What is your blood pressure now?

systolic (high number) 

I'm not sure

diastolic (low number) 

I'm not sure

What is your total cholesterol level? (based on a blood test)

mg/dl 

I'm not sure

What is your HDL cholesterol level? (based on a blood test) If you are unsure of the numeric value, please select a response from the drop-down list below.

mg/dl 



Example 2: Patricia

Patricia completed the health assessment using her numeric biometric values for height, weight, waist circumference and blood pressure, but was not sure about her cholesterol. She entered "I'm not sure" for total cholesterol and "good/normal" for HDL cholesterol.

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MY HEALTH ASSESSMENT

Progress toward completion: 10%

What is your blood pressure now?

systolic (high number) 

I'm not sure

diastolic (low number) 

I'm not sure

What is your total cholesterol level? (based on a blood test)

mg/dl 

I'm not sure

What is your HDL cholesterol level? (based on a blood test) If you are unsure of the numeric value, please select a response from the drop-down list below.

mg/dl 





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